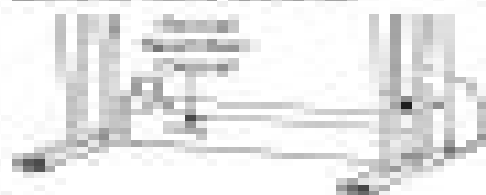


Manufacturer: Pro-Form Inc.

Model No. _____

NOTE: This instruction is for the basic
assembly using the manual.



If you require technical assistance,
please contact:

HELP:

1-800-4-GET-HOME

(408-8042)

Have the product shipped or
return the unit back to you.

Complete the product, call:

1-888-888-8008

(408)

CAUTION

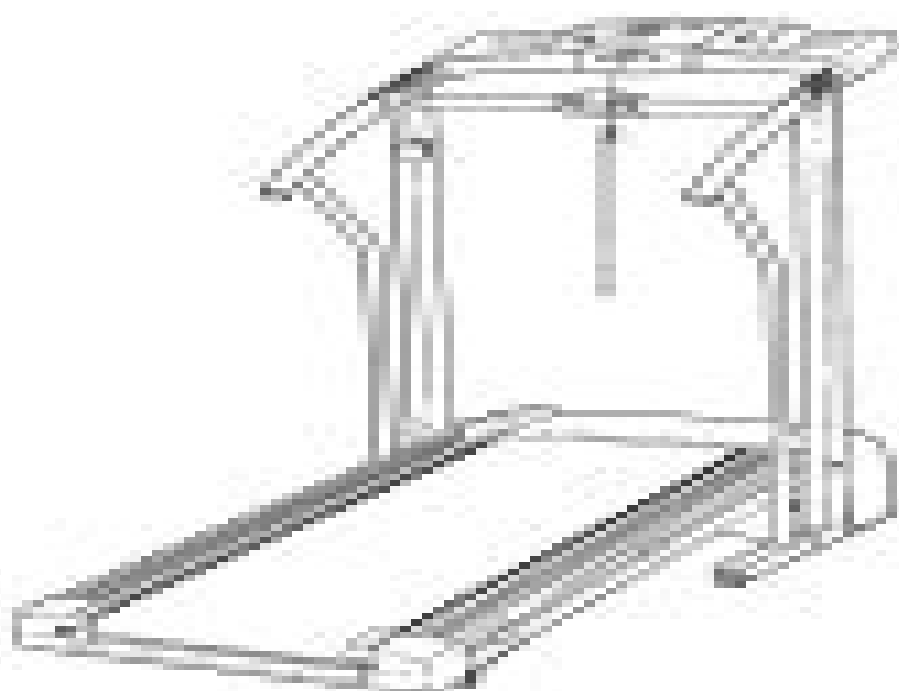
Read all precautions and
instructions in this manual before
using the equipment. Please take
care of the future customer.

PRO-FORM

490GS

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

USER'S MANUAL



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Proform 490gs Treadmill Manual

Clemens Wendtner

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the author's name.

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