

## **2016-2017 Southwest Middle School 8<sup>th</sup> Grade Boys Basketball Tryout Information**

Thank you for your interest in Southwest Bulldog basketball! Southwest basketball players will emphasize academics, sportsmanship, and athletic excellence. I am very excited about the coming season and am honored to have the opportunity to work with your children.

Tryouts will be held on:	<b>Wednesday</b>	<b>Nov. 30</b>	<b>3:15 – 5:00 (main gym)</b>
	<b>Thursday</b>	<b>Dec. 1</b>	<b>5:30 - 7:00 (main gym)</b>
	<b>Friday</b>	<b>Dec. 2</b>	<b>3:15 - 5:00 (main gym)</b>

Tryouts will be held in the Southwest gymnasium. Please be dressed in appropriate attire (gym shoes, shorts, etc.)

**To participate in the tryout process, each student-athlete must have completed the following requirements by Monday November 28<sup>th</sup> at 3:30 p.m.:**

1. All forms (available in the office or online at the Southwest website) must be current and on file with the school office:
  - a. **Physical examination** form
  - b. **Notarized insurance** form
  - c. **Concussion** form
  - d. **Code of Conduct** signed
  - e. **Tryout/Participation Agreement** signed
  - f. **Grade Report** filled out for every class, signed, and returned to Coach Dye
2. Players who make the team will be asked to pay a **\$50.00 athletic participation fee**. This fee will be billed to you in the mail. Those needing a waiver should contact Lisa Koppes in the school office for details and qualifying information.  
Note: Students who have already participated in a sport at Southwest this year should have items from #1 on file and will **not** need to submit new ones.

**Student-athletes may not participate in tryouts until the information is on file in the office.**

**Tryouts will include, but are not limited to, these components:**

1. **SKILL TESTS:** agility/footwork, vertical leap, shooting, speed, ball handling. Most of these consist of skills that can be counted, timed, or measured.

# Sample Tryout Basketball Letters Made Team

**Cheryl Klein**



## **Sample Tryout Basketball Letters Made Team:**

The Complete Guide to Coaching Girls' Basketball Sylvia Hatchell, Jeff Thomas, 2006-07-13 Coach Hatchell's book is a must read for every girls basketball coach She is fantastic in every phase of the game and I love watching her teams play Roy Williams head men's basketball coach University of North Carolina and Associated Press Coach of the Year 2006 What does it take to turn a good coach into a great one You need to be a teacher a motivator a guru of X's and O's Coach Sylvia Hatchell shows you how she manages all these roles and gives you her winning advice to creating a team of champions Head coach of the University of North Carolina's women's team Coach Hatchell combines the Tar Heels longstanding tradition of basketball greatness with her personal dedication to guiding young women as she teaches you how to Communicate effectively to get peak performances from 11 to 18 year old girls Teach all the fundamentals of the game and run a productive high energy practice Develop a formidable offense and tenacious defense Master 75 of her favorite drills ranging in difficulty from beginner to advanced      *Seven Letters to Live* By Saitia Faaifo, 2008-10 Saitia Faaifo calls it Seven Letters to live by RESEPECT You'll call it the most significant and inspirational book you ever read If you ever dreamed of a book that demonstrates the true essence of Respect and how to achieve the extraordinary quality of life you desire and deserve while mastering your personal and professional life Then this Book is for you Saitia Faaifo has proved to thousands over and over through his Books CD's and seminars around the country that by harnessing and practicing the Universal language called Respect as well as adapting a Yes I can Attitude and a relentless commitment to your goals you can and will live the life you always dreamed of In his book he teaches you The seven letter to live by R E S P E C T How to demonstrate Respect at work How to face your fears and do it anyway How your Network will determine your Net worth How to create instant rapport with anyone you meet Discover your purpose in life Develop a specific plan for achieving your goals      The Magic Words Cheryl Klein, 2016-09-06 This master class in writing children's and young adult novels will teach you everything you need to know to write and publish a great book The best children's and young adult novels take readers on wonderful outward adventures and stirring inward journeys In The Magic Words editor Cheryl B Klein guides writers on an enjoyable and practical minded voyage of their own from developing a saleable premise for a novel to finding a dream agent She delves deep into the major elements of fiction intention character plot and voice while addressing important topics like diversity world building and the differences between middle grade and YA novels In addition the book's exercises questions and straightforward rules of thumb help writers apply these insights to their own creative works With its generous tone and useful tools for story analysis and revision The Magic Words is an essential handbook for writers of children's and young adult fiction      **On the Court with ... Shaquille O'Neal** Matt Christopher, 2009-12-19 Describes the life and career of the basketball superstar and center for the Los Angeles Lakers      **We Were the All-American Girls** Jim Sargent, 2013-04-26 Here are 42 interviews with women who competed in the All American Girls Professional Baseball League Each interview features data about the player a

