

# NURSING RESTORATIVE PROGRAMS

The Patient-Driven Payment Model (PDPM) is the Medicare payment rule for skilled nursing facilities.

Restorative programs are interventions that enable nursing home residents to reach their highest level of functional abilities to encourage independence and to prevent functional decline.

Restorative programs can be started on admission and at any time when a resident needs assistance with something and has a goal or the potential to maintain or improve function.

Both nurses and therapists are able to set up restorative programs when appropriate. However, it is the nurses that are responsible for monitoring and documentation of progress toward goals. Evaluation or resident participation and progress should be documented by nurses at least weekly.

To be successful and to qualify as a restorative program for MDS purposes, a program must include:

- Determine which restorative program would be appropriate for the individual resident
- Update careplan and orders for completion by aides and assessment by nurses
- Measurable and objective goals
- Evidence of periodic evaluation by licensed nurse
- Supervision by a licensed nurse to ensure completion of at least 15 minutes a day
- Daily charting of completed time by nurses and aides
- 

Restorative plans as indicated on the MDS include the following:

- **Ambulation/Walking**
  - Walking with or without assistive devices
- **Amputation and Prosthetic Care**
  - Putting on, removing, and caring for prosthesis; hygiene and care for amputation site
- **Bathing and Washing**
- **Bed Mobility**
  - Moving to and from a lying position, scooting up or down, turning side to side, positioning self in bed
- **Brace and Splint Assistance**
  - Guidance and directions for application and care or scheduled program or application and removal. Splints and braces may include the following: AFO, arm sling, CAM boot, cast shoe, cervical collar, leg/knee immobilizer, lumbar support brace, palm guards hand split, resting hand splint, TLSO, etc.
- **Communication**
  - Functional skills or assisting resident in using skills or adaptive devices
- **Dressing and Undressing**
- **Eating and/or Swallowing**
  - Feeding oneself or activities to improve or maintain residents ingestion and hydration
- **Grooming**
  - Personal hygiene tasks
- **Range of Motion (Active or Passive)**
  - Maintain flexibility, useful motion, and strength in the joints of the body
- **Toileting Program**
- **Transfers**
  - Moving between surfaces or planes either with or without assistance devices

# Sample Restorative Nursing Program Goals

**Kate Brewer**

A decorative graphic consisting of a light blue horizontal bar with a rounded right end, and a red circular shape partially visible behind it.

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## **Table of Contents Sample Restorative Nursing Program Goals**

1. Understanding the eBook Sample Restorative Nursing Program Goals
  - The Rise of Digital Reading Sample Restorative Nursing Program Goals
  - Advantages of eBooks Over Traditional Books
2. Identifying Sample Restorative Nursing Program Goals
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Sample Restorative Nursing Program Goals
  - User-Friendly Interface
4. Exploring eBook Recommendations from Sample Restorative Nursing Program Goals
  - Personalized Recommendations
  - Sample Restorative Nursing Program Goals User Reviews and Ratings

- Sample Restorative Nursing Program Goals and Bestseller Lists
- 5. Accessing Sample Restorative Nursing Program Goals Free and Paid eBooks
  - Sample Restorative Nursing Program Goals Public Domain eBooks
  - Sample Restorative Nursing Program Goals eBook Subscription Services
  - Sample Restorative Nursing Program Goals Budget-Friendly Options
- 6. Navigating Sample Restorative Nursing Program Goals eBook Formats
  - ePub, PDF, MOBI, and More
  - Sample Restorative Nursing Program Goals Compatibility with Devices
  - Sample Restorative Nursing Program Goals Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Sample Restorative Nursing Program Goals
  - Highlighting and Note-Taking Sample Restorative Nursing Program Goals
  - Interactive Elements Sample Restorative Nursing Program Goals
- 8. Staying Engaged with Sample Restorative Nursing Program Goals
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Sample Restorative Nursing Program Goals
- 9. Balancing eBooks and Physical Books Sample Restorative Nursing Program Goals
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Sample Restorative Nursing Program Goals
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Sample Restorative Nursing Program Goals
  - Setting Reading Goals Sample Restorative Nursing Program Goals
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Sample Restorative Nursing Program Goals
  - Fact-Checking eBook Content of Sample Restorative Nursing Program Goals
  - Distinguishing Credible Sources

13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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rigorous survey of the major topics in the field of behavioral economics. An Introduction to Behavioral Economics: : Nick  
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An Introduction to Behavioral Economics CHAPTER 4 Beliefs, Heuristics and Biases. 4.1. The standard model. 117. 4.2.  
Probability estimation. 119. 4.3. Self-evaluation bias. An Introduction to Behavioral Economics 3rd edition An Introduction to  
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