

Physical Education Rubrics

UNDERARM THROW ASSESSMENT				
Name: _____				
A	B	C	D	E
Performs an underarm throw accurately, with a smooth back swing from shoulder, with effective weight transfer forward and a well timed release.	Performs an underarm throw to an intended target, with suitable backswing from the shoulder, some weight transfer forward and a well timed release.	Performs an underarm throw to an intended target, with some backswing and a controlled release, over a short distance.	Focuses on the target when performing an underarm throw but uses an ineffective motion and ill-timed release that lacks control.	Does not meet the requirement of a D grade.
Comments: _____				
Copyright © 2014				

All Fundamental Movement Skills are listed and able to be assessed in a simple and easy to use package

Assess ANY activity or game for any year level

	A - Superior 5	B - Very Good 4	C - Satisfactory 3	D - Below Average 2	E - Poor 1
Fundamental Movement Skills - Locomotor	Consistently demonstrates accurate and body control when performing locomotor skills in individual activities and in game situations.	Demonstrates balance and body control when performing locomotor skills in individual activities and in game situations.	Demonstrates balance and body control when performing locomotor skills in individual activities and in game situations.	Usually demonstrates balance and some body control when performing locomotor skills in individual activities.	Does not meet the requirements of a D grade.
Fundamental Movement Skills - Object Control (Striking/Throwing)	Performs striking/throwing skills with control and accuracy in individual activities and in game situations.	Performs striking/throwing skills with control and accuracy in individual activities and in game situations.	Performs striking/throwing skills with control and accuracy in individual activities and in game situations.	Usually performs striking/throwing skills with some control and accuracy in individual activities.	Does not meet the requirements of a D grade.
Fundamental Movement Skills - Object Control (Curling)	Consistently catches from short or medium distances with control and accuracy in game situations.	Consistently catches from short or medium distances with control and accuracy in game situations.	Usually catches from short or medium distances with control and accuracy in game situations.	Usually catches from short distances with control and accuracy in game situations. Often handles catches from the short or medium distances.	Does not meet the requirements of a D grade.
Fundamental Movement Skills - Object Control - Throwing	Performs over short distances with control and accuracy in individual activities and in game situations.	Usually throws an appropriate throw to suit requirements in individual activities and in game situations.	Throws accurately over short distances with control and accuracy in game situations.	Throws over short distances with control and accuracy in game situations.	Does not meet the requirements of a D grade.

• pre-K to Year 6

- Customisable and editable
- The ability to assess 100+ Games - Digital and Non-Digital

Physical Education Elementary Rubrics

Rovegno, Dianna Bandhauer



Physical Education Elementary Rubrics:

Physical Education Methods for Elementary Teachers Katherine T. Thomas, Amelia M. Lee, Jerry R. Thomas, 2008 The authors show non specialists how to develop a realistic and workable approach to teaching physical education The book makes physical education worthwhile practical and fun for students and teachers The text provides the reader with a basic physical education curriculum and suggestions for how to implement this *Building Effective Physical Education Programs* Deborah Tannehill, Dr Hans Van Der Mars, Ann MacPhail, 2013-10-21 Building Effective Physical Education Programs is a unique text focused on designing and delivering school physical education programs The text succeeds in helping pre service novice and more experienced teachers to understand the essential components necessary to create and deliver impactful physical education programs within their school or organization Through its use of engaging learning experiences found in each chapter this text is ideal for use across various physical education teacher courses and teacher professional development programs Written for an international audience Building Effective Physical Education Programs acknowledges both the similarities and differences of physical education programs from country to country International case studies are included to further illustrate worldwide practices This text is appropriate for the student who is interested in the field of physical education as well as the seasoned professional with years of experience Key Features Learning Experience boxes help readers apply knowledge gained from the text to real world practice by utilizing activities and critical thinking questions to drive comprehension An international perspective on physical education provides a global viewpoint and gives students a broad context for different program types A focus on current trends and issues makes this text relevant and timely Ancillaries provide instructors with the tools to implement a successful physical education teacher education course Instructor resources include Instructor s Manual Test Bank and PowerPoint presentations Student resources include Companion website and Student Study Guide **Elementary Physical Education** Inez Rovegno, Dianna Bandhauer, 2016-02-15 The Second Edition of Elementary Physical Education translates the most current research on learning motivation higher order thinking skills and social responsibility into easy to understand concepts and instructional strategies for elementary school physical education The authors have revised updated and re conceptualized the movement approach skill theme approach based on findings that have been shown to increase children s learning and teacher effectiveness **Interdisciplinary Elementary Physical Education** Theresa Purcell Cone, Peter H. Werner, Stephen Leonard Cone, 2009 The popular Interdisciplinary Teaching Through Physical Education is back and better than ever This new edition guides you in integrating the content of language arts math science social studies and the arts music theater arts and visual arts with the content of physical education through active learning experiences This book has the following features It provides 24 learning experiences in the five academic areas 193 additional ideas for developing those learning experiences and 37 new ongoing strategies for teaching physical education through cross curricular methods It is revised and expanded offering you more

