

Reflection and Action Plan in Nursing Practice

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Reflection is an essential part of the practitioner's activity as it aims at stimulating the professional to improve the skills and learn how to deal with difficult situations (Eaton 2016). When reflection is applied, the practitioner becomes more experienced and confident of his/her abilities (Jasper 2006, Blair & Deacon 2015, Howatson-Jones 2016). A reflective person is open to communication in the way of gaining the best outcomes for the patients. Critical thinking is considered an inseparable part of reflective practice (Lillyman & Merrix 2012, Thompson & Pascal 2012). Inability to accept criticism may be an obstruction to reflective practice as it often presupposes admitting one's fault and being ready to improve one's methods. On the other hand, being too much critical is also bad as it undermines the practitioner's confidence in his/her knowledge and skills (Ely & Scott 2007).

The reflective cycle proposed by Gibbs is considered one of the most efficient models (Ely & Scott 2007, Scaife 2010, Bulman. & Schutz 2013). It includes the following stages: description, thoughts and feelings, evaluation, analysis, conclusion, and action plan (Ely & Scott 2007, p. 187). I shall apply this model when describing my reflection on the mentioned practice issue. The type of knowledge informing the practice is personal experience (Freeman& Sturdy 2015).

Reflection on an Identified Practice Issue

Description

I noticed that two of my colleagues often neglected the rules of hand hygiene. They did not always wash their hands or change gloves when switching from one type of work to another. Sometimes they disrespected the hygiene requirements because of the lack of time (for instance, when there was a patient delivered by an ambulance, and there was no time to spare because the person's life was in danger and every minute was crucial).

Sample Np Reflective Notes

Clemens Wendtner



Sample Np Reflective Notes:

NASA Technical Note, 1972 **Progress in Pattern Recognition, Image Analysis, Computer Vision, and Applications** Eduardo Bayro-Corrochano, Jan-Olof Eklundh, 2009-11-16 The 14th Iberoamerican Congress on Pattern Recognition CIARP 2009 C gresoIberoAmericano de Reconocimiento de Patrones formed the latest of a now long series of successful meetings arranged by the rapidly growing Iberoamerican pattern recognition community The conference was held in Guadalajara Jalisco Mexico and organized by the Mexican Association for Computer Vision Neural Computing and Robotics MACVNR It was sponsored by MACVNR and several other Iberoamerican PR societies CIARP 2009 was like the previous conferences in the series supported by the International Association for Pattern Recognition IAPR CIARP 2009 attracted participants from all over the world presenting state of the art research on mathematical methods and computing techniques for pattern recognition computer vision image and signal analysis robot vision and speech recognition as well as on a wide range of their applications This time the conference attracted participants from 23 countries 9 in Iberoamerica and 14 from other parts of the world The total number of submitted papers was 187 and after a serious review process 108 papers were accepted all of them with a scientific quality above overall mean rating Sixty four were selected as oral presentations and 44 as posters Since 2008 the conference is almost single track and therefore there was no real grading in quality between oral and poster papers As an acknowledgment that CIARP has established itself as a high quality conference its proceedings appear in the Lecture Notes in Computer Science series Moreover its visibility is further enhanced by a selection of a set of papers that will be published in a special issue of the journal Pattern Recognition Letters Journal of Research of the National Bureau of Standards United States. National Bureau of Standards, 1964 *Hydrothermal Processes Above the Yellowstone Magma Chamber* Lisa A. Morgan, Wayne C. Shanks, Kenneth Lee Pierce, 2009-01-01 Home to more than 10 000 thermal features Yellowstone has experienced over 20 large hydrothermal explosions producing craters from 100 to over 2500 meters in diameter during the past 16 000 years Using new mapping sampling and analysis techniques this volume documents a broad spectrum of ages and geologic settings for these events and considers additional processes and alternative triggering mechanisms that have not been explored in previous studies Although large hydrothermal explosions are rare on the human time scale the potential for future explosions in Yellowstone is not insignificant and events large enough to create a 100 m wide crater might be expected every 200 years This work presents information useful for determining the timing distribution and possible causes of these events in Yellowstone which will aid in the planning of monitoring strategies and the anticipation of hydrothermal explosions Publisher's description **Professional Nursing - E-Book** Beth Black, 2022-10-28 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Fundamentals Discover what it means to be a professional nurse the history values and standards and commitment to lifelong learning Professional Nursing Concepts Challenges 10th Edition equips you with current professional nursing practices to positively

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