### :

# WW Friendly Fast Food

Kiddie Cone 2 points Strawberry Poppyseed Salad: 2 points

Panera Bread Chicken Noodle Soup: 3 points

Chipotle Salad Bowl: 3 points



Taco Bell Soft Taco w/ chicken: 3 points



Wendy's Grilled Chicken Sandwich: 7 points



Wendy's Chili (small): 3 points

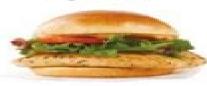




Chick-fil-A Grilled Cool Wrap: 6 points



Chick-fil-A Grilled Nuggets: 0 points



Chick-fil-A Grilled Sandwich: 6 points



Popeye's Mashed Potatoes: 4 points

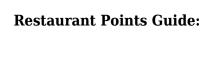






## **Restaurant Points Guide**

**Hussin A.Rothana** 



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