

# ***Shame and Humiliation***

***A Dialogue Between Psychoanalytic  
and Systemic Approaches***



***Carlos Guillermo Bigliand  
Rodolfo Moguillansky  
Carlos E. Skold***

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# Shame And Humiliation A Dialogue Between Psychoanalytic And Systemic Approaches

**Xiaolong Qi**



## **Shame And Humiliation A Dialogue Between Psychoanalytic And Systemic Approaches:**

**Shame and Humiliation** Carlos Guillermo Bigliani, 2018-04-17 This book is organised in a way of listening to a dialogue between theoretical approaches It represents an effort to build bridges between the different ways both psychoanalytical and systemic of thinking about the shame and humiliation and its context which can cross fertilise each other Shame and Humiliation Carlos Guillermo Bigliani, Rodolfo Mogueillansky, Carlos E. Sluzki, 2013 Shame and Humiliation explores a sub set of universal emotions that are usually labelled as negative because of the sense of unease that they generate when we experience them and the tenacity with which we try to avoid them They can thus becoming powerful instruments in the power games of our species making their mark in both well intentioned education as well as in merciless relations of oppression Universal as they may be though these emotions are experienced and displayed in varied ways according to the mandates of different cultures and the vicissitudes of different socio cultural strata Shame and humiliation are therefore two key emotions that can cause deep suffering as well as contribute to orient our social life Some of the noblest and the most villainous acts are fueled by these emotions from self sacrifice to bloody revenge Shame David Keen, 2025-12-02 The uses of shame and shamelessness in spheres that range from social media and consumerism to polarized politics and mass violence Today we are caught in a shame spiral a vortex of mutual shaming that pervades everything from politics to social media We are shamed for our looks our culture our ethnicity our sexuality our poverty our wrongdoings our politics But what is the point of all this shaming and countershaming Does it work And if so for whom In Shame David Keen explores the function of modern shaming paying particular attention to how shame is instrumentalized and weaponized Keen points out that there is usually someone who offers an escape from shame and that many of those who make this offer have been piling on shame in the first place Self interested manipulations of shame Keen argues are central to understanding phenomena as wide ranging as consumerism violent crime populist politics and even war and genocide Shame is political as well as personal To break out of our current cycle of shame and shaming and to understand the harm that shame can do we must recognize the ways that shame is being made to serve political and economic purposes Keen also traces the rise of leaders on both sides of the Atlantic who possess a dangerous shamelessness and he asks how shame and shamelessness can both be damaging Answering this question means understanding the different types of shame And it means understanding how shame and shamelessness interact not least when shame is instrumentalized by those who are selling shamelessness Keen points to a perverse and inequitable distribution of shame with the victims of poverty and violence frequently being shamed while those who benefit tend to exhibit shamelessness and even pride *Into His Presence* Timothy L. Anderson, 2019-07-30 A theologically grounded treatment of what it means to be close to God Numerous Christian books aim to provide guidance on relationships with God but few base their conclusions on a biblical theology of intimacy In this volume Tim Anderson develops a biblical and holistic portrait of nearness to God exploring key themes like God s Trinitarian union the fall God s

fatherhood marriage imagery suffering and our relationship with the Holy Spirit A concluding chapter examines contemporary Christian songs that address oneness with God and evaluates their theological messages in light of the previous chapters Into His Presence is a helpful guide for pursuing intimacy with God and distinguishing contemporary cultural understandings of close relationships from those communicated in Scripture

**The Psychology of Restorative Justice** Theo Gavrielides, 2016-02-24 This ground breaking collection dares to take the next step in the advancement of an autonomous inter disciplinary restorative justice field of study It brings together criminology social psychology legal theory neuroscience affect script psychology sociology forensic mental health political sciences psychology and positive psychology to articulate for the first time a psychological concept of restorative justice To this end the book studies the power structures of the restorative justice movement the very psychology motivations and emotions of the practitioners who implement it as well as the drivers of its theoreticians and researchers Furthermore it examines the strengths and weakness of our own societies and the communities that are called to participate as parties in restorative justice Their own biases hunger for power and control fears and hopes are investigated The psychology and dynamics between those it aims to reach as well as those who are funding it including policy makers and politicians are looked into All these questions lead to creating an understanding of the psychology of restorative justice The book is essential reading for academics researchers policymakers practitioners and campaigners