teaching tools to supplement support and enhance your teaching It delivers new practical ideas and activities for classroom use based on current theory and best practices In part I you ll learn about the theoretical need for and benefits of interdisciplinary teaching and learning The authors identify models for planning and implementing interdisciplinary experiences and provide ideas for getting started building a support network and assessing learning In part II the authors describe sample learning experiences in each of the five academic disciplines and offer ideas for developing additional learning experiences They also present suggested scope and sequence of concepts for each grade level and describe the concepts and skills that are appropriate for primary and intermediate grade students Interdisciplinary Elementary Physical Education will give your students a wealth of knowledge while they re being active They ll have fun while they conjugate calculate investigate explore dance and move across the curriculum

Teaching Middle School Physical Education

Bonnie S. Mohnsen, 2008 This text describes how to create a programme that addresses the specific needs and capabilities of middle school students while helping them through the transition from childhood to young adulthood This edition is fully updated and revised

Teaching Children Physical Education

George Graham, 2008 Contains brief vignettes of elementary school physical education teachers demonstrating some of the teaching skills described in the book

Introduction to Teaching Physical Education Jane M. Shimon, 2025-04-11 The third edition of Introduction to Teaching Physical Education With HKPropel Access provides comprehensive exploration for students considering majoring or minoring in physical education The text offers the essential content that students need to build a strong base of instructional skills and an understanding of the physical education field and it does so in an engaging manner to motivate future educators This edition incorporates the revised SHAPE America national physical education standards and grade span learning indicators for grades pre K through 12 Other updates reflect the changing nature of education and physical education An increased focus on supporting social and emotional learning SEL in physical education Information about how culturally relevant instruction supports an equitable inclusive and respectful classroom Expanded Teachers Talking Teaching sidebars that offer tips from successful teachers based on current challenges and opportunities A new video interview with the 2023 National Elementary PE Teacher of the Year Randy Spring Additional material regarding technology use in physical education To enhance the learning experience prompts throughout the text direct students to related online materials Fifteen case studies new key term flash cards practical worksheets lesson plan templates discussion questions and reflective prompts serve as tools to facilitate a deeper understanding of the content In Introduction to Teaching Physical Education Third Edition aspiring PE teachers will thoroughly explore physical education topics from both theoretical and practical perspectives Part I outlines the history of physical education including the two main systems that served as the profession s foundation influential concepts and people and current national content standards It also discusses the purpose of physical education and highlights the many teaching and nonteaching duties of physical educators Part II presents the details for effective

teaching of physical education including the steps to organizing and instructing in the gymnasium It also looks at motivational theories and how to prevent misbehavior and positively manage student behavior In part III students learn to plan quality lessons develop safe and successful lessons and use assessment and rubric design to determine whether outcomes or learning targets are achieved Part IV affords students insight into current technology issues that can be used to enhance physical education and it explores the career options available Introduction to Teaching Physical Education Third Edition will help students gain the knowledge and skills they need as they pursue their entry into the teaching profession providing them with a springboard to advance in their coursework This complete but concise text supplies the perfect introduction to the physical education field covering the essentials in an engaging and informative way as students learn to apply the principles of teaching physical education Note A code for accessing HKPropel is not included with this ebook but may be purchased separately

