

First Responder Final Knowledge Evaluation

Version A

2011



Canadian Red Cross

Please do not write on this sheet. Indicate your answers on the answer sheet provided.

1. What should you, as a responder, do if a conscious, mentally competent 30-year-old refuses your offer to provide care for non life-threatening injuries?
 - a) Request law enforcement personnel to place the person in protective custody
 - b) Contact the person's personal physician
 - c) Repeat your request to help
 - d) Immediately leave the scene
2. Which of the following is NOT a major responsibility of responders?
 - a) Ensuring self and bystander safety
 - b) Summoning advanced medical personnel
 - c) Gaining access to the person
 - d) Diagnosing a person's specific problem
3. In comparison to the chest, the neck is said to be _____, whereas the pelvis is _____.
 - a) anterior; posterior
 - b) distal; proximal
 - c) superior; inferior
 - d) lateral; medial
4. If you suspect you have been exposed to infected blood or other bodily fluids during emergency care, the first step you should take is to:
 - a) document the situation in which the exposure occurred
 - b) clean and disinfect all your contaminated equipment
 - c) wash the area of contact with soap and water
 - d) contact your medical director or physician for advice
5. Which of the following is the pulse point most frequently used to determine pulse rate and quality on a conscious person during the secondary survey?
 - a) Radial artery
 - b) Temporal artery
 - c) Carotid artery
 - d) Popliteal artery
6. The normal breathing rate for an adult at rest is:
 - a) 5 to 10 breaths per minute
 - b) 12 to 20 breaths per minute
 - c) 16 to 24 breaths per minute
 - d) 20 to 32 breaths per minute
7. The purpose of the secondary survey is to:
 - a) find injuries or conditions that are not immediately life threatening
 - b) determine if the person is bleeding severely
 - c) survey the scene for hazardous conditions
 - d) find out if the person has medical insurance
8. When taking a blood pressure, the point at which the pulse is first heard as the pressure in the cuff is released indicates the:
 - a) diastolic pressure
 - b) arterial pressure
 - c) systolic pressure
 - d) venous pressure
9. The ideal rate for mouth-to-mask ventilations for babies is:
 - a) 1 ventilation every second
 - b) 1 ventilation every 3–5 seconds
 - c) 1 ventilation every 5–6 seconds
 - d) 2 ventilations every 3 seconds
10. For which condition should you give rescue breathing?
 - a) Respiratory distress
 - b) Cardiac arrest
 - c) Asthma
 - d) Respiratory arrest
11. A person is trying to breathe but only making high-pitched noises. You should:
 - a) lower the person to the floor, look in the mouth, give ventilations and chest compressions
 - b) deliver 5 firm back blows followed by 5 abdominal thrusts until the obstruction is cleared or the person becomes unconscious
 - c) encourage the person to continue coughing to try to dislodge the object
 - d) open the airway using the head-tilt/chin-lift

Red Cross First Responder Exam Sample Questions

Kristen L. O'Shea



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Pamphlet, No. 1- United States. Office of Education,1930

School Bus Drivers E. Glenn Featherston,1946

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