short summary of her athletic career and the player's recollections. A brief history covers the many changes as the league evolved from underhand pitching with a 12 inch circumference ball in 1943 to overhand pitching adopted in 1948 through the circuit's final year 1954 when a regulation baseball was introduced. The interviews range from 1995 to 2012 and reveal details of particular games, highlights of individual careers, the camaraderie of teammates, opponents and fans, and the impact the League made on their lives. Several players recall how the 1992 movie *A League of Their Own* brought the historic All American League back to life almost 40 years after the final game was played.

**Against All Odds** Larry Black, 2011-02

*Against All Odds* is a fictional novel with a heartwarming story about Little Pete, the youngest of five children in the Scroggins family. The setting is rural northeast Texas during the late 1950s. Little Pete found a passion for basketball and was anxious to play for the new high school coach of the Little Hope Eagles, but the odds started to build against him as he lost the use of his right hand in an accident. However, with the Scroggins' strong-willed determination and drive, Little Pete developed left-handed skills to overcome the odds. As he neared the end of high school career, Little Pete was heavily recruited by a host of colleges to come and be a part of their basketball program. While the future looked bright for Little Pete with a newly defined goal of playing college and later professional basketball, life continued to deal him a heavy blow as he became paralyzed with polio. Little Pete was forced to decide between quitting and giving up on his dream and persevering and overcoming the odds. This story is full of emotions as you fall in love with Little Pete. You will laugh and cry as the events in his life unfold. After reading this book, it is hoped that you will view your struggles in life from a better perspective.

**Right Kind of Wrong** Amy C. Edmondson, 2023-09-05

Winner of the Financial Times and Schrodgers Business Book of the Year 2023. A Behavioral Scientist Notable Book of 2023. A revolutionary guide that will transform your relationship with failure from the pioneering researcher of psychological safety and award-winning Harvard Business School professor Amy Edmondson. We used to think of failure as the opposite of success. Now we're often torn between two failure cultures: one that says to avoid failure at all costs, the other that says fail fast, fail often. The trouble is that both approaches lack the crucial distinctions to help us separate good failure from bad. As a result, we miss the opportunity to fail well. After decades of award-winning research, Amy Edmondson is here to upend our understanding of failure and make it work for us. In *Right Kind of Wrong*, Edmondson provides the framework to think, discuss, and practice failure wisely. Outlining the three archetypes of failure: basic, complex, and intelligent, Amy showcases how to minimize unproductive failure while maximizing what we gain from flubs of all stripes. She illustrates how we and our organizations can embrace our human fallibility, learn exactly when failure is our friend, and prevent most of it when it is not. This is the key to pursuing smart risks and preventing avoidable harm. With vivid real-life stories from business, pop culture, history, and more, Edmondson gives us specifically tailored practices, skills, and mindsets to help us replace shame and blame with curiosity, vulnerability, and personal growth. You'll never look at failure the same way again.