Standards-Based Physical Education Curriculum Development Chair and Professor Georgia State University Atlanta Georgia Jacalyn Lund, Jacalyn Lund, Deborah Tannehill, 2014-04-21 The Third Edition was created around the 2014 National Standards for Physical Education for K 12 education Written by experts with a wealth of experience designing and implementing thematic curriculum this innovative resource guides readers through the process of writing dynamic curriculum in physical education The text begins by looking at the new national standards and then examines physical education from a conceptual standpoint It goes on to examine the development of performance based assessments designed to measure the extent of student learning and explores the various curricular models common to physical education It delves into sport education adventure education outdoor education traditional multi activity fitness and movement education describing each model and how it links with physical education standards New and Key Features of the Third Edition Includes a new Chapter 2 International Perspectives on the Implementation of Standards Includes a new Chapter 4 Building the Curriculum Includes a new Chapter 6 Creating Curricular Assessments Discusses the process of designing a standards based curriculum by developing goals that are based on a sound philosophy Explores assessment and the importance of documenting students progress toward the standard Examines how teachers can provide students with opportunities to achieve their learning goals through challenging and motivating choices

Standards-based Physical Education Curriculum Development Jacalyn Lea Lund, Deborah Tannehill, 2005 Standards Based Physical Education Curriculum Development has been developed around the theme of the National Association of Sport and Physical Education NASPE standards for K 12 physical education This innovative guide has been designed to teach students about the process of writing curriculum in physical education and was written by experts who have had specific experience designing and implementing this thematic curriculum

Organization and Administration of Physical Education Jayne D. Greenberg, Judy L. LoBianco, 2025-03-25 Organization and Administration of Physical Education Second Edition is fully updated with the revised SHAPE America National Physical Education Standards and culturally responsive teaching

practices PE administrators will learn solid foundational theory and practices to implement successful programs

Universal Design for Learning in Physical Education Lauren J. Lieberman,Michelle Grenier,Ali Brian,Katrina Arndt,2021 This groundbreaking text describes how general and adapted PE teachers can implement universal design for learning UDL to create units and lesson plans that are accessible to all students Numerous ready to use plans rubrics and examples will help teachers follow best practices in inclusion *The Dimensions of Physical Education - BOOK ONLY* Lori Ciccomascolo,Eileen Sullivan,2013 The Dimensions of Physical Education is an all in one reader that addresses important issues in physical health and sport education The text assists students in learning the designated content by providing reader friendly scholarly articles and letters that discuss the real issues in the field Instructors are encouraged to use the articles to challenge students to think about how all of the dimensions of physical and health education connect to each other The format of the text allows instructors to select and teach the content of the chapters in any order that meets the needs of their students and courses Topics Covered include The significance of physical education Effective teaching methods Means of motivating students Character education Assessment measurements Technology Gender issues diversity Professional development Service learning Adapted PE *National Standards & Grade-Level Outcomes for K-12 Physical Education* SHAPE America - Society of Health and Physical Educators,2014-03-13 Focused on physical literacy and measurable outcomes empowering physical educators to help students meet the Common Core standards and coming from a recently renamed but longstanding organization intent on shaping a standard of excellence in physical education National Standards allows teachers to see the new standards and the scope and sequence for outcomes for all grade levels at a glance in a colorful easy to read format and provides administrators parents and policy makers with a framework for understanding what students should know and be able to do as a result of their physical education instruction The result is a text that teachers can confidently use in creating and enhancing high quality programs that prepare students to be physically literate and active their whole lives **Teaching Children and Adolescents Physical Education 4th Edition** Graham, George,Elliott, Eloise,Palmer, Stephen,2016-05-13 Expanded to address teaching across elementary middle and high school this resource focuses on what it takes to become a master physical education teacher It includes new research examples technology tips sample task sheets and assessment examples all relevant to K 12 *PE Metrics, 3E* SHAPE America - Society of Health and Physical Educators,2018 PE Metrics Assessing Student Performance Using the National Standards Grade Level Outcomes for K 12 Physical Education Third Edition aligns with SHAPE America s National Standards and Grade Level Outcomes for K 12 Physical Education was created by SHAPE America and its writing team and was reviewed by researchers and teachers with expertise in assessment The result is a text that you can use with confidence as you help develop physical literacy in your students [The Essentials of Teaching Physical Education](#) Stephen A. Mitchell,Jennifer L. Walton-Fisette,2022 The Essentials of Teaching Physical Education Second Edition delivers the vital information future and current physical educators

