

Free Occupational Therapy Note

Therapy Note

Session Date and Time: November 10, 2050; 9:30 AM to 10:30 AM

Client ID: KHAN350720

Activities Detail:

The therapy session had a hands-on approach, focusing on strengthening daily living skills. Aisha Khan participated in several activities such as cooking a healthy breakfast, doing laundry, and handwriting exercises. The tasks were aimed towards improving her motor skills and enhancing her cognitive functionality.

Goals of Therapy:

Clinical Therapy aimed to strengthen Aisha's independence in routine tasks and improve her cognitive abilities such as problem-solving, memory, and attention. Key goals included improving Aisha's fine motor coordination, cognitive skills, and confidence in daily living tasks.

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