

Respiratory System

Name: _____ Date: _____

Answer the following questions

1. What are the main parts of the respiratory system?
2. How do the lungs take in oxygen and get rid of waste?
3. What is the function of the trachea in the respiratory system?
4. How does the diaphragm move air in and out?
5. What happens to oxygen particles when we breathe in?
6. What role does the bloodstream play in the respiratory system?
7. Why is it important to get rid of waste gases like carbon dioxide?
8. How do the lungs, trachea, and diaphragm work together to help us breathe properly?
9. What are some common risks to our respiratory system?
10. Why is breathing clean air important for our respiratory system?

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Respiratory System

Name: _____ Date: _____

Work on Your Notes

1. The respiratory system takes in oxygen and gets rid of waste gases.
2. The main parts of the respiratory system are the lungs, trachea, and diaphragm.
3. The trachea is a long tube that carries the air in and out of the lungs.
4. The diaphragm is a muscle that moves up and down to help us breathe.
5. When we breathe in, oxygen gets into the lungs.

Answer the questions

1. What is the main function of the respiratory system?
2. What are the main parts of the respiratory system?
3. What carries the air in and out of the lungs?
4. What muscle helps us breathe by moving up and down?
5. What gets into the lungs when we breathe in?

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Respiratory System

The respiratory system is a very important part of our bodies. It helps us breathe in fresh air and get rid of waste gases.

The respiratory system has many parts that work together to help us breathe. The main parts are the lungs, the trachea, and the diaphragm.

The lungs are like big balloons in our chest that fill up with air when we breathe in. They are very important because they help us get oxygen from the air into our bodies. Oxygen is a gas that we need to stay alive.

The trachea is a long tube that connects the lungs to the mouth and nose. It helps air travel in and out of the lungs. When we breathe in, the trachea brings air into the lungs. When we breathe out, the trachea helps get rid of waste gases.



The diaphragm is a big muscle that sits below the lungs. It helps us breathe by moving up and down. When we breathe in, the diaphragm moves down to make room for the lungs to fill up with air. When we breathe out, the diaphragm moves up to push the air out of the lungs.

When we breathe in, we also take in tiny particles called oxygen. These particles travel through the lungs and into the bloodstream. The bloodstream carries the oxygen to all parts of the body so that our cells can use it to make energy.

When we breathe out, we get rid of waste gases like carbon dioxide. Carbon dioxide is a gas that our bodies make when they use oxygen to make energy. We don't need carbon dioxide, so we breathe it out.

In conclusion, the respiratory system is very important for helping us breathe in fresh air and get rid of waste gases. The lungs, trachea, and diaphragm all work together to make sure we can breathe properly. So, it's important to take care of our respiratory system by breathing in clean air and avoiding things that can harm our lungs.

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