**Clinical Dialogues on Psychoanalysis with Families and Couples** David E. Scharff, Dr Monica Vorchheimer, 2018-03-26 This book widens the scope of clinical and theoretical contributions on Couple and Family Psychoanalysis by collecting case presentations and discussions by analysts from Europe North America Latin America China and Australia The rich cross fertilization across countries and analytic orientations stimulates cross cultural thinking and deepens clinical exploration In English language psychoanalysis focus on object relations theory emphasizes internalization of early family figures in construction of the psyche and their projective influence on others through continuing family interaction Theories of the link and of the field explored in South America and Europe shift focus from the internal life of the individual onto the influence of the other and the way superordinate unconscious patterns introjected from previous generations are recreated by interacting members of families and couples and in turn contribute to the continuing psychic evolution of individuals Work in other cultures such as China brings us face to face with deep structures of thought and family organization that challenge Western psychoanalytic assumptions even as those families are in rapid change themselves

The Ethical Seduction of the Analytic Situation Viviane Chetrit-Vatine, 2018-05-11 According to Jacques Andre the patient's encounter with the analyst is a scene of seduction the seductive statement being that of the fundamental rule or the invitation to address that which is most intimate or personal to a complete stranger But the practice of psychoanalysis can only unfold if there is a strict respect for ethics The words seduction and ethics which at first sight seem mutually exclusive are thus as the author shows at the heart of the analytic perspective The author takes as her starting point an

encounter which is not necessarily consensual between Emmanuel Levinas thought and his conception of philosophy as ethics ethics understood as responsibility for the other and that of the psychoanalyst Jean Laplanche who posits the first adult other as a seducer of the young psyche from the outset due to the transmission of enigmatic messages compromised by his or her unconscious The analyst's ethical position is re-examined and with it the feminine maternal origins of the human capacity for responsibility for the other      Play, Gender, Therapy Nellie L. Thompson, 2018-05-01 Eleanor Galenson had a remarkable career whose singular focus was her life long interest in the maturational and psychosexual vicissitudes of infancy and early childhood The selection of her writings in this volume highlight her approach to the study of the early years of life and in particular her contributions to understanding the developmental significance of the very young child's discovery of sexual difference and the ways in which each child expresses this through play symbolization and language Interviews that Galenson gave to Milton Senn and Lucy LaFarge provide a Prologue to the Volume They introduce the reader to her voice and portray the milieu within which she matured and worked as a pediatrician researcher and psychoanalyst Papers are organized in three parts that illustrate different facets of Galenson's thinking and work Symbolization Thought and Language Infantile Origins of Sexual Identity and The Tripartite Therapeutic Model Parts 1 and 2 are introduced by Patricia Nachman and Lucy LaFarge respectively colleagues and friends of Galenson who are deeply familiar with her work      **Handbook of Systemic Approaches to Psychotherapy Manuals** Mauro Mariotti, George Saba, Peter Stratton, 2022-02-17 This handbook examines the development and use of manuals to guide and support systemic couples and family therapies It addresses the process of manualizing providing a secure base for therapist creativity rather than delineating prescriptive procedures The volume addresses therapist and trainer concerns by demonstrating the value of sufficiently articulating clinical and teaching models to inform colleagues of what actually occurs during therapy The book describes the history value and controversies of manuals In addition it explores issues and experiences in the creation of manuals identifies research issues related to the use and evaluation of manuals and addresses training as a context for the application of treatment manuals Key areas of coverage include Reports of experiences with major internationally established manuals formulations of innovative practices by their developers and specifications of training programs Discussion of the various formats of manuals demonstrating their benefit and transportability across different contexts Surveys of a broad selection of manuals creating a flexible and diversified concept of what forms manuals may take Essential guidance for using manuals which is an indispensable step for the field to progress and to claim to health resource commissioning governments and insurance agencies that the systemic practice is evidence based and effective The Handbook of Systemic Approaches to Psychotherapy Manuals is an essential resource for researchers professors and graduate students as well as clinicians and related therapists and professionals in clinical psychology family studies public health social work psychotherapy child and adolescent psychology and all interrelated disciplines      Resolving International Conflict Isabel Bramsen, Poul Poder, Ole Waever, 2019-05-03 Resolving

