

UNIVERSITY OF LA SALLE – SCHOOL OF EDUCATION SCIENCES
BA IN SPANISH, ENGLISH, AND FRENCH – REFLECTIVE JOURNAL ASSESSMENT

Based on your reflective journals, write a general reflection of what has happened in your lessons and in the teaching practicum in general. Use the following form to help you systematize and concretize your thoughts.

AREA	AWARENESS
CONTENT (WHAT?)	What have I learnt?
PROCESS (HOW?)	How did I learn it?
REASONS (WHY?)	Why did I learn it?
ACADEMIC AND PROFESSIONAL DEVELOPMENT (WHAT FOR?)	How does this learning experience contribute to my academic and professional development?
PERSONAL DEVELOPMENT (WHAT FOR?)	What does this learning experience mean to me?

Reflective Practice Journal Template

Katie Trinity Sutton



Reflective Practice Journal Template:

Reflective Practice for Coaches Iain McCormick, 2023-02-22 This practical evidence based guide to running Reflective Practice professional development programmes provides a dynamic and engaging resource for a wide range of coaches. Reflective Practice is a proven learning and development approach that involves consciously and deliberately thinking about experiences to develop insights and apply these within coaching practice. McCormick argues that it is vital that coaches regularly reflect on their work to develop and grow professionally and this book provides a definitive and rich source of material on how and what to reflect on. Topics include how to reflect as an individual coach working in pairs and small groups, applying reflective practice in a training context and how to run advanced group sessions for coaches. The book features a wide range of practical workbook exercises to challenge the reader's current practice and extend their capability as well as an evidence based guide to enhancing skills in recently developed areas such as Unified Protocol Cognitive Behavioural Therapy, Internet Supplemented Acceptance and Commitment Therapy and Using Schema Therapy with Mindfulness Techniques. Written by a highly experienced executive coach, this book is full of practical and effective ways to become more capable and proficient. It is essential reading for any career life or executive coach who wishes to enhance their coaching capability through reflective practice as well as for coaching training organisations, senior executive coaches offering sessions for other coaches and academic institutions offering coaching qualifications.

Reflective Practice in Social Work Christine Knott, Terry Scragg, 2016-03-26 Reflective practice is at the heart of becoming a competent and confident social worker. It's both a key element of learning and development on social work courses and an important aspect of social work practice. This accessible and introductory text explores a range of approaches to reflective practice that aims to help students become more confident in answering key questions including what is reflective practice, how do I develop as a reflective practitioner, how do I maintain reflective practice in key contexts. There are sections on writing reflective journals, communicating well with service users and carers and reflective practice while on placements.

Reflective Practice in Social Work Andy Mantell, Terry Scragg, 2018-12-03 This accessible and introductory text explores a range of reflective practice approaches and personal development to help students demonstrate reflective practice in their assignments. It features extensive material on working collaboratively and using reflective practice on placements as well as practical activities and material on effective working with service users and care.

Reflective Practice in Child and Youth Care Donicka Budd, 2020-01-28 A unique manual to the discipline, Reflective Practice in Child and Youth Care addresses the need for distinct models of reflective practice across all Child and Youth Care (CYC) sectors. This seminal work contextualizes the history of reflective practice and provides readers with the necessary tools to develop their own approach to reflective practice. Special topics and key concepts include reflective practice theory, the mindfulness reflection connection and transformative learning techniques. Aligned with the CYC Code of Ethics and the CYC Competencies of Professionalism, this

book promotes self awareness and critical self reflection through case studies end of chapter discussion questions reflective writing templates and self assessment exercises Fostering reflective methods and self care strategies that can be used in practicums and professional settings this unique workbook is an essential resource for students at any stage of a college or university program in child and youth care FEATURES Connects to concepts that are covered across child and youth care program courses strengthening student comprehension Provides exercises that range in content and depth to ensure student engagement throughout the completion of the textbook *Your Essential Guide to Effective Reflective Practice* Christian van Nieuwerburgh, David Love, 2024-11-09 This impactful guide takes you through the process of effective reflective practice with a clear and creative focus on helping you be successful in your professional and academic life It will provide you with clear guidance about how to undertake the reflective writing needed to achieve academic qualifications and professional accreditations This book includes Practical strategies undertaking reflective practice in service of your clients Recommendations for writing up your reflective practice for of assessment and accreditation purposes Case studies and templates that can be applied to a wide range of professional fields and academic contexts A theoretical foundation underpinning the purpose and intention of professional reflective practice Practical advice from experienced reflective practitioners to help you put the principles into practice This engaging and thought provoking book will give you confidence with thinking critically and reflectively about your work so that you can achieve better outcomes for yourself and others

