

8 EASY STEPS TO AVOID PROCRASTINATION WHILE STARTING ASSIGNMENTS



- 01.** ADMIT THAT YOU ARE PROCRASTINATING
- 02.** CHOOSE THE MOST ENJOYABLE PART OF YOUR ASSIGNMENT FIRST
- 03.** AVOID DISTRACTIONS
- 04.** LEARN HOW TO MANAGE YOUR TIME
- 05.** TAKE A SHORT BREAK
- 06.** GETTING STARTED
- 07.** UNDERSTANDING YOUR ASSIGNMENT
- 08.** SET GOALS THAT YOU CAN REACH

@assignmenttask

Procrastination How To Avoid

Padhraic Smyth



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