International Conflict rethinks the dynamics of conflict escalation and continuation by engaging with research from the wide range of subfields in this area. The book suggests a new framework for understanding conflict as a particular form of situation interaction and tension. It shows how conflicts are shaped by varied dynamics relating to emotion securitization incentives digital technology and violence even attempts at monitoring resolving or remembering conflicts may end up contributing to their escalation or continuation. Split into two sections the first part focuses on the question of why and how conflicts escalate while the second part analyses the continuation of conflict. The book features several case studies of conflict escalation and continuation in Bahrain Israel Palestine South Sudan Northern Ireland and most prominently the case of the Syrian uprising and subsequent civil war. Throughout the book and in particular in the conclusion the consequences for conflict transformation are discussed. This work will be of much interest to students of conflict resolution peace studies war and conflict studies security studies and international relations in general.

**Diálogos clínicos** Ediciones Biebel, 2020-08-25

La psicoterapia psicoanalítica de familia y pareja es una práctica clínica que trata los sufrimientos psíquicos de los miembros de una familia o pareja en relación con la estructura de los vínculos familiares o de pareja. Esta práctica inscrita en el campo del psicoanálisis aplicado a los conjuntos plurisubjetivos y a los vínculos que se forman no sólo en las parejas y familias sino también en los grupos e instituciones postula que existe una realidad psíquica propia de estos conjuntos y sus vínculos. Esta extensión de la práctica psicoanalítica se desarrolló bajo el efecto de las grandes transformaciones que desde hace algunas décadas han contribuido al reconocimiento de formas y contenidos específicos de los problemas y sufrimientos que emergen y en parte son producidos en estos conjuntos. Me refiero a problemas de filiación y de transmisión de la vida psíquica entre generaciones a la profunda crisis o falla de los garantes y las alianzas que estructuran el espacio psíquico subjetivo y el de los vínculos intersubjetivos y a la inseguridad de la base narcisista de los vínculos. Todos estos problemas afectan los procesos de subjetivación y simbolización y están estrechamente ligados a las formas del malestar contemporáneo.

Shame Regulation Therapy for Families Uri Weinblatt, 2018-05-09

This accessible guide introduces systemic mirroring an innovative approach to understanding and managing the disruptive presence of shame in family therapy. Shame is analyzed in individual and interpersonal contexts and in two basic problematic states experiencing too much or too little shame often found at the root of serious problems between children and their parents. The author offers potent conversation based strategies for working with children adolescents and their families and for working with parents to resolve their own shame issues so they can improve their relationships with their children. The author also illustrates how shame regulation can improve the bond between client and therapist and produce lasting effects as clients learn to disengage from shame. This practical resource offers an innovative approach to dealing with shame in therapy. Integrates practical methods for use with children adolescents and parents. Discusses how shame derails interpersonal communication. Provides interventions for shame management and dealing with the state of shamelessness. Shows how parents can regulate their own shame at the couple

level Applies these methods to school settings Shame Regulation Therapy for Families aides the work of professionals such as psychologists psychiatrists social workers and school psychologists who work with children and their families on shame management

**Shame and the Self** Francis J. Broucek,1991-04-26 In this ambitious new work Frank Broucek explores the affect of shame its functions and its relationship to sexuality self and others With a special focus on the relationship between shame and self objectification he proposes an innovative new theory that links shame to our sense of self from early development through maturity In exploring this theme Broucek a psychoanalytically trained psychiatrist breaks new ground in understanding the development of the self establishing a perspective on narcissism that differs markedly from traditional psychoanalytic concepts An illuminating overview of the modern literature precedes a provocative analysis of the role of shame in the formation of the self Here Broucek identifies the three major sources of shame the infant s experiences of interpersonal inefficacy self objectification resulting in a kind of self alienation or primary dissociation and the experience of being unloved rejected or scapegoated by important others In the course of development these vectors cause the self s overinvestment in the idealized self image and a devaluation of the actual self an event explored in depth in the chapter on narcissism Broucek also addresses the role of shame in psychoanalysis and in society The neglect of this emotion in psychoanalytic theory and technique the author contends results from a critical lack of understanding of shame and its effect potentially adverse on the practice of psychotherapy Finally Broucek s analysis of widespread shamelessness in modern times logically extends the ideas presented earlier Maintaining a critical balance in its coverage and interpretation SHAME AND THE SELF marks a significant contribution to the understanding of the nature of shame and its role in our psychic life As such it is essential reading for all practicing psychiatrists psychologists social workers and other mental health practitioners

