

Physical Therapy Documentation Cheat Sheet

Documentation Section	Key Components	Details and Notes
Patient Information	Current Status	Pain level: 4/10, improved since last visit, compliant with treatment plan. VRS for pain: Moderate, % usual function: 75%, % improvement: 50%, activity tolerance: Improved
Tests and Measures	Assessment Details	Observation: Limping slightly, ROM: Knee flexion improved to 120 degrees, Flexibility: Hamstring tightness reduced, Resisted Tests: Mild weakness in right quadriceps, Neuro Tests: Sensory and motor functions normal, Special Tests: Negative for meniscus tear, Joint Mobilization: Grade
Intervention	Treatment Provided	Conducted therapeutic exercises focusing on knee strength, patient tolerated well, no adverse reactions
Evaluation	Progress Summary	Bernie is progressing well towards goals. Improvement in knee ROM and strength noted.

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