



Pepe Guardiola Soccer Coaching Manual

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Pepe Guardiola Soccer Coaching Manual:

Play Like Pep Guardiola's Barcelona Agustín Peraita, 2016-09-22 Written by Agustin Peraita FCB Escola Project Director at Sao Paulo FC Barcelona this book is for soccer coaches looking to understand and implement Pep Guardiola's tactical approach and coaching methodology for his 2009 2010 Barca side Contains over 50 illustrations detailing on field drills tactical diagrams and weekly planning schedules

Coaching Soccer Like Guardiola and Mourinho Timo Jankowski, 2016-08-29 A soccer player is more than the sum of his parts endurance speed shooting technique passing technique and many more All of these factors need to be turned into one system to create good players Traditional training theory doesn't achieve that because each skill is trained individually This is why the concept of Tactical Periodization has become the preferred training theory for many of the current most successful soccer coaches Pep Guardiola Jos Mourinho Diego Simeone Andr Villas Boas and many others train according to these principles By creating match like situations in practice players learn to link their technical tactical and athletic abilities to match intelligence They will learn to transfer their skills to soccer matches and they can improve endurance technique and tactics all at the same time while enjoying the practice sessions more For this book the author has evaluated and analyzed hundreds of training sessions and has tailored exercises to specific demands All exercises are performed with a ball so that players learn to apply each skill to the game Every coach will find numerous exercises in this book to help them create better and more efficient practice sessions so they can improve their players and the team's performance With Tactical Periodization your team will become better and be successful on the next match day

Street Soccer: The Coaches' Guide Darren Laver, 2016-09-26 Street soccer is exciting creative and fun But even the most creative players need a good coach to realize their potential This guide to street soccer coaching written by the founder of the International Street Soccer Association ISSA is an informative practical and easy to use handbook for coaches of all levels The best way to nurture creativity is to have an optimal learning environment The ISSA has spent decades developing the best and most efficient coaching methods to create such an environment and shape better players and teams In the book these methods and strategies are detailed for every street soccer coach whether they're coaching a grassroots team or a professional club Street Soccer The Coaches Guide contains 50 games small sided and 1 v 1 that coaches can try out with their players in order to become more successful and still have fun This book is informative easy to use and enjoyable It will help everyone become a great street soccer coach and learn a creative efficient and dynamic way to coach the beautiful game

Pep Guardiola - 88 Attacking Combinations and Positional Patterns of Play Direct from Pep's Training Sessions Soccertutor Com, 2019-07-11 This book gives you a rare opportunity to use Pep Guardiola's Practices and learn from one of the best coaches in the history of football The 88 Attacking Combinations and Attacking Positional Patterns of Play included are taken direct from Pep Guardiola's training sessions at Manchester City Bayern Munich and FC Barcelona

The Big Book of Soccer by Mundial Mundial, 2020-05-05 Dive into the world of soccer

with this mega book of everything to do with the beautiful game Learn all the lingo from the essential phrases to the bizarre jargon Meet the greatest players managers and teams of all time from both the men s and women s games There are masterclasses from the pros learn to take a slide tackle like Nesta bicycle kick like Zlatan and shoot like Ji So Yun Wander through the haircut hall of fame and learn the most iconic goal celebrations This is an essential guide to the wonderful world of soccer The Basics and the Lingo History of Soccer The Game Through Time The Greatest Teams of All Time Soccer Boots past to Present The Evolution of the Ball The GREAT Players Legendary Coaches and How They Did It The Key Positions Managers and Formations The Big Cups Amazing Stadiums Coolest Jerseys How to Take the Perfect Shot Like Ji So yun Make the Perfect Slide Tackle Like Alessandro Nesta Take the Perfect Set Piece Like David Beckham Play the Perfect Long Ball Like Xabi Alonso Take Penalties Like Matt Le Tissier Do Nutmegs Like Luis Suarez Have the Perfect First Touch Like Dennis Bergkamp Play the Perfect Through Ball Like Xavi Beat the Offside Trap Like Fernando Torres Do the Perfect Attacking Header Like Didier Drogba Do the Perfect Defensive Header Like Kalidou Koulibaly Weird and Wonderful Haircuts Celebrations The Big and the Small Soccer Lingo from Around the World A Stir Fried Aeroplane More than the Game Respect the Referee Who s Who The Match Day Crowds and Chants **An Illustrated Guide to Soccer and Spanish** Elliott Turner,2011-06-27 A humorous introduction and useful dictionary for individuals seeking to learn soccer terms in Spanish

The Coach's Guide to Teaching Doug Lemov,2020-12-07 The mark of a great coach is a constant desire to learn and grow A hunger to use whatever can make them better The best selling author of Teach Like a Champion and Reading Reconsidered brings his considerable knowledge about the science of classroom teaching to the sports coaching world to create championship caliber coaches on the court and field What great classroom teachers do is relevant to coaches in profound ways After all coaches are at their core teachers Lemov knows that coaches face many of the same challenges found in the classroom so the science of learning applies equally to them Unfortunately coaches and organizations have a mixed level of understanding of the research and study of the science of learning Sometimes coaches and organizations build their teaching on myths and platitudes more than science Sometimes there isn t any science applied at all While there are thousands of books and websites a coach can consult to better understand technical and tactical aspects of the game there is nothing for a coach to consult that explicitly examines the teaching problems on the field the court the rink and the diamond Until now Intended to offer lessons and guidance that are applicable to coaches of any sporting endeavor including everyone from parent volunteers to professional coaches and private trainers Lemov brings the powerful science of learning to the arena of sports coaching to create the next generation of championship caliber coaches *The Real Giants of Soccer Coaching* Josh Faga,2018-03-22 The Real Giants of Soccer Coaching is a collection of the curated thoughts of nearly 30 top soccer coaches from around the globe In this book you will gain access to the depth and breadth of experience from some of the best coaches across all areas of the beautiful game from grassroots to premier leagues and everything in between You

will learn theoretical details about tactical periodization positional play and the science of motor learning You will also learn from Youth National Team coaches NCAA National Championship winning coaches and First Division coaches from top European clubs This book is a resource that can direct your coaching education over and around the perilous pitfalls that often consume most coaches After reading this book you will have gained the experience knowledge and wisdom of some of the best coaches across all areas of the game You don t have to go your coaching path alone Take this book and bring the wisdom of these top coaches with you to help navigate every corner turn and hazard along your way to becoming a great coach

The Soccer Book DK,2023-07-18 Whether you want to bend it like Beckham or dribble like Ronaldinho The Soccer Book is the ultimate visual guide to soccer skills rules tactics and coaching illustrating every aspect of every variant of the sport more clearly and in more detail than any other book has done before

The Everything Kids' Soccer Book, 5th Edition Carlos Folgar,Deborah W Crisfield,2021-06-22 Everything kids need to know about their favorite sport including up to date stats and information on players and teams in this revised updated edition of The Everything Kids Soccer Book Your kids can finally learn everything they could ever need or want to know about soccer in this revised and updated edition of The Everything Kids Soccer Book Young soccer fans will learn fun and exciting ways to perfect their passing shooting and dribbling skills and master the fancy footwork needed to becoming a soccer superstar This new edition features up to date information about the MLS and the World Cup teams as well as dozens of interactive games and puzzles to keep them entertained No matter what level of soccer player your child is this book makes learning about the world s favorite sport almost as fun as playing it

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