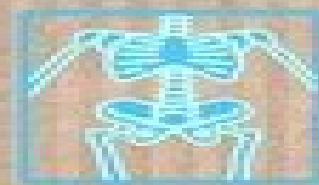


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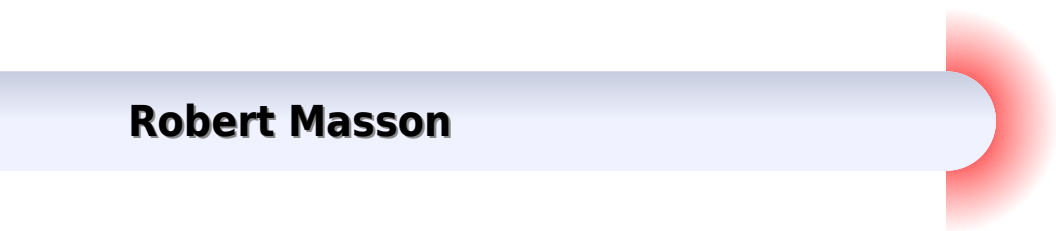
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Robert Masson



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Sous nos latitudes où il n'existe plus de grandes carences nutritionnelles, n'est-ce pas curieux de constater l'explosion de l'ostéoporose chez l'Homme ? Le grand public assimile la décalcification à l'ostéoporose, mais la décalcification n'est qu'une conséquence de l'ostéoporose. Ce livret explique clairement les causes alimentaires et extra-alimentaires de l'ostéoporose et propose des moyens très simples et peu coûteux permettant d'éviter et de traiter naturellement et très efficacement cette maladie touchant maintenant des individus de plus en plus jeunes.

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