
Motivational Speech

by Jasmien Wijngaarde

MPA6 Alumna

Good evening, Members of the Institute, MPA 9 students, Ladies and gentlemen,

I am very pleased to be speaking to you today on behalf of the MPA Alumni. I hope that you feel as excited as I am to be part of this great moment. I'd like to draw your attention for a few minutes to share with you how important this day is to all of us.

I was asked by FHR to do a motivational speech and asked myself why, because I didn't graduate with a distinction, I had an overall score of 7.6; and saw my name only once on the grades cup (that's a cup where you get your name printed on, every time you score the highest grade for an exam). It is something to look forward to. To be honest, I only scored a high grade that time because the class really liked the professor. I could be restless in class, asked all kinds of questions and I liked to have fun.

Then I thought about the fact that I never had to do a resit for an exam, I was always driven and tried to study very hard (despite the fact that I didn't always keep to the "4 hours study a day" rule of Mr. LiMaPo). In my mind I went back to my graduation day, March 29th 2014, an exciting day that finally came. That day I fell, and hit my head badly around 3 o'clock in the afternoon. I was rushed to the emergency room with deep cuts and bruises on my forehead. We had to be at the institute at 5 O'clock for our graduation pictures (I'm not in any of them...)

I called Charissa, our program manager, and told her that I would still attend the ceremony in time to do the graduation speech. Yeah, I was the one who was scheduled to do the graduation speech and it **had to** be me in the emergency room. I left the emergency room at 6, hurried over to my house, applied make-up on only half of my face and rushed to FHR with 4 bandages on my head to do my speech.

If that's not motivation, I don't know what is.

I was determined to do the speech on behalf of my fellow students. While lying in the emergency room I thought about all I had worked for, all my efforts, the

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Lei Huang



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A Speaker's Guidebook with The Essential Guide to Rhetoric Dan O'Hair, Rob Stewart, Hannah Rubenstein, 2011-10-26 A Speaker's Guidebook is the best resource in the classroom on the job and in the community Praised for connecting with students who use and keep it year after year this tabbed comb bound text covers all the topics typically taught in the introductory course and is the easiest to use public speaking text available In every edition hundreds of instructors have helped us focus on the fundamental challenges of the public speaking classroom Improving on this tradition the fifth edition does even more to address these challenges with stronger coverage of overcoming speech anxiety organizing and outlining and more And as the realities of public speaking change so does A Speaker's Guidebook the new edition also focuses on presentational speaking in a digital world from finding credible sources online to delivering presentations in a variety of mediated formats From product description

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The Public Speaking Playbook Teri Kwal Gamble, Michael W. Gamble, 2022-12-08 The Public Speaking Playbook coaches students to prepare practice and present speeches whether in the classroom public sphere or in a virtual setting Authors Teri Kwal Gamble and Michael W Gamble employ an interactive approach to building skills through various exercises that allow students to practice and improve their public speaking Features such as objectives coaching tips and new self assessments in each section further aids student success and reinforces key competencies The Fourth Edition makes this text more relevant timely and engaging with increased coverage of recent events and a focus on improving virtual presentation skills This title is accompanied by a complete teaching and learning package Learning Platform Courseware SAGE Vantage is an intuitive learning platform that integrates quality SAGE textbook content with assignable multimedia activities and auto graded assessments to drive student engagement and ensure accountability Unparalleled in its ease of use and built for dynamic teaching and learning Vantage offers customizable LMS integration and best in class support It's a learning platform you and your students will actually love Select the Vantage tab on this page to learn more Assignable Video with Assessment Assignable video available in SAGE Vantage is tied to learning objectives and curated exclusively for this text to bring concepts to life Watch a sample video now LMS Cartridge Import this

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Supplementary Readings and Worksheets Hamilton Gregory,1998-06-19 These Supplementary Readings and Worksheets are designed to give instructors and students additional materials for speech preparation