**Student Workbook for Inter-Act: Interpersonal Communication Concepts, Skills, and Contexts, 10th Ed** Kathleen S.

Verderber, Mary Hoeft, Rudolph F. Verderber, Sharon Rubin, 2003-08-14 Available with the tenth edition of Inter Act is a revised student workbook written by Mary Hoeft and Sharon Rubin both at the University of Wisconsin Barron County This workbook offers a wealth of material that reinforces text content For each chapter students will find an interactive chapter outline a key terms list six engaging exercises helpful URLs and a chapter quiz An invaluable student resource **Always an Athlete** Jenne Blackburn, 2023-11-03 Always an Athlete is a comprehensive study of the ways in which athletes climb what author Jenn Blackburn terms The Mountain the journey from youth sports through high school and college sports to finally professional and Olympic sports This steady climb and success over a long period of time however sets up athletes for an inevitable fall off The Cliff upon their retirement from competition To help athletes in transition Blackburn identifies Three Pillars of the Cliff Mental Health Physical Health and Athlete Identity and describes the issues that athletes have in each of these areas after they retire After training sacrificing and devoting years even decades to a sport athletes at every level will struggle within these three pillars Blackburn believes that athletes must evolve from a competition mindset to a wellness mindset and match their new lifestyles in order to soften this transition into the real world Fortunately the Inner Athlete honed over many years of training and competition can show up as a Parachute as athletics recede and other priorities rise to the forefront of their new life Ultimately Blackburn proposes cycling as a foundation and universal tool to help retired athletes resolve a lingering loss of identity mental health issues such as anxiety and depression and complications due to unchanged diet and exercise habits when they transition out of a performance purposed existence She advocates for fun community bike rides adjacent to sporting events and franchises to bring sports communities together around this critical yet overlooked topic for all athletes life after competitive sports John Updike's Early Years Jack De Bellis, 2013-01-11 John Updike s Early Years first examines his family then places him in the context of the Depression and World War II Relying upon interviews with former classmates the next chapters examine Updike s early life and leisure activities his athletic ability social leadership intellectual prowess comical pranks and his experience with girls Two chapters explore Updike s cartooning and drawing and the last chapter explains how he modeled his characters on his schoolmates Lists of Updike s works treating Pennsylvania and a compilation of contributions to his school paper are included along with profiles of all students faculty and administrators during his years at Shillington High School **1947** Richard A. Leiby, 2025-01-27 World War II ended in 1945 but its effects were still being felt long after the surrender of Nazi Germany and Imperial Japan Shortages in food energy and industrial production continued to plague much of the world especially Europe where strained economies teetered on the verge of collapse As millions of war weary people across the globe struggled to build a better future the decisions made in 1947 proved crucial in ending the wartime milieu and ushering in a new and more stable age This book explores a wide variety of topics ranging from U S politics and international relations to big band jazz music race relations in sports and television technology to tell the story of a world in transition While focusing on the experiences of less well known

individuals who are often excluded from histories of the period the author combines information from interviews with archival and secondary sources to explain why 1947 was a pivotal year in the emergence of the contemporary world

