

Unit 8: Study Guide

Treatment of Psychological Disorders

An overview of the various approaches of treatment of psychological disorders include: Behaviorist, Humanistic, Psychoanalytic/Psychodynamic, Gestalt, Cognitive-Behavioral, and Pharmacological. We will also look at the various modes in which therapy can be administered such as the one-on-one approach of Cognitive Psychotherapy or group therapy, as in support or family therapies. Therapy may also be administered on an outpatient basis like a counseling center, or within a hospital or institutional setting. Additionally, students will be exposed to prevention and intervention techniques offered at the community level. Such services include educational programs, crisis intervention, telephone hotlines, and counseling.

CR13: The course provides instruction in treatment of psychological disorders

<u>Text:</u>	Chapter 17 (pp. 685 – 720)
<u>Student Resources:</u>	Flashcards from text www.worthpublishers.com/myers8e
	<i>Relaxing your fears away</i> , <u>Forty Studies</u> , pp. 264 – 271
<u>Timeline:</u>	4 days

An emphasis on

- Treatment Approaches
- Insight Therapies: Psychodynamic/Humanistic Approaches
- Behavioral Approaches
- Cognitive Approaches
- Biological Therapies (Psychopharmacology/Psychosurgery)
- Modes of Therapy (e.g. individual, group)
- Community and Preventive Approaches
- (5 – 7 % of multiple choice)

Notes Study Guide Psychological Disorders

ML Yell



Notes Study Guide Psychological Disorders:

The book delves into Notes Study Guide Psychological Disorders. Notes Study Guide Psychological Disorders is a crucial topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Notes Study Guide Psychological Disorders, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Notes Study Guide Psychological Disorders
 - Chapter 2: Essential Elements of Notes Study Guide Psychological Disorders
 - Chapter 3: Notes Study Guide Psychological Disorders in Everyday Life
 - Chapter 4: Notes Study Guide Psychological Disorders in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, the author will provide an overview of Notes Study Guide Psychological Disorders. The first chapter will explore what Notes Study Guide Psychological Disorders is, why Notes Study Guide Psychological Disorders is vital, and how to effectively learn about Notes Study Guide Psychological Disorders.
 3. In chapter 2, the author will delve into the foundational concepts of Notes Study Guide Psychological Disorders. The second chapter will elucidate the essential principles that must be understood to grasp Notes Study Guide Psychological Disorders in its entirety.
 4. In chapter 3, the author will examine the practical applications of Notes Study Guide Psychological Disorders in daily life. This chapter will showcase real-world examples of how Notes Study Guide Psychological Disorders can be effectively utilized in everyday scenarios.
 5. In chapter 4, this book will scrutinize the relevance of Notes Study Guide Psychological Disorders in specific contexts. This chapter will explore how Notes Study Guide Psychological Disorders is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, the author will draw a conclusion about Notes Study Guide Psychological Disorders. The final chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Notes Study Guide Psychological Disorders.

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