

Review Sheet: Exercise 13

Gross Anatomy of the Muscular System

Name Travis Santos Lab Time/Date Wed 10:00-11

Classification of Skeletal Muscles

1. Several criteria were given for the naming of muscles.

For each of the criteria below, list at least two muscles that are named for the given criterion.

1. Muscle location: trapezius muscle
2. Muscle shape: deltoid muscle and trapezius muscle
3. Muscle size: gluteus maximus and gluteus minimus
4. Direction of muscle fibers: rectus abdominus
5. Number of origins: biceps brachii
6. Location of attachment: sternocleidomastoid muscle
7. Muscle action: abductor muscle and adductor muscle

2. Match the key terms to the descriptions below.

Key:

- a. prime mover (agonist)
- b. antagonist
- c. synergist
- d. fixator
- e. origin
- f. insertion

Use

- D 1. term for the biceps brachii during forearm flexion
- C 2. term that describes the relation of brachioradialis to biceps brachii during forearm flexion
- b 3. term for the triceps brachii during forearm flexion
- F 4. term for the more movable muscle attachment
- E 5. term for the more fixed muscle attachment
- A 6. term for the rotator cuff muscles and deltoid when the forearm is flexed and the hand grabs a teatowel to lift the table

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Guillaume Favre

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