

# DAYCARE BABY FEEDING CHART

| MEAL                                | PATTERN                            | AMOUNTS<br>8 MONTHS | AMOUNTS<br>9 - 12 MONTHS |
|-------------------------------------|------------------------------------|---------------------|--------------------------|
| <b>BREAKFAST</b><br>7:00 a.m.       | Formula                            | 7 - 8 oz.           | 6 - 8 oz.                |
|                                     | Baby Cereal                        | 3 - 5T              | 4 - 5T                   |
|                                     | Fruit                              | 2 - 4T              | 2 - 4T                   |
| <b>AM FEEDING</b><br>9:00 a.m.      | Vitamin C Rich<br>Fruit or Juice   | 4 oz.               | 4 oz.                    |
|                                     | Dry Cereal, Cracker, or Dry Toast  | 1 or ¼              | 2 or ½                   |
| <b>LUNCH</b><br>12:00 noon          | Formula                            | 7 - 8 oz.           | 6 - 8 oz.                |
|                                     | Meat                               | NONE                | 1 - 2T                   |
|                                     | Vegetable                          | 5 - 9T              | 2 - 9T                   |
|                                     | Potato or 2nd Vegetable (Optional) | NONE                | NONE - 6T                |
|                                     | Fruit                              | 2 - 4T              | 2 - 4T                   |
| <b>PM FEEDING</b><br>3:00 p.m.      | Formula                            | 7 - 8 oz.           | 6 - 8 oz.                |
|                                     | Dry Cereal, Cracker or Dry Toast   | 2 - ½               | 2 or ½                   |
| <b>DINNER</b><br>6:00 p.m.          | Formula                            | 7 - 8 oz.           | 6 - 8 oz.                |
|                                     | Meat                               | NONE                | 1 - 2T                   |
|                                     | Vegetable                          | 5 - 9T              | 2 - 9T                   |
|                                     | Potato or 2nd Vegetable (Optional) | NONE                | NONE - 6T                |
|                                     | Fruit                              | 2 - 4T              | 2 - 4T                   |
|                                     | Baby Cereal                        | 3 - 5T              | NONE - 4T                |
| <b>EVENING FEEDING</b><br>9:00 p.m. | Formula                            | 6 oz.               | 6 oz.                    |

# Place Mat Feeding Guide Health Service

**CL Gary**



## **Place Mat Feeding Guide Health Service:**

## **Place Mat Feeding Guide Health Service** Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the energy of words has are more evident than ever. They have the capability to inspire, provoke, and ignite change. Such could be the essence of the book **Place Mat Feeding Guide Health Service**, a literary masterpiece that delves deep in to the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

<https://crm.avenza.com/public/virtual-library/HomePages/sharon%20shapiro%20problem%20solving.pdf>

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## **Place Mat Feeding Guide Health Service Introduction**

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