

Addiction

EXEMPLARS:

- Alcoholism, Substance Abuse (lifespan), Pre-natal substance exposure

Need to Know:		
Alcoholism Withdrawal symptoms begin 6-9 hours after last drink (s/s: LOC changes, tachycardia, HTN, ataxia, irritability, tremors – late signs: bradycardia & hypotension) CIWA* ALWAYS ask when was your last drink and how much did you drink	■ Wernicke's Encephalopathy ○ Thiamine deficiency due to Vitamin B absorption ■ Korsakoff's Psychosis ○ Syndrome of confusion, recent memory loss and confabulation (memory error with unconscious interpretation of imagination with real memories) ■ Peak withdrawal peaks 24-48 hours; seizures, convulsions; hallucinations	Interventions: ■ Maintain airway and circulation ■ Gastric lavage ■ Administer B vitamins (thiamine, folic acid) ■ Place on seizure precautions ■ Decrease stimuli ○ Pad railings ○ Lorazepam and code cart nearby ■ IV fluids rehydration ■ Possible suicide precautions
Substance Abuse COWs assess for opioids*	■ Overdose: respiratory failure ■ Withdrawal symptoms: flu-like symptoms, symptoms at their worst within 72H	■ Naltrexone: lower craving; used for opioids & alcohol ■ Suboxone: combination drug to prevent withdrawal symptoms; pt may use more than prescribed since it contains Narcan and end up in WD
Pre-natal substance exposure Neuro & birth defects	■ The Finnegan scale assesses 21 of the most common signs of neonatal drug withdrawal	■ Fetal alcohol syndrome, problems with learning, memory, attn span, communication (visual and hearing)

Barbiturates and Benzos differences:

Sample Interpretive Summary Addiction

Arnold I. Goldberg



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