Shame and Guilt, a Psychoanalytic and a Cultural Study Gerhart Piers,1964 **Shame and Sexuality** Claire Pajaczkowska,Ivan Ward,2014-02-25 Why do human beings feel shame What is the cultural dimension of shame and sexuality Can theory understand the power of affect How is psychoanalysis integral to cultural theory The experience of shame is a profound painful and universal emotion with lasting effects on many aspects of public life and human culture Rooted in childhood experience linked to sexuality and the cultural norms which regulate the body and its pleasures shame is uniquely human Shame and Sexuality explores elements of shame in human psychology and the cultures of art film photography and textiles This volume is divided into two distinct sections allowing the reader to compare and contrast the psychoanalytic and the cultural writings Part I Psychoanalysis provides a psychoanalytic approach to shame using clinical examples to explore the function of unconscious fantasies the shame shield in child sexual abuse and the puzzling manner in which shame attaches itself to sexuality Part II Visual Culture is illustrated throughout with textual analysis contributors explore shame and sexuality in art history politics and contemporary visual culture including the gendering of shame shame and abjection and the relationship between shame and shamelessness as a strategy of resistance Claire Pajaczkowska and Ivan Ward bring

together debates within and between the discourses of psychoanalysis and visual culture generating new avenues of enquiry for scholars of culture theory and psychoanalysis

*Shame* Salman Akhtar, 2018-03-29 This book offers ten distinguished analysts insights on shame from various perspectives which include its developmental substrate vicissitudes during adolescence and manifestations in the course of aging and infirmity It seeks to advance clinicians empathy and therapeutic skills in this realm

**The Shame Experience** Susan Miller, 2013-07-04 Drawing on a series of in depth interviews illuminating the phenomenology of shame in the general public Miller systematically explores the various dimensions of the shame experience The complex relationships between shame and female sexual development shame and phallic inhibition and shame and orality are among the topics critically reexamined

*The Culture of Shame* Andrew P. Morrison, 1998-05-01 The author exposes the many masks of shame and examines the way it paralyzes us individually and collectively He draws on powerful case stories to illustrate the language and impact of shame and how it can be overcome

**The Widening Scope of Shame** Melvin R. Lansky, Andrew P. Morrison, 2014-02-04 The Widening Scope of Shame is the first collection of papers on shame to appear in a decade and contains contributions from most of the major authors currently writing on this topic It is not a sourcebook but a comprehensive introduction to clinical and theoretical perspectives on shame that is intended to be read cover to cover The panoramic scope of this multidisciplinary volume is evidenced by a variety of clinically and developmentally grounded chapters by chapters explicating the theories of Silvan Tomkins and Helen Block Lewis and by chapters examining shame from the viewpoints of philosophy social theory and the study of family systems A final section of brief chapters illuminates shame in relation to specific clinical problems and experiential contexts including envy attention deficit disorder infertility masochism the medical setting and religious experience This collection will be of special interest to psychoanalytically oriented readers It begins with a chapter charting the evolution of Freud's thinking on shame followed by chapters providing contemporary perspectives on the role of shame in development and the status of shame within the theory of narcissism Of further psychoanalytic interest are two reprinted classics by Sidney Levin on shame and marital dysfunction In both depth of clinical coverage and breadth of perspectives The Widening Scope of Shame is unique in the shame literature Readable well organized and completely up to date it becomes essential reading for all students of this intriguing and unsettling emotion and of human development more generally

**The Many Faces of Shame** Donald L. Nathanson, 1987-06-01 For almost a century the concept of guilt as embedded in drive theory has dominated psychoanalytic thought Increasingly however investigators are focusing on shame as a key aspect of human behavior This volume captures a range of compelling viewpoints on the role of shame in psychological development psychopathology and the therapeutic process Donald Nathanson has assembled internationally prominent authorities engaging them in extensive dialogue about their areas of expertise Concise introductions to each chapter place the authors both historically and theoretically and outline their emphases and contributions to our understanding of shame Including many illustrative clinical examples the



book covers such topics as the relationship between shame and narcissism shame's central place in affect theory psychosis and shame and shame in the literature of French psychoanalysis and philosophy

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