

N562 FINAL COMPREHENSIVE PHYSICAL EXAM GUIDELINES

The purpose of these guidelines is to outline the expectation of the 30-minute* comprehensive physical exam. Proficient performance of this exam is required to pass the course. The order can be changed depending on the student's preference.

1. ANTICIPATED BEHAVIORS:

The student begins the physical assessment with a general survey of the condition of the patient and explains to the patient the scope of the physical examination to be conducted.

PRIOR TO STARTING THE PHYSICAL EXAMINATION:

- ✓ Organize all needed equipment at exam site
- ✓ Hand hygiene*- hand sanitizer ok (*mandatory- must be done or hand stop will be initiated)
- ✓ Wear name tag
- ✓ Review vital signs, height and weight (provided to student) in advance of the exam

INTRODUCTION (3 points):

- ✓ Greet and discuss vital signs results with patient (1 point)
- ✓ Explain to the patient the type of examination to be performed (1 point)
- ✓ Explain the procedures to the patient throughout the examination (1 point)

2. PHYSICAL EXAMINATION: (Patient sitting)

GENERAL OBSERVATION and PSYCHOLOGIC (2 points):

- ✓ Observe patient's general state of health and mental status, noting the presence or absence of signs of physical or emotional distress (1 point)
- ✓ Take note of patient's affect (1 point)
- ✓ Observe and describe features of visible skin (color, moisture, lesions) upon immediate inspection. Then, continue to evaluate skin throughout the exam, noting color, temperature, turgor, moisture, lesions, hair distribution, & scars, describing any abnormalities. (1 point)

HEENT/CRANIAL NERVES:

HEAD (1 point):

- ✓ Inspect the head, hair, and scalp (0.5 point)
- ✓ Inspect overall skin and face & notes facial symmetry (0.5 point)

EYES (11.5 points):

- ✓ Ask patient if she/he wears contact lenses or glasses (this has implications when testing visual acuity)
- ✓ Test visual acuity using Snellen or pocket eye chart (CN II Optic nerve) (2 points)

Physical Exam Guidelines

Mark Steyvers

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

Physical Exam Guidelines:

Embracing the Song of Expression: An Mental Symphony within **Physical Exam Guidelines**

In a global consumed by screens and the ceaseless chatter of fast conversation, the melodic beauty and mental symphony created by the written word usually diminish in to the background, eclipsed by the relentless noise and disruptions that permeate our lives. However, located within the pages of **Physical Exam Guidelines** a charming fictional prize full of organic emotions, lies an immersive symphony waiting to be embraced. Crafted by an elegant composer of language, this interesting masterpiece conducts readers on an emotional journey, well unraveling the concealed melodies and profound impact resonating within each cautiously constructed phrase. Within the depths of this touching assessment, we will examine the book is main harmonies, analyze their enthralling writing style, and submit ourselves to the profound resonance that echoes in the depths of readers souls.

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