

How to Write a Psychology Case Study

Examples, Tips, and Guidelines

By [Kendra Cherry](#) | Medically reviewed by [a board-certified physician](#) | Updated March 14, 2019

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At some point in your study of psychology, you may be required to write a case study. These are often used in clinical cases or in situations when lab research is not possible or practical. In undergraduate courses, these are often based on a real individual, an imagined individual, or a character from a television show, film, or book.

The specific format for a case study can vary greatly. In some instances, your case study will focus solely on the individual of interest. Other possible requirements include citing relevant research and background information on a particular topic. Always consult with your instructor for a detailed outline of your assignment.

What Is a Case Study?

Sample Psychology Case Study Paper

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