The Trauma-Informed Psychiatric Nurse's Toolbox Katie Trinity Sutton, The first comprehensive toolkit designed specifically for psychiatric nurses working with trauma survivors This practical guide transforms complex neuroscience into immediately usable skills for daily practice Discover evidence based techniques for de escalation communication and self care that dramatically improve patient outcomes while preventing professional burnout Packed with case studies from real clinical settings this resource provides clear frameworks for managing challenging situations including acute agitation flashbacks dissociation and suicidal ideation Each chapter builds essential skills through detailed examples scripts and step by step protocols that can be implemented immediately Unlike theoretical texts this toolkit offers concrete intervention strategies through printable worksheets assessment tools quick reference guides and validated scripts that have been field tested in psychiatric settings Learn how to recognize trauma triggers provide effective grounding techniques maintain therapeutic boundaries and build lasting patient trust The included self care section provides essential strategies for preventing compassion fatigue and vicarious trauma ensuring sustainable practice throughout your nursing career Perfect for new graduates experienced clinicians and nursing educators seeking to integrate trauma informed principles into psychiatric care This comprehensive resource fills a critical gap in psychiatric nursing literature by providing specialized approaches for different trauma types and populations The decision pathway maps guide complex clinical reasoning during high stress situations while the professional development framework supports continuous growth in trauma informed

excellence Transform your practice with this essential resource that bridges theory and application creating healing environments for both patients and providers *Innovative Approaches to Staff Development in Transnational Higher Education* Morris, Gareth, Ye, Jinting, 2025-01-09 As globalization reshapes the landscape of higher education the development of faculty and staff becomes essential for institutions to remain competitive and relevant By investing in continuous learning and cross cultural competencies educators can better meet the diverse needs of an international student body and foster inclusive innovative academic environments Strengthening faculty development enhances teaching quality research output and institutional adaptability enriching the educational experience for students This focus not only advances individual career growth but also drives institutional success promoting resilience and long term sustainability in an increasingly interconnected world *Innovative Approaches to Staff Development in Transnational Higher Education* delves into the complexities and opportunities of faculty development in the dynamic environment of transnational higher education It illustrates the transformative power of education and its ability to adapt and evolve in response to a rapidly globalizing world Covering topics such as AI literacy mentorship and technology training this book is an excellent resource for educational leaders and administrators faculty and staff members researchers scholars policymakers educational planners and more *Developing Reflective Practice* Andy Grant, Judy McKimm, Fiona Murphy, 2017-04-11 The ability to reflect on practice is a fundamental component of effective medical practice In a sector increasingly focused on professionalism and patient centred care *Developing Reflective Practice* is a timely publication providing practical guidance on how to acquire the reflective skills necessary to become a successful clinician This new title draws from a wide range of theoretical and practical multidisciplinary perspectives to assist students practitioners and educators in embedding reflection in everyday activities It also offers structures and ideas for more purposeful and meaningful formal reflections and professional development *Developing Reflective Practice* Focuses on the developing practitioner and their lifelong learning and the development of professional identity through reflection Provides practical how to information for students practitioners and educators including realistic case examples and practice based hints and tips Examines and explains the theoretical and conceptual approaches to reflective practice including its models and frameworks *Making the Most of Your Research Journal* Nicole Brown, 2021-10-19 Providing practical guidance based on real life examples this book shows researchers different forms and ways of keeping a research journal and how to get the most out of journaling Appealing to postgraduate students new and experienced researchers the book provides a theoretical grounding and information about knowledge and sensory systems and reflexivity presents a practical exploration of what a journal looks like and when and how to record entries includes helpful end of chapter exercises and online resources Providing valuable food for thought and examples to experiment with the book highlights the different forms of research journals and entries so that readers can find what works for them Giving researchers licence to do things differently the book encourages and enables readers to develop their own sense of