need to know with a focus on social justice and equity issues It uses a standards based teaching for learning approach and helps readers develop the skills in planning management teaching and assessment they need to begin successful careers

Dynamic Physical Education for Elementary School Children Aaron Beighle, Robert P. Pangrazi, 2023-09-28 Now in its 20th edition Dynamic Physical Education for Elementary School Children continues as a mainstay in the physical education field providing preservice and in service elementary teachers the foundational knowledge needed to teach quality physical education throughout their career This comprehensive elementary methods textbook includes physical activities that meet the Dynamic Physical Education standards and outcomes that can be used in elementary physical education classes New to this edition are QR codes linking readers to over 100 videos showing master teachers using the management strategies fitness routines skill instruction and activities described in the book The text is supplemented by the free interactive website Dynamic PE ASAP which includes a lesson building tool with more than 500 activities a customizable 36 week yearly plan free downloadable instructional signs and assessments and curriculum plans and activity videos Together the book and website put a complete plan for quality physical education at teachers fingertips The book also offers practical teaching tips case studies of real life situations to spark discussion and instructor resources an instructor guide presentation package and test package that make preparing for and teaching a course a breeze The 20th edition has been updated to reflect the latest knowledge and best practices in physical education including the following Dynamic Physical Education standards as a framework for a physical education program Content on equity diversity inclusiveness justice culturally sensitive pedagogy and trauma informed teaching A new chapter on racket related skills for tennis pickleball handball and badminton Additional lifetime activities including golf discs and climbing wall The 20th edition addresses the topics of equity diversity inclusiveness justice culturally sensitive pedagogy and trauma informed teaching based on current thinking and literature Content has been added throughout early chapters to connect the teaching of physical education to issues of equity and justice that are critical for teachers in today s schools With its emphasis on skill development and the promotion of lifelong healthy activity Dynamic Physical Education for Elementary School Children is highly applicable for both physical educators and classroom teachers It is an ideal text to support an elementary methods PE course providing the detail that PETE students need The content is also very accessible to students learning to become elementary education teachers With this latest edition Dynamic Physical Education for Elementary School Children remains the go to book for both preservice and in service teachers just as it has been for more than 50 years

Physical Education Technology Playbook Darla M. Castelli, Leah Fiorentino, 2008 It s widely accepted that the increasing use of technology such as TV and computers has led to a reduction in physical activity But in Physical Education Technology Playbook authors Darla Castelli and Leah Holland Fiorentino show you how to use technology to increase physical activity and enhance learning about health and fitness This book comes with detailed instructions and examples so you can easily incorporate the described technologies into your

teaching From cover *Scoring Rubrics in the Classroom* Judith Arter, Jay McTighe, 2001 A practical guide to more effective assessment for improved student learning Learn how to be more consistent in judging student performance and help your students become more effective at assessing their own learning This book offers a practical approach to assessing challenging but necessary performance tasks like creative writing real world research projects and cooperative group activities Judith Arter and Jay McTighe experts in the field of assessment wrote *Scoring Rubrics in the Classroom* to help you achieve three main goals Clarify the targets of instruction especially for hard to define problem solving Provide valid and reliable assessment of student learning Improve student motivation and achievement by helping students understand the nature of quality for performances and products Each chapter is framed by an essential question and includes illustrative stories practical examples tips and cautions and a summary of key points and recommended resources for further information The resources section contains a wealth of rubrics to adopt or adapt Teachers and administrators will find this an essential resource in increasing teacher effectiveness and student performance Elementary Physical Education Rovegno, Dianna Bandhauer, 2016-02-15 Includes an access code for online materials

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