

Physical Education Sample Question Paper 2023-2024 Subject Code: - 048



region defended

GENERAL INSTRUCTIONS:

- 1. The question paper consists of 5 sections and 37 Questions.
- Section A consists of question 1-18 carrying 1 mark each and is multiple choice questions. All questions are compulsory.
- Sections B consist of questions 19-24 carrying 2 marks each and are very short answer types and should not exceed 60-90 words. Attempt any 5.
- Sections C consist of Question 25-30 carrying 3 marks each and are short answer types and should not exceed 100-150 words. Attempt any 5.
- Sections D consist of Question 31-33 carrying 4 marks each and are case studies. There is internal choice available.
- Section E consists of Question 34-37 carrying 5 marks each and are short answer types and should not exceed 200-300 words. Attempt any 3.

(SECTION - A)

Q1. Identify the Asana:



- a) Pawanmuktasana
- b) Sukhasana
- c) Chakrasan
- d) Gomukhasana

Physical Education Paper Topics

Thomas Griffiths

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