

Overview

"Elena" is an early poem by the Chicana poet Pat Mora. It appears in Mora's first poetry collection *Chants* (1984), which explores the experiences of Chicanos and Chicanas, Americans of Mexican descent. In that collection and throughout her work, Mora is interested in the lives of individuals who must negotiate multiple cultures and languages. "Elena" is a persona poem, which presents the words or thoughts of a well-defined speaker who is not the poet. Elena is a woman who grew up in Mexico but moved to the United States with her husband and children. She is determined to learn English because her children increasingly communicate in that language, and Elena wants to understand them and be as close to them as she was back in Mexico. The poem vividly conveys linguistic and psychological challenges that many immigrants face as they adjust to their new life in the United States, especially women with traditional upbringing who must develop determination and strength to emancipate themselves from gender stereotypes.

Poet Biography

Pat Mora was born in 1942 in El Paso, Texas, where her grandparents had moved from Northern Mexico. She grew up in a bilingual family, so she was equally immersed in English and Spanish from an early age. Her literary work reflects her comfort in and love for both languages. Mora has worked as a teacher, college administrator, and museum director. She is also a popular speaker, promoting literacy, reading, creativity, and inclusivity. In 1996, she founded *Children's Day, Book Day* (*El día de los niños, El día de los libros*), a yearlong initiative to bring the joy of reading into the lives of all children, which culminates in a nationwide yearly celebration on April 30th. Mora is a recipient of numerous awards, two honorary doctorates, and a poetry fellowship from the National Endowment for the Arts. She is also an honorary member of the American Library Association.

Mora has published dozens of books, including poetry, nonfiction, and books for children. Her early collections of poems—*Chants* (1984) and *Borders* (1985)—focus on the experiences of Americans of Mexican descent (Chicanos and Chicanas). She broadened her scope in later work, but the value of Mexican heritage and the peculiarities of bicultural existence remain her central themes, which she explores in *Agua Santa/Holy Water* (1997), *Adobe Odes* (2006), *Encantado: Desert Monologues* (2018), and other books of poetry. In 1997, she published *House of Houses*, an exploration of her family history and a celebration of Chicana historical

Selection Study Guide For Elena

Daniela Niemeyer



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