

Concept 2

PM5

Main Menu

Just Row •

Select Workout •

Connect •

Memory •

More Options •

Units

Display

Menu

Just Row (Just Ski/Just Ride), without a pre-set distance or time. The PM5 will begin recording your workout data as soon as you start. Your results will be saved if you exercise longer than one minute and press MENU.

Set time, distance or interval workouts, or choose from preprogrammed workouts, including Ergathlon and Biathlon.

Connect wirelessly to a variety of apps, watches and heart rate monitors using ANT+ and Bluetooth.

View workout results. (Displays "USB LogBook" if USB flash drive is in use and recognized by PM5.)

Access additional information and functions including Games (RowErg and SkiErg only) and Racing.

Performance Monitor User Manual

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and can t find one there is a diaphragm on the passenger side of the car that operates the cruise control and it has a couple of
hoses running to it

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plenum and reservoir in the engine bay through to the hvac controls sorry if this sounds very basic but we ve just done a
rebuild and the new shell didn t come with the hoses but does have the reservoir many thanks

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mentioned its in the shape of a 90 degree angle about 30mm long in all has it been cut short if so where would it connect to
unfortunately my gregory s does not have a vacuum hose diagram

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guard ang and headquarters air force compiled inputs from the field and rebuilt the tongue and quill to meet the needs of
today s airmen the team put many hours into this effort over a span of almost two

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google images to no avail i want to have a look at all my vacuum hoses i know where the majority of them are located but just
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