



# Physical Education Sample Question Paper 2023-2024 Subject Code: - 048



## GENERAL INSTRUCTIONS:

1. The question paper consists of 5 sections and 37 Questions.
2. Section A consists of question 1-18 carrying 1 mark each and is multiple choice questions. All questions are compulsory.
3. Sections B consist of questions 19-24 carrying 2 marks each and are very short answer types and should not exceed 60-90 words. Attempt any 5.
4. Sections C consist of Question 25-30 carrying 3 marks each and are short answer types and should not exceed 100-150 words. Attempt any 5.
5. Sections D consist of Question 31-33 carrying 4 marks each and are case studies. There is internal choice available.
6. Section E consists of Question 34-37 carrying 5 marks each and are short answer types and should not exceed 200-300 words. Attempt any 3.

## (SECTION - A)

Q1. Identify the Asana:



- a) Pawanmuktasana
- b) Sukhasana
- c) Chakrasan
- d) Gomukhasana

# Sample Question Paper Physical Education 215

**Michigan Schoolmasters' Club**



### Sample Question Paper Physical Education 215:

*Resources in Education* ,1997-05      **Mind and Body** ,1923      **Journal of the Michigan Schoolmasters' Club**  
Michigan Schoolmasters' Club,1929      *Journal Michigan Schoolmasters' Club*,1929      **Journal of the Michigan**  
**Schoolmasters' Club** Michigan Schoolmasters' Club,1927      **Proceedings 18 -1906** Michigan Schoolmasters' Club,1930  
*Proceedings ...* Michigan Schoolmasters' Club,1929      **CAHPERD Journal Times** California Association for Health,  
Physical Education, Recreation and Dance,1996      **Current Index to Journals in Education** ,1990      *American Physical*  
*Education Review* ,1925 Includes abstracts of magazine articles and Book reviews      **The Journal of Physical Education**  
,1962      **Resources in Education** ,1997      **Research Quarterly for Exercise and Sport** ,2006-06      *Occupations*  
,1941 The vocational guidance magazine      *The Personnel and Guidance Journal* ,1941      **El-Hi textbooks in print** R. R.  
Bowker LLC,1983      **A Resource Guide for Elementary School Teaching** Patricia L. Roberts,Richard Dean Kellough,Kay  
Moore,2006 A Resource Guide for Elementary School Teaching is a practical comprehensive and concise methods book  
designed to engage readers in hands on and minds on learning about effective teaching Designed to engage readers in both  
hands on and reflective learning each chapter contains an abundance of application exercises on perforated pages that  
provide opportunities to practice what you are learning and to reflect on the progress you are making toward your  
professional competence Its user friendly format presents teachers with a valuable resource by offering strategies that can  
be easily applied in the elementary classroom Inservice Elementary Teachers K 5      **Human Resource Management** John  
M. Ivancevich,2001 Human Resource Management HRM takes a managerial orientation and is viewed as being relevant to  
managers in every unit project or team Managers are constantly faced with HRM issues problems and decision making and  
the text s primary goal is to show how each manager must be a human resource problem solver and diagnostician This book  
pays attention to the application of HRM approaches in real organizational settings and situations Realism understanding  
and critical thinking were important in the revision Users have continuously been satisfied with the consistent writing style  
and level of presentation      *Journal of Education* ,1891      Exceptional Child Education Resources ,1982

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