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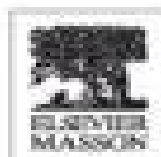
Madeleine Beaudry
Jean-Marie Boisvert
Noëlla Jarrouse
Gilles Trudel

Sexualité, couple et TCC

Les difficultés conjugales

VOLUME 2

- Dysharmonies conjugales
- Vie conjugale et sexuelle des aînés
- Sexualité et traumatismes
- Dépendances affectives



Sexualité Couple Et Tcc Volume Les Difficultés Conjugales

**François-Xavier Poudat, Madeleine
Beaudry, Jean-Marie Boisvert, Noëlla
Jarrousse**

Sexualité Couple Et Tcc Volume Les Difficultés Conjugales:

Sexualité, couple et TCC. Volume 2 : les difficultés conjugales François-Xavier Poudat, Madeleine Beaudry, Jean-Marie Boisvert, Noëlla Jarrousse, Gilles Trudel, 2011-12-19 L'utilisation des TCC en sexothérapie et en thérapie de couple a démontré son efficacité dans la résolution des problèmes sexuels et des dysharmonies conjugales. Cet ouvrage illustre de nombreux cas cliniques présente les prises en charge classiques en thérapie comportementale et cognitive intégrant les courants les plus récents, trois méthodes, outils stratégiques et solutionnistes et d'autres techniques comme la sophro-hypnose et l'EMDR Eye Movement Desensitization and Reprocessing. Il conserve les principes d'apprentissage ainsi que les données de l'expérience scientifique et détaille l'analyse fonctionnelle la définition d'objectifs, l'évaluation et les traitements. Ce volume 2 est consacré à la relation de couple et aux difficultés qui s'y rattachent. La première partie est dédiée aux dysharmonies conjugales, les hypothèses explicatives des difficultés de couple, leur évaluation et les thérapies de couple y sont détaillées. Les auteurs ont associé aux protocoles classiques de TCC une lecture plus spécifiquement motionnelle de pleine conscience et d'acceptation. La deuxième partie présente trois contextes de vie où la sexualité et le couple sont au centre de bouleversements psychophysiologiques : la sexualité des adolescents, le retentissement sexuel et affectif après le cancer, les conséquences sexuelles conjugales après un trauma sexuel. La troisième partie développe le concept de dépendances affectives, notion intégrant certaines conduites addictives et compulsives de séduction de fusion conjugale d'intensité ou de passion. Cet ouvrage crit par des experts en sexothérapie et TCC est un outil précieux destiné aux professionnels de santé mentale, sexothérapeutes, thérapeutes de couple et médecins qui y trouveront les informations les plus récentes tant sur le plan clinique que thérapeutique. La troisième partie développe le concept de dépendances affectives, notion intégrant certaines conduites addictives et compulsives de séduction de fusion conjugale d'intensité ou de passion. Cet ouvrage crit par des experts en sexothérapie et TCC est un outil précieux destiné aux professionnels de santé mentale, sexothérapeutes, thérapeutes de couple et médecins qui y trouveront les informations les plus récentes tant sur le plan clinique que thérapeutique.

Sexualité, couple et TCC. Volume 1 : les difficultés sexuelles François-Xavier Poudat, Sylvie Aubin, François de Carufel, Pascal de Sutter, Noëlla Jarrousse, Gilles Trudel, 2011-12-19 L'utilisation des TCC en sexothérapie et en thérapie de couple a démontré son efficacité dans la résolution des problèmes sexuels et des dysharmonies conjugales. Cet ouvrage illustre de nombreux cas cliniques présente les prises en charge classiques en thérapie comportementale et cognitive intégrant les courants les plus récents, outils stratégiques et solutionnistes et d'autres techniques comme la sophro-hypnose, l'EMDR Eye Movement Desensitization and Reprocessing et la pleine conscience. Il conserve les principes d'apprentissage ainsi que les données de l'expérience scientifique et détaille l'analyse fonctionnelle la définition d'objectifs, l'évaluation et les traitements. Ce volume 1 est consacré aux dysfonctions, obsessions et compulsions sexuelles. La première partie expose les principes de l'analyse fonctionnelle en sexothérapie comportementale selon différentes lectures : comportementale, systémique, cognitive, motionnelle, troisième vague et intègre une réflexion sur l'action du thérapeute.

dans son alliance et son questionnement avec le client la lumière des protocoles actuels la deuxième partie décrit les dysfonctions sexuelles féminines et masculines Enfin la troisième partie est dédiée à l'hypersexualité et aux paraphilies avec un chapitre spécifique sur la pédophilie et la pédosexualité Cet ouvrage écrit par des experts en sexothérapie et TCC est un outil précieux destiné aux professionnels de santé mentale sexothérapeutes thérapeutes de couple et médecins qui y trouveront les informations les plus récentes tant sur le plan clinique que thérapeutique

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