

Group Note Template

Basic Information			
Session Date	Session Start/Stop Time	No. of Clients in Session	Therapist Name
1/12/2022	12:30 - 2:30	3	Dr Lucy Smith
Group Summary			
<p>Group Summary</p> <p>There were 3 clients today within the group therapy session, and are patients of my practice. All are facing similar substance abuse issues with alcohol, and are practicing sobriety.</p>			
<p>Discussion Topic</p> <p>Today's discussion topic is dealing with sobriety, as part of substance abuse therapy. Clients are encouraged to talk about their experiences so far, and how no alcohol is affecting their day to day.</p>			
Intervention			
<p>The session began with introductions, and then with sharing experiences, if comfortable.</p> <p>The clients were then lead through multiple thought exercises considering how life trajectories, relationships, impulses, self-esteem, and work has/has not been affected by their alcohol decisions. This lead to interesting insight, more personal anecdotes and group support, as well as some questions.</p> <p>The final part of the session involved goal-setting, where clients were encouraged to set goals to achieve within the next month. Small steps are recommended, and each client is expected to report back within the next session.</p>			
Plan			
<p>All three clients were happy to meet next time, now having established support. Clients also agreed to make progress on their individual goals set, and will report back in the next session. Each client will also continue to see me privately throughout the month.</p>			
Therapist Signature		Next Session Date	
		15/02/2023	

Sample Group Counseling Notes

M Tight



Sample Group Counseling Notes:

Handbook of Group Counseling and Psychotherapy Janice L. DeLucia-Waack, Cynthia R. Kalodner, Maria Riva, 2013-12-02 The most comprehensive and thoroughly researched text available on this topic Handbook of Group Counseling and Psychotherapy Second Edition underscores the notion that group work is improved through increased collaboration between researchers and practitioners Edited by renowned leaders in the field this thoroughly updated and revised Second Edition explores current literature and research and offers suggestions for practice in psycho educational counseling and therapy groups The Handbook is divided into five main sections current and historical perspectives best practices multicultural and diverse groups groups in special settings and an introduction to special topics [The School Psychologist's Survival Guide](#) Rebecca Branstetter, 2012-05-01 A practical and accessible guide for helping school psychologists meet their everyday challenges In this newest addition to the Jossey Bass Survival Guide series popular blogger Rebecca Branstetter offers help for school psychologists who must often travel to multiple school sites deal with students with severe disabilities meet with concerned parents and manage school crises The book is filled with practical advice proven strategies and useful tools complete with reproducible forms letters and checklists for busy professionals Filled with the tools strategies and ideas for school psychologists who must deal with the myriad challenges of working with a diverse group of students often in multiple locations Another book in the popular Jossey Bass Survival Guide Series Rebecca Branstetter is an experienced school psychologist and popular blogger Notes from the School Psychologist studentsgrow.blogspot.com This vital resource offers a down to earth guide for both novice and seasoned school psychologists **Baby Jails** Philip G. Schrag, 2020-01-21 I worked in a trailer that ICE had set aside for conversations between the women and the attorneys While we talked their children most of whom seemed to be between three and eight years old played with a few toys on the floor It was hard for me to get my head around the idea of a jail full of toddlers but there they were For decades advocates for refugee children and families have fought to end the U S government's practice of jailing children and families for months or even years until overburdened immigration courts could rule on their claims for asylum Baby Jails is the history of that legal and political struggle Philip G Schrag the director of Georgetown University's asylum law clinic takes readers through thirty years of conflict over which refugee advocates resisted the detention of migrant children The saga began during the Reagan administration when 15 year old Jenny Lisette Flores languished in a Los Angeles motel that the government had turned into a makeshift jail by draining the swimming pool barring the windows and surrounding the building with barbed wire What became known as the Flores Settlement Agreement was still at issue years later when the Trump administration resorted to the forced separation of families after the courts would not allow long term jailing of the children Schrag provides recommendations for the reform of a system that has brought anguish and trauma to thousands of parents and children Provocative and timely Baby Jails exposes the ongoing struggle between the U S government and immigrant advocates over

the duration and conditions of confinement of children who seek safety in America *The AMHCA Handbook of Essential Forms and Marketing Strategies* Mark Vellucci, 2000 This manual provides essential information for counselors in private practice who are either just starting out or have established practices It is organized into six sections which contain forms relating to different aspects of practice The material can be used to create new forms or adapted for individual use They can also serve to generate marketing ideas help work with managed care organizations and improve billing Chapter 1 concerns office policy and procedures and contains sample letters to clients on policy discontinuation of therapy and other acknowledgements Chapter 2 deals with billing to insurance companies and individuals Chapter 3 considers client release and consent forms Chapter 4 discusses intake clinical evaluations and progress monitoring Chapter 5 presents marketing ideas Chapter 6 explains how to work with managed care organizations A CD ROM accompanies the manual JDM

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on group therapy available today **Virginia Counselors Journal** ,1993 *School Counseling Practicum and Internship*
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