

Power Pudding Recipe

This is a fabulous versatile recipe that the whole family will love. You can literally add just about anything to it. Try your favorite fruits, nuts, seeds, or coconut.

SERVES 6-8 | RAW, VEGAN

3/4 cup chia seeds

4 cups almond milk, cashew milk or coconut milk

2 vanilla beans (split down the center and seeds removed) or 2 teaspoons vanilla extract

6-8 tablespoons erythritol (like Swerve) or pure stevia to taste—about 1/2 teaspoon to start and add more if desired. Spoonable stevia—start with 2 teaspoons and add from there. Liquid stevia—start with 1 teaspoon and add from there

DIRECTIONS

Add almond milk, vanilla, and sweetener to a blender and mix well. With the blender on a very low setting, add the chia seeds and mix. If you would like to add other ingredients, do it here. Transfer to a container and stir every 5 minutes for the first 15 minutes then let sit for 30 minutes to 1 hour. Transfer to the refrigerator. When ready to serve, add toppings.

VARIATIONS/TOPPINGS:

Berries

Lemon or lemon extract

Mint

Nutmeg

Nuts

Cocoa

Coconut

Apples

Cinnamon

Kiwi



Recipe For Laxative Logs Power Pudding

IM Harris



Recipe For Laxative Logs Power Pudding:

Recipe For Laxative Logs Power Pudding Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the ability of words has become more evident than ever. They have the capability to inspire, provoke, and ignite change. Such may be the essence of the book **Recipe For Laxative Logs Power Pudding**, a literary masterpiece that delves deep into the significance of words and their effect on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book's key themes, examine its writing style, and analyze its overall affect readers.

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