# Orthotic Simulation Practice Test

### Scenario #1 - CVA

A 63-year-old male patient comes into the office with a prescription for an orthosis. He had a right cerebral vascular accident 3 months prior. He is currently going to physical therapy 2 times a week and occupational therapy 1 time a week. He is frustrated that he cannot walk independently.

### Scenario #1 - Part A

# You begin your evaluation for an orthosis using the SOAP method. Choose all that apply.

- A. Evaluate bilateral ROM/MMT.
- B. Have the patient walk up and down the hall to check for gait deviations.
- C. Apply gloves:
- Test for the Babinski Reflex on the right side.
- E. Check for spastic response on the left side foot.
- F. Ask the patient about his goals long and short term.
- G. Ask the patient what kind of flooring he has in his home and how many stories.
- H. Get the patient's insurance and ID information.
- Assess the patient's skin.
- Ask the patient whether he smokes or drinks.
- K. Check bilateral UE strength.

### Scenario #1 - Part B

### Your selections in Part A reveal the following results:

- A His affected side has WNL ROM and the following MMT results: 4/5 hip flexors, 3+/5 knee flexors/extenders, 2-/5 DF, 3+/5 PF, 2-/5 Eversion, 4-/5 Inversion.
- E Reflex Grade 4 noted.
- F The patient wants to return to work as an office manager and walk with his dog around his neighborhood.
- G One-story house with carpet throughout.
- I Swelling is present, but there are no abrasions.
- K The right hand is WNL, and the left hand has grade 3-/5.

# O And P Study Guide

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The Top Books of the Year O And P Study Guide The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous engrossing novels enthralling the hearts of readers worldwide. Lets delve into the realm of bestselling books, exploring the captivating narratives that have captivated audiences this year. The Must-Read: Colleen Hoovers "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best: Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This intriguing historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic: Delia Owens "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and thrilling novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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# **Table of Contents O And P Study Guide**

- 1. Understanding the eBook O And P Study Guide
  - The Rise of Digital Reading O And P Study Guide
  - Advantages of eBooks Over Traditional Books
- 2. Identifying O And P Study Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - $\circ \ \ Determining \ Your \ Reading \ Goals$
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an O And P Study Guide
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from O And P Study Guide
  - Personalized Recommendations
  - O And P Study Guide User Reviews and Ratings
  - o O And P Study Guide and Bestseller Lists
- 5. Accessing O And P Study Guide Free and Paid eBooks
  - o O And P Study Guide Public Domain eBooks
  - O And P Study Guide eBook Subscription Services
  - O And P Study Guide Budget-Friendly Options
- 6. Navigating O And P Study Guide eBook Formats
  - o ePub, PDF, MOBI, and More
  - O And P Study Guide Compatibility with Devices
  - O And P Study Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of O And P Study Guide
  - Highlighting and Note-Taking O And P Study Guide
  - o Interactive Elements O And P Study Guide
- 8. Staying Engaged with O And P Study Guide

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers O And P Study Guide
- 9. Balancing eBooks and Physical Books O And P Study Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection O And P Study Guide
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine O And P Study Guide
  - Setting Reading Goals O And P Study Guide
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of O And P Study Guide
  - Fact-Checking eBook Content of O And P Study Guide
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - o Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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