

QUICK REFERENCE TO PSYCHOTROPIC MEDICATIONS®

DEVELOPED BY JOHN PRESTON, PSY.D., ABPP

To the best of our knowledge recommended doses and side effects listed below are accurate. However, this is meant as a general reference only, and should not serve as a guideline for prescribing of medications. Please check the manufacturer's product information sheet or the P.D.R. for any changes in dosage schedule or contraindications. (Brand names are registered trademarks.)

ANTIDEPRESSANTS

| Generic | NAMES | Brand | Usual Daily Dosage Range | Sedation | AChT ¹ | HE | Selective Action On Neurotransmitters ² | |
|-----------------------|-------------------------------|-------|--------------------------|----------|-------------------|------|--|-----|
| | | | | | | | 5-HT | DA |
| imipramine | Tofranil | | 150-300 mg | mid | mid | ++ | +++ | 0 |
| desipramine | Norpramin | | 150-300 mg | low | low | ++++ | 0 | 0 |
| amitriptyline | Elavil | | 150-300 mg | high | high | ++ | ++++ | 0 |
| nortriptyline | Aventyl, Pamelor | | 75-125 mg | mid | mid | +++ | ++ | 0 |
| doxepin | Anafanil | | 150-250 mg | high | high | 0 | ++++ | 0 |
| trazodone | Desynel, Oleptro | | 150-400 mg | mid | none | 0 | ++++ | 0 |
| nefazodone | Generic Only | | 100-300 mg | mid | none | 0 | +++ | 0 |
| fluoxetine | Prozac ³ , Sarafem | | 20-80 mg | low | none | 0 | ++++ | 0 |
| bupropion | Wellbutrin ⁴ | | 150-400 mg | low | none | ++ | 0 | ++ |
| sertraline | Zoloft | | 50-200 mg | low | none | 0 | ++++ | + |
| paroxetine | Paxil | | 20-50 mg | low | low | + | ++++ | 0 |
| venlafaxine | Effexor ⁴ | | 75-350 mg | low | none | +++ | +++ | + |
| desvenlafaxine | Pristiq | | 50-400 mg | low | none | +++ | +++ | + |
| fluvoxamine | Luvax | | 50-300 mg | low | low | 0 | ++++ | 0 |
| mirtazapine | Rameron | | 15-45 mg | mid | mid | +++ | +++ | 0 |
| citalopram | Celexa | | 10-40 mg | low | none | 0 | ++++ | 0 |
| escitalopram | Lexapro | | 5-20 mg | low | none | 0 | ++++ | 0 |
| duloxetine | Cymbalta | | 20-80 mg | low | none | +++ | +++ | 0 |
| vilazodone | Viibryd | | 10-40 mg | low | low | 0 | ++++ | 0 |
| atomoxetine | Strattera | | 60-120 mg | low | low | ++++ | 0 | 0 |
| vortioxetine | Brintellix | | 10-20 mg | low | none | + | ++++ | + |
| levomilnacipran | Fetzima | | 40-120 mg | low | none | +++ | +++ | 0 |
| MAO INHIBITORS | | | | | | | | |
| phenelzine | Nardil | | 30-90 mg | low | none | +++ | +++ | +++ |
| tranylcypromine | Parnate | | 20-60 mg | low | none | +++ | +++ | +++ |
| selegiline | Elmsam (patch) | | 6-12 mg | low | none | +++ | +++ | +++ |

¹AChT: Anticholinergic Side Effects

²5-HT: 5-hydroxytryptamine, 5-HT: Serotonin, DA: Dopamine (0 = no effect, + = minimal effect, ++ = moderate effect, +++ = high effect)

³Unexcited, but likely effects

⁴Available in standard formulation and time release (XR, XL or CR). Prozac available in 70mg time released/weekly formulation

BIPOLAR DISORDER MEDICATIONS

| Generic | NAMES | Brand | Daily Dosage Range | Serum ¹ Level | Generic | NAMES | Brand | Dosage | Daily Range | Serum ¹ Level |
|-------------------------|---------------------|-------|---------------------------|--------------------------|---------------|-----------|-------|--------|-------------|--------------------------|
| lithium carbonate | Eskalith, Lithonate | | 600-2400 | 0.6-1.5 | divalproex | Depakote | | | 750-1500 | 50-100 |
| clonazepam ² | | | | | lamotrigine | Lamictal | | | 50-500 | (2) |
| fluoxetine | Symbyax | | 6/25-12/50mg ³ | 2 | oxcarbazepine | Trileptal | | | 1200-2400 | (2) |
| carbamazepine | Tegretol, Equetro | | 600-1600 | 4-10+ | | | | | | |

¹Lithium levels are expressed in mEq/L, carbamazepine and valproic acid levels express in mg/ml

²Serum monitoring may not necessary. ³Not yet established. ⁴Available in: 6/25, 6/50, 12/25, and 12/50mg formulations

ANTI-OBSESSIONAL

| Generic | NAMES | Brand | Dose Range ¹ |
|--------------|----------------------|-------|-------------------------|
| clomipramine | Anafanil | | 150-300 mg |
| fluoxetine | Prozac ² | | 20-80 mg |
| sertraline | Zoloft ³ | | 50-200 mg |
| paroxetine | Paxil ³ | | 20-60 mg |
| fluvoxamine | Luvax ³ | | 50-300 mg |
| citalopram | Celexa ³ | | 10-40 mg |
| escitalopram | Lexapro ³ | | 5-30 mg |
| vilazodone | Viibryd ³ | | 10-40 mg |

¹Often higher doses are required to control obsessional-compulsive symptoms than the doses generally used to treat depression.

PSYCHO-STIMULANTS

| Generic | NAMES | Brand | Daily Dosage ¹ |
|----------------------|----------------------------------|-------|---------------------------|
| methylphenidate | Ritalin | | 5-30 mg |
| methylphenidate | Concerta ² | | 18-54 mg |
| methylphenidate | Mefadate | | 5-60 mg |
| methylphenidate | Methylfen | | 10-60 mg |
| methylphenidate | Daytrana (patch) | | 15-30 mg |
| methylphenidate | Quilvan XR (liquid) ² | | 10-60 mg |
| desmethylphenidate | Focalin | | 5-40 mg |
| desmethylphenidate | Desoxine | | 5-40 mg |
| lisdexamphetamine | Vyvanse | | 30-70 mg |
| d- and l-amphetamine | Adderall | | 5-40 mg |
| modafinil | Provigil, Sparlon | | 100-400 mg |
| armodafinil | Provigil | | 150-250 mg |

¹State: Adult Doses

²Sustained release

Quick Reference Guide Psychotropic Medication

AN Whitehead



Quick Reference Guide Psychotropic Medication:

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