

Obesity and Health:

Abstract

This essay asks the question, is the illness of obesity a socially constructed health concept within a western, liberalistic paradigm and context and is it possible, obesity can be envisioned as a symptom of a modern lifestyle process? This essay discusses how obesity has become a chronic health problem within a modern western society and endeavours to explain, why a modern, western liberalistic society, finds it hard to diagnose, what can cause the health condition- obesity.

Done by: Peter Evans (Date: 21/06/2011)

Obesity and Health:

Why is it, that health is such a major concern for humans? Is it because health for humans, and all other living things for that matter, is such an essential primordial process in staying alive? The answer of course is yes. The next question of sociological importance is to what extent, is any illness, socially constructed? Hence this is the question I am to endeavour to answer in this essay. Infact I will argue that from a social constructivist philosophical perspective, that the illness of obesity is a socially constructed health concept and that within a western, liberalistic paradigm and context, obesity tends to be envisioned as a symptom of a modern lifestyle process. I will endeavour to elaborate as to how obesity has become a chronic health problem within a modern western society and endeavour to explain, as why a modern, western liberalistic society, finds it hard to diagnose what causes the health condition- obesity. First, what in general terms, is obesity? According to the early 17th century Doctor, Tobias Venner and his enlightened, liberalistic philosophical paradigm; obesity is: "An individual disease process, of a fat an gross habit of body, which is far worse than a lean individual body, as it is more prone to become sick." pp.19-20. (Gilman, 1998, pp.19-20) (Blackburn, 2005, pp. 209-210). However from a social constructivist, philosophical paradigm perspective, obesity is seen as a socially constructed illness, which is something quite different entirely (Blackburn, 2005, pp.158, 342). Indeed according to the Political Scientist Oliver, a social constructivist, philosophical paradigm, tends to envisage health concerns, such as obesity within a social context, so as to fully understand and identify the health issue concerned (Oliver, 2006, pp. 611-626) (Haralamobos, Holborn, 1991, pp. 2-5, 19, 758-761, 768, 799-804). Infact within the context of this essay, according to the Professors

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Table of Contents Sample Definition Essay On Obesity

1. Understanding the eBook **Sample Definition Essay On Obesity**
 - The Rise of Digital Reading **Sample Definition Essay On Obesity**
 - Advantages of eBooks Over Traditional Books
2. Identifying **Sample Definition Essay On Obesity**
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an **Sample Definition Essay On Obesity**
 - User-Friendly Interface
4. Exploring eBook Recommendations from **Sample Definition Essay On Obesity**
 - Personalized Recommendations
 - **Sample Definition Essay On Obesity** User Reviews and Ratings
 - **Sample Definition Essay On Obesity** and Bestseller Lists
5. Accessing **Sample Definition Essay On Obesity** Free and Paid eBooks

- Sample Definition Essay On Obesity Public Domain eBooks
 - Sample Definition Essay On Obesity eBook Subscription Services
 - Sample Definition Essay On Obesity Budget-Friendly Options
6. Navigating Sample Definition Essay On Obesity eBook Formats
 - ePub, PDF, MOBI, and More
 - Sample Definition Essay On Obesity Compatibility with Devices
 - Sample Definition Essay On Obesity Enhanced eBook Features
 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Sample Definition Essay On Obesity
 - Highlighting and Note-Taking Sample Definition Essay On Obesity
 - Interactive Elements Sample Definition Essay On Obesity
 8. Staying Engaged with Sample Definition Essay On Obesity
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Sample Definition Essay On Obesity
 9. Balancing eBooks and Physical Books Sample Definition Essay On Obesity
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Sample Definition Essay On Obesity
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Sample Definition Essay On Obesity
 - Setting Reading Goals Sample Definition Essay On Obesity
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Sample Definition Essay On Obesity
 - Fact-Checking eBook Content of Sample Definition Essay On Obesity
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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