# Herbal Medicina Remedies

Some herbs/plants are endangered, not harvested ethically, or are highly adulterated - do your research on companies before buying herbs

Althablas Medicago nativa (Fabracous)

(Bucome) - social ports, spourting seeds afficiation (aspragine, stachydrine, trigonelline). countering, ineffaciones (coursestrol, formemetics). matricuts (vitamin A. C. K.; culcium, potassium, inos, magnesium), pogrhyrins, proteins, seponia alterative, autonomorigenie, cholagogue, cholagogue, cholagogue, hopotie, hypotipidemie, matritive, phytocotrogenie, utorine tostic

stimulate appetite, systom strength, enhance nutrition and digestion; ancers, arthretis, menstraid and menopassal conditions; tong mammary, evorism, and stering tissues

CANTRON

autoimmune disorders, factation, pregnancy may interest with antidiabetics, anticognitants, estrogens, immunosuppressants, photographic ing and thyroid medications, prednisone Computions with Supuro

higher than recommended dones/prolonged use may cause abdominal pain, allergic reactions, diarehea, hypoglycomic effects, thyroid etimulation; specule may exacerbate auto comment dissertations.

Afons . How were (Angloodelsecoe) - heaven

anthraquinency taloin, alog-emodia), flavonoids, manusoc-t-phosphate, mucilage, polyvacehandes, resins, tennins

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imitable bowel syndrome, poptic whome: improve protein digestion; as a limitive; entermally; heal burns, senapes, scalds, sunburn

CAMPIGNA

letes: bleeding between periods, factation, programmy, producing memory, abdominal main. soute intestinal inflammation, deleveration. intestinal obstruction, kidney disease, spantie constitution, children 412; do not use extenmally on sangical mountds.

could interfere with food and medication absorption; cardine glycosides, hypoglycemic and antiambythmic medications

higher than recommended dover/prolonged use may have hypoglycemic effect; lates conmamption may fond to potassium boss in overtang; also most take four in 100 days; studing if grown a their fathers floor represented allows class reasons and all commences around among that Alaska

Ampelicae Angelies are hangelies (Apisococh profit personal - leaves, reset.

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externally: besises, muscle pain, spenies CONTRACTOR OF THE PARTY.

Autoroccoe allergy, lactation, programcy purposes brokensons

do not take internally or apply to broken skin; may cause dominates; do not use for prolonged

Anthony providing Without assumption (Solamacae) [Wohania, winter-cherry] -berries, leaves, root

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adaptopen, anaphredisine, anti-inflammatory, aminoradant, antidopumatic, antiliamoragenic, immunosomodulator, sedative

calm and strengthen the nerves, clear the mind, promote sleep, restore vitality; anomia. bone degeneration, joint pain, long-term stress, meanaly in electronisms

CAMPAGE TO SERVICE

Instation, pregnancy; use caution in acute marketing and survey

may affect CNS depressants; may interact with anxiety, insomnia, antispirum medication may easing GE discomfort

Artrapalus: Armonalus membranaceus (Fabourar) [millowich, Huang Qii] - neet amino acids, isothroposids (formesonetis). phytinterels, polysacebarides, triterpene

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may reduce absorption, toxicity, and side effects of medication; may interest with anticoagulants, placene-lowering medication. minimum receptions so and a

higher than recommended deser/prolonged use may decrease blood glucose, blood pressure, bout rate; may increase growth hommone, distrovis; may come GI upset

Bee Balm; Monumbs (Satulous (Laminocous)) [bergamot, horsemant, Ovrego tea] ageind posts

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programme of

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anti-inflammatory, antioxidant, antiseptic, astringent, circulatory tonic, disactic, hypoglywomie, vanognotockyce

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Bitter Ovarige: Citrus is association (Notaceae) [bigarade, elementine, tangelo] - excential mil, flowers, fruit, braves, peel, seeds

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untbocterial, antifungal, anti-inflammatory, antisposmodic, bitter tonic, communities, sedanting, stimulant.

digestion, fever, beadselve, immune system, insomnia, palpitations, weight management

Inclution, pregnancy, and caution in history of serbythesis, CAD, HTN, migraine, narrowangle glascoma, photosemotivity, science, stomach and intestinal alcers, various disease: do not give large amounts to children.

man increase or inhibit effects of medication (including adverse effects)

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Secretarities and

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may interact with involve high inding content may affect thysoid; do not many 2-1 mesonaths

Boneset: Exputarium profedutum (Asterocous) [thoroughnus, thoroughwort]

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antimiprobial, antishquenatic, bitter, diophosytiq, innersementional and, basetive colds, fever, phlegm, theumatic illness, skin

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Asturnouse affergy, lactation, pregnancy Makester Representation toxic if taken in executive deser-

Herb name: Latte name (Family): ther runners) - plant ports used

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**Peipei Pang** 

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