

Volleyball Unit Test

Name _____

Period _____ Grade _____

Teacher Mr. Misch (please circle the correct answer)



1. What is the ideal order of hits that would take place after a serve?

- A) set, bump, spike B) bump, set, spike C) spike, bump, set D) bump, spike, set

2. Which is not a cue when setting?

- A) get in forward stride position
B) form a window with hands above the face
C) contact the ball with the forearms
D) follow through in the direction of the intended flight

3. Which is not a cue for the bump pass?

- A) get in forward stride position
B) interlock hands
C) contact the ball with the finger pads
D) follow through in the direction of the intended flight

4. Which is not a cue for the underhand serve?

- A) stand straight up with feet together to start the serve
B) hold the ball in the non dominant hand
C) swing arm like a pendulum
D) transfer weight from rear foot to front foot

5. What is the best hit to use when the ball approaches you waist height or below?

- A) bump B) set C) spike D) underhand serve

Physical Education Learning Packets Volleyball Answer

G Psacharopoulos



Physical Education Learning Packets Volleyball Answer:

Unveiling the Magic of Words: A Review of "**Physical Education Learning Packets Volleyball Answer**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is really awe-inspiring. Enter the realm of "**Physical Education Learning Packets Volleyball Answer**," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound affect on the souls of its readers.

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