Make a Great Speech: Teach Yourself Jackie Arnold,2010-10-29 Written by a professional toastmaster keynote speaker and voice coach this book gives you all you need to make an effective speech on any occasion From weddings and christenings to fundraising events and after dinner speeches it offers suitable material for any occasion with practical techniques and strategies for everything from using props to conquering stage fright and banishing your butterflies forever Teach Yourself the world s leading learning brand is relaunched in 2010 as a multi platform experience that will keep you motivated to achieve your goals Let our expert author guide you through this brand new edition with personal insights tips energising self tests and summaries throughout the book Go online at www.teachyourself.com for tests extension articles and a vibrant community of like minded learners And if you don t have much time don t worry every book gives you 15 and 10 minute bites of learning to get you started Gives you a comprehensive source of advice material and techniques for wedding speeches Offers hints on how to speak effectively and conquer your butterflies Features practical guides to making the most of props and technology

Meeting Special Needs: A practical guide to support children with Speech, Language and Communication Needs (SLCN) Mary Mountstephen,2012-12-05 A growing number of children appear to be experiencing delays or difficulties in their speech language and communication skills In this book the author outlines how to identify these children and how to support them effectively This practical guide to the field of speech language and communication needs SLCN is a timely and practical guide for early years professionals as well as the non specialist practitioner and parents or carers

Stroke Recovery and Rehabilitation, 2nd Edition Richard D. Zorowitz,2014-09-18 The definitive core text in its field Stroke Recovery and Rehabilitation is a comprehensive reference covering all aspects of stroke rehabilitation from neurophysiology of stroke through the latest treatments and interventions for functional recovery and restoration of mobility This second edition is completely updated to reflect recent advances in scientific understanding of neural recovery and growing evidence for new clinical therapies The second edition which includes free e book access with every print purchase continues to provide in depth information on the assessment and management of all acute and long term stroke related impairments and complications including cognitive dysfunctions musculoskeletal pain and psychological issues It examines risk factors epidemiology prevention and neurophysiology as well as complementary and alternative therapies functional assessments care systems ethical issues and community and psychosocial reintegration With contributions from over 100 acknowledged leaders from every branch of the stroke recovery field this edition features expanded coverage of key issues such as the role of robotics and virtual reality in rehabilitation New chapters have been

incorporated to cover fields of recent exploration including transcranial magnetic stimulation biomarkers and genetics of recovery as well as essentials like the use of medication and the survivor's perspective. The up to date presentation of scientific underpinnings and multi specialty clinical perspectives from physical medicine and rehabilitation neurology physical therapy occupational therapy speech and language pathology and nursing ensures that *Stroke Recovery and Rehabilitation* will continue to serve as an invaluable reference for every health care professional working to restore function and help stroke survivors achieve their maximum potential. *New to Stroke Recovery and Rehabilitation Second Edition*. All chapters are thoroughly revised and updated to reflect advances in scientific understanding of neural recovery and clinical progress. Five completely new chapters and expanded coverage of key issues that drive the field forward. New contributions from leading stroke specialists from all involved disciplines. Includes access to the fully searchable downloadable ebook.

Guide to Good Speech James Howard McBurney, Ernest J. Wraga, 1965 **Rhetrics for Business Four Approaches**
Ma. Doris Habito Collantes, Mariju Festin Galicha, 2001 How to Write a Perfect Wedding Speech: The Ultimate Wedding Toast Guide Madison Jeffrey, 2013 In a wedding having wedding speeches is normal and traditional part of the ceremony. Most close people do this task to congratulate and wish the couple of the new stage they have made in life. Creating a speech can be a hard task when you have never tried giving one. It can also be very difficult when you are not used to writing one. Fortunately this guide is made to solve the problem. This will be your ultimate guide towards writing and giving speeches that will be remembered by everybody. Let your speech be an inspiration of the newlywed couple. **Stand, Speak, Deliver!**
Vaughan Evans, 2016-01-14 Public speaking and presenting rank in the top ten of people's greatest fears. Yet being able to speak coherently and persuasively in a speech seminar or meeting room is important when progressing our careers and living our lives to the fullest. In this book 37 pithy lively and witty mini speeches tell us how to construct and deliver a speech or presentation. Each example speech follows a simple perfect structure which will soon become imprinted in your mind. Each focuses on one facet of speaking and gives you the very essentials picked up by the author over 25 years of experience. And each speech will entertain as much as inform you. Stand Speak Deliver will enable you to learn how to use your eyes vary your voice and move your body. It will also look at how to inform entertain humour persuade motivate or inspire the audience how to present to colleagues or clients how to introduce a speaker and how to wow as best man. And you will discover the ultimate secret. Read the book enjoy it and you will survive as a speaker. Follow it and you will thrive. *Resources in Education*, 1997 **Contemporary Public Speaking** Courtland L. Bovée, 2003 Contemporary Public Speaking includes all the traditional fundamentals as well as the hottest issues in public speaking today. Featuring a conversational style and an extensive photo and illustration program this comprehensive coverage provides students with the tools they need to analyze and apply public speaking principles. Examples exercises and boxed features offer insights into major themes such as speaking across cultures developing creativity improving critical thinking overcoming speech anxiety focusing on ethics and

