# Volleyball Unit Test

Name

Period Grade

Teacher Mr. Misch (please circle the correct answer)



What is the ideal order of hits that would take place after a serve?

A) set, bump, spike spike, set

B) bump, set, spike C) spike, bump, set

D) bump.

2. Which is not a cue when setting?

A) get in forward stride position

B) form a window with hands above the face

C) contact the ball with the forearms

D) follow through in the direction of the intended flight

3. Which is not a cue for the bump pass?

A) get in forward stride position

B) interlock hands

C) contact the ball with the finger pads

D) follow through in the direction of the intended flight

4. Which is not a cue for the underhand serve?

A) stand straight up with feet together to start the serve

B) hold the ball in the non dominant hand

C) swing arm like a pendulum

D) transfer weight from rear foot to front foot

5. What is the best hit to use when the ball approaches you waist height or below?

A) bump

B) set C) spike D) underhand serve

# **Physical Education Learning Packets Volleyball Answer**

**CL Gary** 

**Physical Education Learning Packets Volleyball Answer:** 

Unveiling the Power of Verbal Art: An Mental Sojourn through Physical Education Learning Packets Volleyball Answer

In some sort of inundated with screens and the cacophony of quick transmission, the profound energy and emotional resonance of verbal artistry often disappear in to obscurity, eclipsed by the continuous assault of noise and distractions. However, located within the lyrical pages of **Physical Education Learning Packets Volleyball Answer**, a captivating work of fictional beauty that pulses with raw feelings, lies an memorable journey waiting to be embarked upon. Written by a virtuoso wordsmith, this enchanting opus manuals visitors on a psychological odyssey, delicately exposing the latent potential and profound influence embedded within the elaborate internet of language. Within the heart-wrenching expanse of this evocative examination, we will embark upon an introspective exploration of the book is main themes, dissect its fascinating writing type, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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