

# Orthotic Simulation Practice Test

## Scenario #1 - CVA

A 63-year-old male patient comes into the office with a prescription for an orthosis. He had a right cerebral vascular accident 3 months prior. He is currently going to physical therapy 2 times a week and occupational therapy 1 time a week. He is frustrated that he cannot walk independently.

### Scenario #1 - Part A

You begin your evaluation for an orthosis using the SOAP method. Choose all that apply.

- A. Evaluate bilateral ROM/MMT.
- B. Have the patient walk up and down the hall to check for gait deviations.
- C. Apply gloves.
- D. Test for the Babinski Reflex on the right side.
- E. Check for spastic response on the left side foot.
- F. Ask the patient about his goals – long and short term.
- G. Ask the patient what kind of flooring he has in his home and how many stories.
- H. Get the patient's insurance and ID information.
- I. Assess the patient's skin.
- J. Ask the patient whether he smokes or drinks.
- K. Check bilateral UE strength.

### Scenario #1 - Part B

Your selections in Part A reveal the following results:

- A - His affected side has WNL ROM and the following MMT results: 4/5 hip flexors, 3+/5 knee flexors/extenders, 2-/5 DF, 3+/5 PF, 2-/5 Eversion, 4-/5 Inversion.
- E – Reflex Grade 4 noted.
- F – The patient wants to return to work as an office manager and walk with his dog around his neighborhood.
- G – One-story house with carpet throughout.
- I – Swelling is present, but there are no abrasions.
- K – The right hand is WNL, and the left hand has grade 3-/5.

# O And P Study Guide

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