

Gold Magnetic Bike

Assembly & User Instruction – Please keep for future reference

901 / 7609

ROGERBLACK
FITNESS 



Important – Please read these instructions fully before assembly or using

These Instructions contain important information which will help you get best from your equipment and ensure safe and correct assembly, use and maintenance.

If you need help or have damaged or missing parts, call the **Customer Helpline: 0845 600 0464**

Roger Black Gold Cross Trainer Manual

Michael Seilmaier



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