

Volleyball Unit Test

Name _____

Period _____ Grade _____

Teacher Mr. Misch (please circle the correct answer)



1. What is the ideal order of hits that would take place after a serve?

- A) set, bump, spike B) bump, set, spike C) spike, bump, set D) bump, spike, set

2. Which is not a cue when setting?

- A) get in forward stride position
B) form a window with hands above the face
C) contact the ball with the forearms
D) follow through in the direction of the intended flight

3. Which is not a cue for the bump pass?

- A) get in forward stride position
B) interlock hands
C) contact the ball with the finger pads
D) follow through in the direction of the intended flight

4. Which is not a cue for the underhand serve?

- A) stand straight up with feet together to start the serve
B) hold the ball in the non dominant hand
C) swing arm like a pendulum
D) transfer weight from rear foot to front foot

5. What is the best hit to use when the ball approaches you waist height or below?

- A) bump B) set C) spike D) underhand serve

Physical Education Learning Packets Volleyball Answer

L Towne



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Journal of Health, Physical Education, Recreation ,1955 A Managerial Perspective on Physical Education and Sports
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American Association for Health, Physical Education, and Recreation,1968 **Journal of Health, Physical Education, Recreation** ,1959 *The Advocate* ,2001-08-14 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States State Educational Records and Report Series ,1970 *The Journal of Health and Physical Education* American Association for Health and Physical Education,1954 *Research Quarterly* American Association for Health, Physical Education, and Recreation,1968
 Boys' Life ,1985-06 Boys Life is the official youth magazine for the Boy Scouts of America Published since 1911 it contains a proven mix of news nature sports history fiction science comics and Scouting **OE [publication]** United States. Office of Education,1970 **The Michigan Journal** ,1995 *Grade Teacher* ,1960 **Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1986** ,1997 *The College Handbook*
College Entrance Examination Board,1998 Presents information on 4 year colleges and universities and 2 year community colleges and technical schools Resources in Education ,1979 **Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1954** United States. Internal Revenue Service,1997 **The college handbook** College Board,1994-08 Now in its 32nd popular year this invaluable guide provides complete detailed information on all two and four year colleges in America This edition features expanded information on the new SAT and other topics of vital interest to families and students selecting a college Still the best resource of its kind Randax Education Guide **The College Board College Handbook** College Entrance Examination Board,2007-06 Presents information on enrollment fields of study admission requirements expenses and student activities at two and four year colleges

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