researcher identity and voice *Becoming a Reflective Practitioner* Christopher Johns, 2009-07-27 From Reviews of the second edition Christopher Johns is an internationally recognised pioneer of reflective practice in nursing and health care The first edition of this book was an excellent resource and this updated version is equally impressive This is a superb resource for nurses and all those eager to enhance their knowledge and skills in reflective practice It is well presented user friendly and stimulating Nursing Standard *Becoming a Reflective Practitioner* is a practical guide to using reflection in every day clinical practice It explores the value of using models of reflection with particular reference to Christopher Johns own model for structured reflection *Becoming a Reflective Practitioner* includes accounts of everyday practice to guide the reader through the stages of reflective practice within the context of care desirable practice and the caring relationship This third edition reflects significant developments in reflective theory and gives greater attention to different approaches to reflection including the use of narrative dialogue New chapters are included on ensuring quality and managing conflict Exemplars are included throughout and further references and reflected reading are included at the end of each chapter Reflective practice is acknowledged as an effective approach to developing nursing care which evolves as the practitioner develops his or her own practice This book will therefore be of interest to all nurses involved in developing their clinical practice A practical guide to developing reflective practice Reflects significant developments in reflective theory Examines Christopher Johns own model for structured reflection Centred on care and the caring relationship Challenges practitioners to question their practice *The Essentials of Nursing and Healthcare Research* Ruth Taylor, 2013-10-11 For some students research can be a daunting and intimidating topic when beginning your degree This lively book helps you understand why research is important gives a straightforward account of the essential knowledge that you will need and demystifies the language and process of research It focuses on the skills you will use throughout your degree and how research and evidence can make a difference to the world you will encounter in practice It outlines What research is Qualitative and quantitative approaches The practicalities of doing research Using evidence in practice The chapters are full of practical tools and draw on a range of student experiences making it the perfect textbook for undergraduates Ruth Taylor is a Professor of Nursing and Deputy Dean at Anglia Ruskin University **GET Feedback** Martha Elford, Heather Smith, Susanne James, 2024-06-01 A powerful and rich resource of great ideas that will move the debates about feedback into the most worthwhile areas John Hattie PhD University of Melbourne Victoria Australia Perfect for special education teacher preparation faculty coordinators and administrators GET Feedback provides examples activities and support for integrating and aligning feedback instruction demonstrating the importance of putting the adult learner as the feedback recipient at the center of every feedback opportunity Written in an approachable easy to read format this text is the first book to specifically examine feedback for adult learners Drs Martha D Elford Heather Haynes Smith and Susanne James use the G E T Model give exhibit teach to provide structure for feedback through four domains specificity immediacy purposefulness and constructiveness GET

Feedback combines Adult Learning Theory with education research to provide a comprehensive integrated framework to teach feedback in special education teacher preparation This text will improve how special education teacher educators GET feedback across courses and programs *Qualitative Data Collection Tools* Felice D. Billups, 2019-12-20 *Qualitative Data Collection Tools* is a new and unique supplementary text that will guide students and new researchers to design develop pilot and employ qualitative tools in order to collect qualitative data An often omitted subject in general qualitative textbooks qualitative tools form the backbone of the data collection process Students and new researchers are frequently left to create their own qualitative tools from scratch an unnecessary hurdle in the qualitative research design process Author Felice D Billups has used her experience as a qualitative researcher and in teaching and advising students about qualitative research to develop the templates in this book as a starting point for readers conducting original qualitative research The author briefly describes each method of data collection and offers readers suggestions for using and adapting the qualitative instrument templates within the text Templates of interview protocols focus group moderator guides content analysis tools document analysis tools reflective questionnaires diary and journal logs and observational rubrics give the reader either a cut and paste solution for their own research or a starting point to design their own personalized qualitative tools The first three chapters illuminate the qualitative data collection process and the role each type of qualitative tool plays in that process The next six chapters provide detailed guides and numerous templates for each qualitative data collection method covering interviews focus groups conversation and discourse analysis observations document analysis field notes journaling and other reflective practices A final chapter pulls together the multifaceted nature of qualitative research design and connects each tool back to the methodology to ensure trustworthiness and rigor in the data collection and instrument development process Exemplars populate the appendices offering readers concrete inspiration for ways to use and adapt the tools provided If you have ever puzzled over how to best to design qualitative tools in order to guide and structure your qualitative data collection or if you are embarking on your first qualitative study *Qualitative Data Collection Tools* will give you a practical starting point to help make your qualitative data collection process easier and more organized **The SAGE Handbook of Digital**

