

## Group Therapy Progress Note

Client: \_\_\_\_\_ Date: \_\_\_\_\_  
Group name: \_\_\_\_\_ Minutes: \_\_\_\_\_  
Group session # \_\_\_\_\_ Meeting attended is # \_\_\_\_\_ for this client.  
Number present in group \_\_\_\_\_ of \_\_\_\_\_ scheduled Start time: \_\_\_\_\_ End time: \_\_\_\_\_

### Assessment of client

1. Participation level: ☐ Active/eager ☐ Variable ☐ Only responsive ☐ Minimal ☐ Withdrawn
2. Participation quality: ☐ Expected ☐ Supportive ☐ Sharing ☐ Attentive ☐ Intrusive  
☐ Monopolizing ☐ Resistant ☐ Other: \_\_\_\_\_
3. Mood: ☐ Normal ☐ Anxious ☐ Depressed ☐ Angry ☐ Euphoric ☐ Other: \_\_\_\_\_
4. Affect: ☐ Normal ☐ Intense ☐ Blunted ☐ Inappropriate ☐ Labile ☐ Other: \_\_\_\_\_
5. Mental status: ☐ Normal ☐ Lack awareness ☐ Memory problems ☐ Disoriented ☐ Confused  
☐ Disorganized ☐ Vigilant ☐ Delusions ☐ Hallucinations ☐ Other: \_\_\_\_\_
6. Suicide/violence risk: ☐ Almost none ☐ Ideation ☐ Threat ☐ Rehearsal ☐ Gesture ☐ Attempt
7. Change in stressors: ☐ Less severe/fewer ☐ Different stressors ☐ More/more severe ☐ Chronic
8. Change in coping ability/skills: ☐ No change ☐ Improved ☐ Less able ☐ Much less able
9. Change in symptoms: ☐ Same ☐ Less severe ☐ Resolved ☐ More severe ☐ Much worse
10. Other observations/evaluations: \_\_\_\_\_

### In-session procedures:

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

### Homework:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Other Comments:

\_\_\_\_\_

# Sample Group Therapy Progress Note

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Heckel, George R. Holmes**



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web the amino acid solutions were at approximately pH 6 prior to the addition of formaldehyde the end point of the titration was at about pH 9 no correction was made for the volume of standard base required to bring the aqueous formaldehyde solution to the end point pH of the amino acid titration and the concentration of the formaldehyde

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web objectives after completing this section you should be able to draw the predominant form of a given amino acid in a solution of known ph given the isoelectric point of the amino acid describe briefly how a mixture of amino acids may

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