**Congressional Record** United States. Congress,1996      *Valentine King* Earnest Lee,Mikah Reign,2024-01-26 The Police King Fort Worth Police Department Detective Thaddeus King is once again in pursuit of a serial killer On February 14 2018 a day for love has turned into a day of death for the city of Fort Worth Thaddeus King the city s most elite detective must embark on his most dangerous murder case A blood thirsty killer is on the loose who is far from anything Detective King has seen in his 30 years with Fort Worth PD Will King be able to stop this vicious menace before another citizen is slaughtered Police Detective Thaddeus King a native of Fort Worth Texas wrestles with licentious impulses resentment of policing disproportionately targeting minorities and personal obligation to combat evil in his community In *Valentine King* Thaddeus aims to apprehend a savage serial murderer who brutally exterminates the lives of unsuspecting victims on Valentine s Day Though the killer s identity remains a mystery his intimidating stature raw strength lightning speed and muscular build might convince you he was a professional wrestler While Detective King passionately pursues the killer he is distracted by the celebration of lover s day and his birthday which coincidentally happens to be February 14th As years go by and the killer s reign continues on this holiday of affection expression King grapples with being a faithful lover to his girlfriend while his commitment to the Valentine s Day murder cases is unwavering Suddenly the COVID pandemic changes the landscape of our society and has a great impact on Detective King s murder investigation Despite the Coronavirus global disease spread King is undeterred and resolute to end the murderer s expanding plague of death Can Thaddeus King stop the Happy Valentine s Day Killer or will the HVDK pierce Thad s heart with a deadly broadhead arrow tip released from his Cupid s bow      Boys' Life ,1976-10 Boys Life is the official youth magazine for the Boy Scouts of America Published since 1911 it contains a proven mix of news nature sports history fiction science comics and Scouting      Army and Navy Journal ,1927      Routledge Handbook of Coaching Children in Sport Martin Toms,Ruth Jeanes,2022-12-23 The Routledge Handbook of Coaching Children in Sport provides a comprehensive and extensive range of critical reflections of key areas impacting on children s sport and coaching up to the age of 16 With coaching related chapters authored by academic across various disciplines including nutrition psychology pedagogy medicine youth development and sociology the text provides detailed reviews of the existing state of research and consideration of the implications of these particular factors upon parents coaches administrators and clearly the young people themselves as well as recommendations for future research This new volume provides in depth investigation to key topics of coaching topics such as Learning and Child Development Protecting Young Athletes Talent Identification and Development and Inclusive Coaching and finally introduce a broad array of contextual considerations for coaches from considering professional learning through to coaching in particular contexts This book is more than simply an academic text and it offers insights that will further inform practice in children s sport coaching

The handbook is relevant for students UG PG researchers academics parents coaches and administrators as well as those interested in children s sport coaching and the related topics therein Martin Toms PhD is a senior lecturer associate professor in the School of Sport Exercise and Rehabilitation Sciences at the University of Birmingham UK A former professional sports coach with an MPhil and PhD exploring the sociological issues of young people in junior sport Martin has been heavily involved in juniors sport all of his adult life He has published widely and presented extensively around the world on youth sport including working on international projects and for NBGs Federations and National Governmental organisations He has gained European and SCUK funding for youth and coaching related projects as well as being involved in international consultancy He is a co editor of the European Journal for Sport and Society as well as the current Editor in Chief of the International Journal of Golf Science Ruth Jeanes PhD is an associate professor in the Faculty of Education at Monash University Australia Ruth s research examines inclusion and exclusion within youth sport particularly examining how sport can be used to achieve broader social policy objectives targeted at young people Within this she is particularly interested in the role of coaches in facilitating broader social outcomes for young people Ruth has published extensively in these areas with over 100 publications across journal articles book chapters and books She is widely cited and has been successful in securing extensive funding for her research including two highly competitive Australian Research Council grants

United States Olympic Book United States Olympic Committee,1953 Issues for include reports of the Olympic winter games

*Coaching Girls' Basketball Successfully* Jill Prudden,2006 Learn to coach girls basketball from one of the most successful U S high school coaches In *Coaching Girls Basketball Successfully* veteran coach Jill Prudden explains the methods she has used to win more than 700 games and send dozens of female players to the collegiate level including Olympian Jennifer Azzi Packed with insights plays and drills this comprehensive book presents the tactics for leading an effective program as it specifically relates to girls teams Not only will you find the skills and drills to help your team improve on the court but you will also discover the foundational issues of developing a philosophy motivating evaluating and communicating with players and staff Sample forms charts and checklists help you organize and manage teams on a daily weekly monthly and seasonal basis Through Prudden s expert guidance and compelling anecdotes you will learn to identify and put into play the unique team dynamics of girls basketball *Coaching Girls Basketball Successfully* will show you how to build a winning program and team year in and year out

*The Columbian* ,1925 **News** University of Minnesota. School of Agriculture,1929

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