

SOAP NOTE

Differential Diagnosis for Skin Conditions

Skin Condition Picture # 5

Patient Initials: __AJ__

Age: __24__

Gender: __F__

SUBJECTIVE DATA:

Chief Complaint (CC): Painful rash and joint pain

History of Present Illness (HPI): Anna James is a 24-year-old Caucasian female who presents today with a new onset of a painful plaque-like rash and joint pain 3 weeks ago. She reports she first noticed the rash on her knees and it has now developed on her elbows and scalp. She also reports that the rash is sore and slightly itchy. Anna has also noticed achy joints as well throughout the last 3 weeks. She reports that stressful situations seem to exacerbate the issue. She has changed laundry detergent and noticed no improvements in the rash, and she has also been taking Ibuprofen 400mg 3 times a day most days with little relief in pain. Anna reports the severity of her rash and joint pain to be 6/10.

Medications:

- 1 Over-the-Counter Ibuprofen 400mg PO every 6 hours as needed
- 2 Women's Multivitamin 1 tablet PO daily
- 3 Ortho Tri-Cyclin 1 tablet PO daily

Allergies: No known drug or food allergies.

Sample Soap Note For Skin Rash

Lei Huang

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the name bar.

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