



KWAZULU-NATAL PROVINCE
EDUCATION
REPUBLIC OF SOUTH AFRICA

**NATIONAL
SENIOR CERTIFICATE**

GRADE 11

PHYSICAL SCIENCES: PHYSICS (P1)

NOVEMBER 2023

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web jul 21 2016 in der schwangerschaft sollten mindestens 1 5 bis 3 liter flüssigkeit pro tag getrunken werden am besten ist wasser aber auch verdünnte säfte oder saftschorlen oder ungesüßte tees sind empfehlenswert dass alkohol tabu ist versteht sich von selbst