

OBGYN West Health History Form

Please fill in all information on front and back of form

Office Patient ID # _____

Today's Date _____

Name _____ Date of Birth ____/____/____

Referred by _____ Primary Care Doctor _____

Reason for today's visit _____

Menstrual History

First day of last period ____/____/____ Age at first period _____

Your periods occur every _____ days and last for _____ days

Any problems with your periods? ☐ No ☐ Yes

☐ Heavy flow ☐ Clots ☐ Pain/Cramping ☐ Irregular periods ☐ Discharge

☐ Bleeding between periods ☐ Other _____

If menopausal

Age/year began _____ Any Postmenopausal bleeding? ☐ No ☐ Yes

Contraceptive History

Are you currently sexually active? ☐ Yes ☐ No ☐ Never been

How many life time partners? _____ How many in the last year? _____

Current method of birth control (include tubal or vasectomy) _____

Any problems with current method? ☐ No ☐ Yes _____

Previously used methods (Check all that apply)

☐ Birth Control Pill ☐ Condoms ☐ Diaphragm ☐ Depo Provera ☐ IUD

☐ NuvaRing ☐ Implanon ☐ Nexplanon ☐ Spermicide ☐ Sponge ☐ Other _____

☐ No previous birth control

Gynecological History

Have you had any of the following? (Check all that apply)

☐ Abnormal Pap Smear

☐ Breast Pain

☐ Chronic Pelvic Pain

☐ DES Exposure

☐ Endometriosis

☐ Genital Warts

☐ Infertility

☐ Ovarian Cysts

☐ Pain with Intercourse

☐ PID

☐ PMS

☐ Recurrent Miscarriage

☐ Recurrent Vaginitis

☐ STD _____

☐ Urinary Incontinence

☐ UTI (chronic)

☐ Uterine Fibroids

☐ None of the above

(additional medical history on the back of form)

Preventive Care History

Last Pap Smear Date: _____ ☐ Normal ☐ Abnormal

Last Mammogram Date: _____ ☐ Normal ☐ Abnormal

Last Colonoscopy Date: _____ ☐ Normal ☐ Abnormal

Last DEXA (Bone Scan) Date: _____ ☐ Normal ☐ Abnormal

Last Cholesterol Test Date: _____ ☐ Normal ☐ Abnormal

Vaccinations (year) Gardasil _____ Flu _____

Herpes Zoster (Shingles) _____ TDAP (Tetanus) _____

Total Pregnancies	Full Term Deliveries	Premature Deliveries	Elective Terminations	Miscarriages	Ectopics	Multiples	Living

Date MM/DD/YYYY	Gestation Age in Wks @ Delivery	Hours in Labor	Birth Weight	Sex	Type of Delivery	Type of Anesthesia	Early Labor	Comments/Complications Gestational Diabetes	Hospital

Surgical History (Please list all surgical procedures) ☐ None

Surgery _____ Date _____

Surgery _____ Date _____

Surgery _____ Date _____

Surgery _____ Date _____

Surgery _____ Date _____

Current Medication History

(Please include current prescriptions and medications ONLY) ☐ None

Drug name _____ Dose _____

Drug name _____ Dose _____

Drug name _____ Dose _____

Drug name _____ Dose _____

Drug name _____ Dose _____

Drug name _____ Dose _____

Allergy History (List all medication allergies and reaction) ☐ None

Allergy _____ Reaction _____

Allergy _____ Reaction _____

Allergy _____ Reaction _____

Allergy _____ Reaction _____

Allergy _____ Reaction _____

Social & Lifestyle History

Marital Status _____ Occupation _____

Tobacco Smoker ☐ Never ☐ Former ☐ Current - Amt/Day _____

Alcohol Use ☐ No ☐ Yes If yes, Amt/Wk _____

Caffeine Use ☐ No ☐ Yes Street Drugs/Marijuana use ☐ No ☐ Yes

Domestic Abuse ☐ No ☐ Yes If yes, ☐ Current or ☐ Past

Regular Exercise ☐ No ☐ Yes Type _____ Amt/Wk _____

Monthly Breast Exam ☐ No ☐ Yes Have you had Chicken Pox ☐ No ☐ Yes

Do you have a Health Care Directive (living will) ☐ No ☐ Yes

Ob Gyn History And Physical Template

Huangqi Zhang



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Table of Contents Ob Gyn History And Physical Template

1. Understanding the eBook Ob Gyn History And Physical Template
 - The Rise of Digital Reading Ob Gyn History And Physical Template
 - Advantages of eBooks Over Traditional Books
2. Identifying Ob Gyn History And Physical Template
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Ob Gyn History And Physical Template
 - User-Friendly Interface
4. Exploring eBook Recommendations from Ob Gyn History And Physical Template
 - Personalized Recommendations
 - Ob Gyn History And Physical Template User Reviews and Ratings
 - Ob Gyn History And Physical Template and Bestseller Lists
5. Accessing Ob Gyn History And Physical Template Free and Paid eBooks
 - Ob Gyn History And Physical Template Public Domain eBooks
 - Ob Gyn History And Physical Template eBook Subscription Services
 - Ob Gyn History And Physical Template Budget-Friendly Options
6. Navigating Ob Gyn History And Physical Template eBook Formats

- ePub, PDF, MOBI, and More
 - Ob Gyn History And Physical Template Compatibility with Devices
 - Ob Gyn History And Physical Template Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Ob Gyn History And Physical Template
 - Highlighting and Note-Taking Ob Gyn History And Physical Template
 - Interactive Elements Ob Gyn History And Physical Template
 8. Staying Engaged with Ob Gyn History And Physical Template
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Ob Gyn History And Physical Template
 9. Balancing eBooks and Physical Books Ob Gyn History And Physical Template
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Ob Gyn History And Physical Template
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Ob Gyn History And Physical Template
 - Setting Reading Goals Ob Gyn History And Physical Template
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Ob Gyn History And Physical Template
 - Fact-Checking eBook Content of Ob Gyn History And Physical Template
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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