Dissertations and Theses Richard Andrews, Erik Borg, Stephen Boyd Davis, Myrrh Domingo, Jude England, 2012-06-22 This handbook sets out the processes and products of digital research It is a theoretical and practical guide on how to undertake and navigate advanced research in the arts humanities and social sciences Topics covered include how to make research more accessible the use of search engines and other sources to determine the scope of work research training for students what will theses dissertations and research reports look like in ten years time the storing and archiving of such research ethics and methodologies in the field intercultural issues The editors focus on advances in arts and practice based doctorates and their application in other fields and disciplines The contributions chart new territory for universities research project directors supervisors and research students regarding the nature and format of Masters and doctoral work as well as

research projects This handbook is an essential reference for researchers supervisors and administrators on how to conduct and evaluate research projects in a digital and multimodal age Richard Andrews is Professor in English Faculty of Children and Learning Institute of Education Erik Borg is a Senior Lecturer at Coventry University s Centre for Academic Writing Stephen Boyd Davis is Research Leader in the School of Design Royal College of Art Myrrh Domingo is Visiting Assistant Professor in English Education and Literacy Education at New York University Jude England is Head of Social Sciences at the British Library Collaborating for English Learners Andrea Honigsfeld, Maria G. Dove, 2019-01-18 Looking for a silver bullet to accelerate EL achievement There is none But this we promise when EL specialists and general ed teachers pool their expertise your ELs language development and content mastery will improve exponentially Just ask the tens of thousands of Collaboration and Co Teaching users and now a new generation of educators thanks to this all new second edition Collaborating for English Learners Why this new edition Because more than a decade of implementation has generated for Andrea Honigsfeld and Maria Dove new insight into what exemplary teacher collaboration looks like which essential frameworks must be established and how integrated approaches to ELD services benefit all stakeholders Essentially a roadmap to the many different ways we can all work together this second edition of Collaborating for English Learners features All new examples case studies illustrative video and policy updates In depth coverage of the full range of strategies and configurations for determining the best model to adopt Templates planning guides and other practical tools to put collaboration into practice Guidelines self assessments and questionnaires for evaluating the strategies effectiveness By this time the big benefits of teacher collaboration are well documented Where teachers and schools struggle still is determining the best way to do so especially when working with our ELs That s where Andrea Honigsfeld Maria Dove and their second edition of Collaborating for English Learners will prove absolutely indispensable After all there are no two better authorities

Bringing Common Factors to Life in Couple and Family Therapy Eli A. Karam, Adrian J. Blow, 2022-09-15 With the aim of renewing motivation energy and creativity in a therapists clinical work this book explores how common factors may be utilized to increase effectiveness in couple and family therapy Practicing a specific approach or model for couple and family therapy may fulfill many initial therapist needs but over time it is developmentally normal for your enthusiasm to wane for a specific way of practicing this therapy This book therefore provides a common factors framework which may help alleviate feelings of staleness and reinvigorate your practice Different from previous theoretical texts about common factors this practical book will help you construct a personalized plan that will allow you to take charge of your therapeutic development The authors present helpful strategies and exercises to build on your previously existing therapeutic skill set stoke curiosity for the work counter against burnout and frustration and most importantly achieve consistently better outcomes for your clients This new resource is an essential read for seasoned couple and family therapists who want to improve their clinical skills and personal effectiveness as well as students and professionals just starting their journey into this type of clinical work