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Conference Interpreting - A Trainer's Guide Robin Setton, Andrew Dawrant, 2016-06-29 This companion volume to Conference Interpreting A Complete Course provides additional recommendations and theoretical and practical discussion for instructors course designers and administrators Chapters mirroring the Complete Course offer supplementary exercises tips on materials selection classroom practice feedback and class morale realistic case studies from professional practice and a detailed rationale for each stage supported by critical reviews of the literature Dedicated chapters address the role of theory and research in interpreter training with outline syllabi for further qualification in interpreting studies at MA or PhD level the current state of testing and professional certification with proposals for an overhaul the institutional and administrative challenges of running a high quality training course and designs and opportunities for further and teacher training closing with a brief speculative look at future prospects for the profession Adult Bible Studies Summer 2024 Teacher/Commentary Kit Gregory M. Weeks, 2024-04-09 Grow your faith Transform your life Cultivate a deeper relationship with God through Adult Bible Studies This resource endorsed by the Curriculum Resources Committee of The United Methodist Church offers a year round weekly Bible study plan for Sunday school classes and other small groups Each weekly lesson offers background and focal Scriptures key verses and doctrinally sound and relevant biblical interpretation and application in a readable font size Annual plans provide comprehensive coverage of the Bible special lessons during the church seasons of Advent Christmas and Lent Easter and suggestions for developing spiritual practices such as prayer worship community and service among many others Adult Bible Studies is a reliable companion and guide for learning and growing in Christian faith The Kit includes a teacher s book and a Concise Commentary that are supplementary and complementary to the Adult Bible Studies student book The teacher s book provides biblical background exposition and suggestions for leading weekly group discussions and nurturing spiritual practices among class members Small group leaders teachers and facilitators both seasoned and just starting out love the easy to use format and the wealth of information provided to prepare for each week s discussion Based on the trusted Abingdon Basic Bible Commentary the Concise Commentary provides expert biblical Commentary for the focal Bible passages used in Adult Bible Studies The Commentary includes each Sunday s focal Bible passages unit introductions and expert Commentary on each passage Plus you can pronounce everything correctly with the included pronunciation guide for Bible names and places Don t miss out on the opportunity to enhance your preparation and teaching with the help of the Adult Bible Studies Teacher Book and Concise

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Personality, Appearance and Speech T. H. Pear, 2023-11-06 First published in 1957 Personality Appearance and Speech is an intensive analysis of personality reflected by appearance and speech It is a most fascinating study of the innumerable outward signs by which the man in the street judges personality The author considers the effects this has on daily life for example can a person s real character be assessed by a short interview in which personality counting for so much can be altered deliberately to no little extent He describes many investigations which have attempted to discover experimentally the nature and accuracy of personality and character assessments and includes personality sketches of F D Roosevelt W E Gladstone and of other prominent figures He discusses the social results of the microphone and the effect on good and bad taste of opinions widely expressed by listeners and viewers The nature and function of the intellectuals who have increasing opportunities of affecting appearance and speech are examined from the psychologist s standpoint This book will be of interest to students of psychology sociology and social behaviour

