

SOAP Note

Occupational Therapy

S

Subjective: Information provided by the client or caregiver.



Example: The client's mother reported that he is using his right hand about 70% of the time and then switches to his left hand.

O

Objective: Factual information, e.g., status of therapy goals; accuracy level; cueing level provided, etc.



Example: The client demonstrated a digital pronate grasp in 80% of opportunities.

A

Assessment: Clinical impressions and interpretation of the subjective and objective information.



Example: Hand dominance is still emerging.

P

Plan: What are recommended next steps for the treatment and plan for next session?



Example: Continue with OT 1 x per week to address midline crossing with fading physical and verbal cues.

Occupational Therapy Soap Notes Guide

S Ben Porath



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