Teaching Rick Churchill, Tiffani Apps, Jantiena Batt, Karley Beckman, Peter Grainger, Jessica Holloway, Amanda Keddie, Will Letts, Jennu Mackay, Michelle McGill, Julianne Moss, Michael C. Nagel, Kylie Shaw, Jessa Rogers, 2024-10-28 The sixth edition of *Teaching Making A Difference* stands as a cornerstone resource for pre service educators seeking a comprehensive contemporary and accessible introduction to the field of teaching Through its meticulous attention to accuracy and relevance this text offers students the possibility to engage with the latest initiatives and governmental mandates shaping educational landscapes Local case studies woven throughout each chapter serve as illuminating exemplars of current best practices addressing the diverse cultural challenges confronting modern society With its blend of theoretical insight and practical application this textbook equips aspiring teachers with the essential knowledge and skills needed to make a meaningful impact in today s classrooms

New Developments in Science and Technology Education Martin Riopel, Zacharoula Smyrnaiou, 2016-02-11 This book explores the beneficial impact of pedagogically updated practices and approaches in the teaching of science concepts as well as elaborates on future challenges and emerging issues that address Science and Technology Education By pointing out new research directions it informs educational practices and bridges the gap between research and practice providing information ideas and new perspectives The book also promotes discussions and networking among scientists and stakeholders such as researchers professors students and companies developing educational software and ICT tools The volume presents papers from the First International Conference on New Developments in Science and Technology Education 1st NDSTE that was structured around four main thematic axes Modern Pedagogies in Science and Technology Education New Technologies in Science and Technology Education Teaching and Learning in the light of Inquiry learning Methods and Interest Attitude and Motivation in Science

Common Foundation Studies in Nursing E-Book Jenny Spouse, Michael J. Cook, Carol Cox, 2008-01-09 This title is directed primarily towards health care professionals outside of the United States Now revised and fully updated in line with developments in nurse education this fourth edition will prove indispensable to pre registration nursing students on the Common Foundation Programme It provides an essential guide to working in health care settings and prepares them for entry to their chosen branch programme It will also be of relevance to other health care professionals such as health care assistants An essential guide to working in health care settings for pre registration nursing students that prepares them for entry to their chosen branch programme Student friendly format with extensive case studies activities boxes and further reading STUDENT FOCUSED Activities and case studies help make learning more interactive and fun CURRENT Reflects changes and trends in healthcare NEW LAYOUT Sections reflect the Nursing Midwifery Council 4 domains of knowledge that are used to assess progress NEW MATERIAL Anatomy Physiology What it s like being a Nursing student Care Delivery Communication Skills Decision Making and Record Keeping Health and Safety Hygiene Nutrition Study Skills and using IT PATIENT CENTRED FOCUS Reflects the needs of diverse cultures

100 Motivational Interviewing Templates Philip Jericho Townsend, 2024-03-06 100 Motivational Interviewing Templates A

Professional's Toolkit for Engaging and Empowering Clients In the dynamic field of counseling and therapy the power to engage and empower clients is paramount 100 Motivational Interviewing Templates A Professional's Toolkit for Engaging and Empowering Clients emerges as an essential guide for professionals seeking to enhance their therapeutic practice through the proven techniques of Motivational Interviewing MI This book offers a rich compendium of practical templates designed to navigate the complexities of behavioral change making it an invaluable asset for therapists social workers healthcare providers and coaches Structured to address a wide array of client scenarios and challenges this toolkit covers the spectrum from building motivation and clarifying values to devising action plans and overcoming barriers Each template is crafted with the dual goals of facilitating meaningful conversations and fostering self efficacy in clients laying a foundation for sustainable change The book not only provides step by step instructions for applying each template but also delves into the theory and rationale behind MI offering insights into its application across different contexts Whether you're a seasoned practitioner of Motivational Interviewing or new to its methods 100 Motivational Interviewing Templates serves as a practical resource for enhancing client engagement and promoting positive outcomes With this toolkit professionals will find themselves better equipped to guide their clients on a journey of self discovery goal setting and ultimately transformation

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