

# Malnutrition

Insufficient or poorly balanced diet (starvation), altered metabolism, or nutrient utilization resulting in changes to the subcellular, cellular, and/or organ function, diminished protein synthesis and/or mass

- Associated risk of morbidity & mortality can be reversed by nutrition support
- Physical Findings
  - **cachexia or obesity, edema, dry mucous membranes, sunken eyes**
  - scaly skin, decubitus ulcers, poor wound healing, red or bleeding gums
  - bone pain or tenderness, retarded growth (kids)
  - ataxia, nystagmus, fatigue, alopecia, jaundice

# Physical Findings In Malnutrition

**Puja Mehta**

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## **Physical Findings In Malnutrition:**

## **Physical Findings In Malnutrition** Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the energy of words has been evident than ever. They have the capacity to inspire, provoke, and ignite change. Such could be the essence of the book **Physical Findings In Malnutrition**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall impact on readers.

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