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Personal Trainer Guide

Justin Bailly



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- 3 Market and promote personal training services
- 4 Effectively sell and generate revenue
- 5 Drive referral business and customer loyalty
- 6 Expand and diversify the business

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A Complete Guide to Personal Training Justin Bailly,2014-07-23 This book has been written to give new instructors and people thinking about becoming personal trainers an insight into what is involved in this constantly evolving and popular profession giving you a clearer understanding and covering a wide selection of topics Everything you need to know about personal training is covered in this book covering

subjects from how to get qualified and getting started to running your business

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The Entrepreneur's Guide to Personal Training IDEA Health & Fitness, 2003

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Study Guide for Foundations of Professional Personal Training Mike Bates, 2008-01 Study guide in preparation for Can Fit Pro's Personal Training Specialist PTS certification program and test Each chapter in this workbook corresponds to a chapter in Can Fit Pro's Foundations of professional personal training manual

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