Clinical Care and Rehabilitation in Head and Neck Cancer Philip C. Doyle, 2019-03-21 Malignancies involving structures of the head and neck frequently impact the most fundamental aspects of human existence namely those functions related to voice and speech production eating and swallowing Abnormalities in voice production and in some instances its complete loss are common following treatment for laryngeal voice box cancer Similarly speech eating and swallowing may be dramatically disrupted in those where oral structures e g the tongue jaw hard palate pharynx etc are surgically ablated to eliminate the cancer Consequently the range and degree of deficits that may be experienced secondary to the treatment of head and neck cancer HNCa are often substantial This need is further reinforced by the Centers for Disease Control and Prevention who have estimated that the number of individuals who will be newly diagnosed with HNCa will now double every 10 years This estimate becomes even more critical given that an increasing number of those who are newly diagnosed will be younger and will experience the possibility of long term survival post treatment Contemporary rehabilitation efforts for those treated for HNCa increasingly demand that clinicians actively consider and address multiple issues Beyond the obvious concerns specific to any type of cancer i e the desire for curative treatment clinical efforts that address physical psychological communicative and social consequences secondary to HNCa treatment are essential components of all effective rehabilitation programs Comprehensive HNCa rehabilitation ultimately seeks to restore multiple areas of functioning in the context of the disabling effects of treatment In this regard rehabilitation often focuses on restoration of function while reducing the impact of residual

treatment related deficits on the individual's overall functioning well being quality of life QOL and ultimately optimize survivorship. Regardless of the treatment method pursued for HNCa e.g. surgery radiotherapy chemoradiation or combined methods additional problems beyond those associated with voice speech eating and swallowing frequently exist. For example post treatment changes in areas such as breathing maintaining nutrition limitations in physical capacity because surgical reconstruction such as deficits in shoulder functioning concerns specific to cosmetic alterations and associated disfigurement and deficits in body image are common. Those treated for HNCa also may experience significant pain depression stigma and subsequent social isolation. Concerns of this type have led clinicians and researchers to describe HNCa as the most emotionally traumatic form of cancer. It is therefore essential that clinicians charged with the care and rehabilitation of those treated for HNCa actively seek to identify acknowledge and systematically address a range of physical psychological social and communication problems. Efforts that systematically consider this range of post treatment sequelae are seen as critical to any effort directed toward enhanced rehabilitation outcomes. Actively and purposefully addressing post treatment challenges may increase the likelihood of both short and long term rehabilitation success in this challenging clinical population. Current information suggests that successful clinical outcomes for those with HNCa are more likely to be realized when highly structured yet flexible interdisciplinary programs of care are pursued. Yet contemporary educational resources that focus not only on management of voice speech eating and swallowing disorders but also address issues such as shoulder dysfunction due to neck dissection the significant potential for cosmetic alterations can offer a much broader perspective on rehabilitation. Contemporary surgical treatment frequently involves reconstruction with extensive procedures that require donor sites that include both soft tissue from a variety of locations e.g. forearm thigh etc as well as bone e.g. the scapula. Collectively resources that address these issues and many other concerns and the resultant social implications of HNCa and its treatment can serve to establish a comprehensive framework for clinical care. Consequently providing a highly specialized and comprehensive educational resource specific to HNCa rehabilitation is currently needed. The proposed edited book is designed to address this void in a single authoritative resource that is also accessible to the clinical readership. Integral to this proposed book is information that guides clinical approaches to HNCa rehabilitation in addition to offering emphasis on the direct impact of changes in voice speech and swallowing and the impact of such losses on outcomes. Finally while several other published sources currently exist see attached list the emphasis of these books is directed either toward the identification and diagnosis of malignant disease clinical and surgical pathology associated efforts directed toward biomedical aspects of cancer and its treatment or those with a focus on a single clinical problem or approach to rehabilitation. Therefore the content of the proposed multi chapter text centers on delivering a systematically structured comprehensive and clinically oriented presentation on a range of topics that will provide readers at a variety of levels with a strong well integrated and empirically driven foundation to optimize the clinical care of those with HNCa. The primary audience for this textbook is

undergraduate and graduate level students in Speech Language Pathology as well as practitioners especially hospital based practitioners in Speech Language Pathology other key audiences include junior and senior level otolaryngology residents and fellows translational researchers in head and neck cancer related medical specialists e g radiation oncology oncology nurses and potentially other rehabilitation professionals such as occupational therapists counseling psychologists social workers and rehabilitation counselors **Social Class, Language and Communication** W. Brandis,D. Henderson,2025-05-09

Originally published in 1970 Social Class Language and Communication explores the different effects of parental social class the ability and sex of the child and a measure of the mother s reported communication to her child upon aspects of five year old children s speech The study shows the relationship between a measure of linguistic flexibility in children and their family s social class position and includes the construction and application of an index of maternal communication and control

Today it can be read in its historical context

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