

Application	Specification	
	Metric	English
A/C Compressor to Block Bolt	20 N-m	15 lb ft
Balance Shaft Bearing Carrier to Block Bolt	10 N-m	89 lb in
Balance Shaft Chain Guide Bolt	10 N-m	89 lb in
Balance Shaft Chain Guide – Adjustable – Bolt	10 N-m	89 lb in
Balance Shaft Sprocket Bolt	50 N-m	37 lb ft
Block Heater Bolt	10 N-m	89 lb in
Cam Cover to Cylinder Head Bolt	10 N-m	89 lb in
Cam Cover to Ground Cable Bolt	10 N-m	89 lb in
Cam Cover to Ground Cable Stud	10 N-m	89 lb in
Camshaft Bearing Cap Bolt	10 N-m	89 lb in
Camshaft Sprocket Bolt		
First Pass	65 N-m	63 lb ft
Final Pass	30 degrees	
Camshaft Timing Chain Tensioner	75 N-m	55 lb ft
Chain Guide Access Hole Plug	90 N-m	66 lb ft
Connecting Rod Bolt		
First Pass	25 N-m	18 lb ft
Final Pass	100 degrees	
Coolant Air Bleed Hose Fitting	15 N-m	11 lb ft
Crankshaft Bearing – Lower Crankcase to Block		
First Pass	20 N-m	15 lb ft
Final Pass	70 degrees	
Crankshaft Position Sensor Bolt	10 N-m	89 lb in
Crankshaft Pulley Bolt		
First Pass	100 N-m	74 lb ft
Final Pass	125 degrees	
Cylinder Head Bolt		
First Pass	30 N-m	22 lb ft
Final Pass	155 degrees	
Cylinder Head Front Chaincase Bolt	35 N-m	26 lb ft
Cylinder Head Oil Gallery Plug	35 N-m	26 lb ft
Dipstick Guide to Intake Manifold Bolt	10 N-m	89 lb in
Drive Belt Tensioner Bolt	45 N-m	33 lb ft
E.G.R. Cover Bolt	25 N-m	18 lb ft
Elek. ICM Cover Bolt	10 N-m	89 lb in
Engine Coolant Temperature Sensor	22 N-m	16 lb ft
Engine Lift Bracket Front Bolt	25 N-m	18 lb ft
Engine Lift Bracket Rear Bolt	25 N-m	18 lb ft
EVAP Emission Canister Valve Nut	22 N-m	16 lb ft
Exhaust Manifold to Cylinder Head Nut	14 N-m	124 lb in
Exhaust Manifold to Cylinder Head Stud	10 N-m	89 lb in
Exhaust Manifold Pipe Flange Stud	16 N-m	12 lb ft

Pontiac Wave Torque Specs

Yicheng Fang

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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