

# Sample DAP note 1

**Data:** Met with MO in 2 hour group session. Used the large conference room in 1A side of building to provide a controlled environment. Reviewed social behavior goals and MO was easily distracted having extreme difficulty completing task of stating current goals and self evaluation on achieving goals.

MO left room and I shadowed her into the hallway. MO engaged in 1:1 conversation with me about an art project. I was able to redirect MO back to room using art as an incentive. Once we returned to the room MO was able to draw on the craft paper and participate in the goal sharing portion of group. Frequent redirection was required using verbal cues to bring about proper participation in Group topic discussion.

**Assessment:** MO had extreme difficulty initially adjusting and settling into the daily routine. Using the arts focus was brought about to a participation level for a consistent 10 minute time frame. When MO showed signs of another big distraction redirection to writing topics on the white board helped to keep her focused and participating for an additional 15 minutes. This was consistent with the ADHD (moderate) and Bi-polar diagnosis.

**Plan:** Continue to work on focus and attention. Continue to use art while seated to have an outlet for her energy. Continue to use verbal prompts to redirect as well as use drawing materials while seated as an outlet for her energy. Work to achieve 10 to 15 minute time frames of consistent focus and participation of task at hand 3 times per group session 5 times per week.

# Sample Psychotherapy Case Notes In Dap Format

**Leonard Blank**



## **Sample Psychotherapy Case Notes In Dap Format:**

The book delves into Sample Psychotherapy Case Notes In Dap Format. Sample Psychotherapy Case Notes In Dap Format is a crucial topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Sample Psychotherapy Case Notes In Dap Format, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
    - Chapter 1: Introduction to Sample Psychotherapy Case Notes In Dap Format
    - Chapter 2: Essential Elements of Sample Psychotherapy Case Notes In Dap Format
    - Chapter 3: Sample Psychotherapy Case Notes In Dap Format in Everyday Life
    - Chapter 4: Sample Psychotherapy Case Notes In Dap Format in Specific Contexts
    - Chapter 5: Conclusion
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  4. In chapter 3, the author will examine the practical applications of Sample Psychotherapy Case Notes In Dap Format in daily life. This chapter will showcase real-world examples of how Sample Psychotherapy Case Notes In Dap Format can be effectively utilized in everyday scenarios.
  5. In chapter 4, the author will scrutinize the relevance of Sample Psychotherapy Case Notes In Dap Format in specific contexts. The fourth chapter will explore how Sample Psychotherapy Case Notes In Dap Format is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, the author will draw a conclusion about Sample Psychotherapy Case Notes In Dap Format. The final chapter will summarize the key points that have been discussed throughout the book.
- This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Sample Psychotherapy Case Notes In Dap Format.

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