



Rouge vif

- Écoulement régulier de sang frais pendant les jours de règles les plus abondantes.
- Présence possible de caillots sanguins



Rouge foncé

- Sang oxydé au début ou à la fin des règles
- Lochie (saignement après un accouchement)



Marron ou noir

- Sang oxydé au début ou à la fin des règles.
- Signe possible de :
 - Fausse couche
 - une grossesse extra-utérine



Rose clair

- Sang des règles mélangé au liquide cervical
- Signe possible de :
 - Anémie
 - Périménopause (la transition vers la ménopause)



Orange

- Sang des règles mélangé au liquide cervical
- Signe possible de :
 - Infection comme la trichomonase ou la vaginose bactérienne



Gris

- Signe possible de :
 - Infection comme la vaginose bactérienne
 - Fausse couche

Regles Pour Les Hommes

RC Schank



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