

NUR 245

Complete Physical Examination

Date: 06/20/18

Student: Samuel Kollmorgen

Patient Initials: H.K. **Age:** 25 **Gender:** Male

Occupation: Student

General Survey of Patient

1. **Appears stated age:** Pt seems appropriate for stated age.
2. **Level of consciousness:** Pt is alert and oriented x3
3. **Skin color:** PWD, appropriate appearance for stated age and ethnicity
4. **Nutritional status:** Stated dietary intake is adequate, pt seems well nourished.
5. **Posture and position:** Upright, erect posture. No abnormalities detected.
6. **Obvious physical deformities:** No obvious physical deformities seen.
7. **Mobility:** Normal gait and posture, pt is mobile w/o assistive device.
8. **Facial expression:** No signs of distress, pain, or anxiety. Face symmetrical.
9. **Mood and affect:** Pt is content and displays a normal affect.
10. **Speech:** Pt's speech is appropriate and understandable.
11. **Hearing:** Pt does not state to have any issues hearing.
12. **Personal hygiene:** Pt is well groomed and appropriately dressed.

Measurements and Vital Signs

1. **Weight:** 178 lbs
2. **Height:** 70 in.
3. **Body mass index:** 25.5
4. **Vision using Snellen eye chart:** 20/20 bilaterally with corrective lenses.
5. **Radial pulse, rate, and rhythm:** 78, 2+ radial pulses RRR
6. **Respirations, rate, depth:** 16, Normal work of breathing
7. **Blood pressure:** 136/72 right arm, sitting.
8. **Temperature (if indicated):** N/A
9. **Pain assessment:** 0/10

Skin

1. **Hand and nails:** No clubbing or deformities, cap refill < 2 sec, skin PWD, nail beds pink.

Color and pigmentation: Color tan-pink, even pigmentation, no lesions noted.

Temperature: Warm

Moisture: Dry

Texture: Smooth

Turgor: Good turgor, no signs of tenting.

Any lesions: No notable lesions.

Head and Face

Physical Exam Documentation Example

L Reisser



Physical Exam Documentation Example:

The book delves into Physical Exam Documentation Example. Physical Exam Documentation Example is an essential topic that needs to be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Physical Exam Documentation Example, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:

- Chapter 1: Introduction to Physical Exam Documentation Example
- Chapter 2: Essential Elements of Physical Exam Documentation Example
- Chapter 3: Physical Exam Documentation Example in Everyday Life
- Chapter 4: Physical Exam Documentation Example in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Physical Exam Documentation Example. The first chapter will explore what Physical Exam Documentation Example is, why Physical Exam Documentation Example is vital, and how to effectively learn about Physical Exam Documentation Example.
3. In chapter 2, this book will delve into the foundational concepts of Physical Exam Documentation Example. The second chapter will elucidate the essential principles that must be understood to grasp Physical Exam Documentation Example in its entirety.
4. In chapter 3, this book will examine the practical applications of Physical Exam Documentation Example in daily life. This chapter will showcase real-world examples of how Physical Exam Documentation Example can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Physical Exam Documentation Example in specific contexts. This chapter will explore how Physical Exam Documentation Example is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, the author will draw a conclusion about Physical Exam Documentation Example. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Physical Exam Documentation Example.

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