

Spinal Cord Syndromes

Cervical Cord Syndromes



- Neck
- upper extremities
- lower extremities

- Most commonly caused by a **traumatic** injury
- Results in motor deficits and sensory loss in the U.S. above the L1 level of spinal cord
- Commonly associated with **head/neck trauma**

Thoracic Cord Syndromes



- Neck
- upper extremities

- Most commonly caused by a **traumatic** or **vascular** injury
- Complete loss of pain or temperature sensation in **lower extremities** below the level of injury
- Sensory proprioception is affected

Lumbar Cord Syndromes



- Neck
- upper extremities
- lower extremities

- Most commonly caused by **damage to the distal cauda equina**
- Common to loss of proprioception, discrimination, vibration, & position
- Motor function is intact

Cauda Equina Syndrome



- Neck
- upper extremities

- Caused by **damage to nerve roots of the cauda equina in spinal canal**
- Loss of function in **lower extremities**
- Can cause incontinence in the groin (saddle anesthesia)

Conus Medullaris Syndrome



- Neck
- upper extremities
- lower extremities

- Most commonly caused by **perforating lesions**
- Specifically**, loss of motor function, discrimination, vibration, & proprioception
- Commonly, loss of pain, temperature, & sensation

Conus Medullaris Syndrome



- Neck
- upper extremities

- Caused by **damage to the conus medullaris in spinal canal**
- Loss of function in **lower extremities**
- Can cause incontinence in the groin (saddle anesthesia)

Spinal Cord Injury

The American Spinal Injury Association (ASIA) Impairment Scale

The ASIA Impairment Scale is a standardized neurological examination used to assess motor & sensory impairment following a spinal cord injury.

A	COMPLETE INJURY	<ul style="list-style-type: none"> motor function below lesion sensory function below lesion
B	INCOMPLETE INJURY	<ul style="list-style-type: none"> motor function below lesion sensory function below lesion
C	INCOMPLETE INJURY	<ul style="list-style-type: none"> motor function below lesion sensory function below lesion
D	INCOMPLETE INJURY	<ul style="list-style-type: none"> motor function below lesion sensory function below lesion

muscle grade $\geq 3/5$

muscle grade $\geq 3/5$

FUNCTION REMAINS

Occupational Therapy Study Guide

Myelomeres & Functions

Level	Autonomic/Physiologic Function	Motor
C1-C2	1. Head control (cervical control, swallowing, neck motion)	1. Independent in arm, hand, wrist, independence in forearm, wrist, arm
C4	1. Shoulder, elbow, fingers	1. Self-propelled, independent, can use shoulder, arm, hand, wrist
C5	1. Biceps/triceps, deltoids, brachialis, brachioradialis, forearm flexors	1. Arm extension, flexion, rotation, can use elbow, wrist, forearm, hand, wrist
C6	1. Forearm, wrist, forearm extensors, pronators, supinators (deltoids, biceps, triceps)	1. Independent in self-care, can use wrist, forearm, hand, wrist
C7	1. Extension, flexion, pronators, supinators, forearm, wrist, forearm extensors, pronators, supinators (deltoids, biceps, triceps, forearm, wrist, forearm extensors, pronators, supinators)	1. Able to use independent, can use forearm, wrist, forearm extensors, pronators, supinators
C8	1. Forearm, wrist, forearm extensors, pronators, supinators (deltoids, biceps, triceps, forearm, wrist, forearm extensors, pronators, supinators)	1. Independent in self-care, can use forearm, wrist, forearm extensors, pronators, supinators
T1-T12	1. Control of pelvic movement, torso, hip, brachioradialis, forearm extensors, pronators, supinators	1. Independent in self-care, can use forearm, wrist, forearm extensors, pronators, supinators
L1-L5	1. Pelvis, hip, hip extensors, hip flexors, hip adductors, hip abductors	1. Independent in self-care, can use forearm, wrist, forearm extensors, pronators, supinators

Printable Pack

Spinal Cord Injury Levels

C1-C2	neck flexion & extension, no posture
C3	head control, then no arm or shoulder
C4	shoulder extension, flexion, rotation, shoulder strength
C5	shoulder able to flexion then no able to self-care, self-maintenance
C6	arm, wrist, forearm, hand, wrist
C7	elbow, wrist, forearm, hand, wrist
C8	shoulder flexion, shoulder abduction, in fingers then no
T1	fingers, shoulder
T2-T12	muscle control
L1-L2	leg, then
L3	foot, then
L4	ankle flexion, no point toes up
L5	point toes up
S1	foot, then
S2	plantar flexion, no point toes down

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Based on the ASIA Grade A (complete) injury. Specific functions will vary by ASIA score.

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Occupational Therapy Study Guide Format

SB Merriam



Occupational Therapy Study Guide Format:

Occupational Therapy Specialty Review and Study Guide John Harwood, 2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing

OT Exam Review Manual Karen Sladyk, 2005 Are you a student preparing for the NBCOT exam Looking for only one study guide to help you prepare for this important day Wondering what thousands of your peers and fellow students have relied on for their studying needs The answer is the OT Exam Review Manual now available in a completely updated and revised fourth edition This invaluable study tool is designed to guide students through the studying process from start to finish With a redesigned question format to match the NBCOT exam more questions and an on line testing component this fourth edition is a study guide that inspires critical thinking Karen Sladyk and her co authors incorporate domain task and knowledge style questions as a way to prepare students for the pace of the NBCOT exam This collection of questions enables students to think logically for the answers not just practice for the exam The OT Exam Review Manual Fourth Edition also includes an on line testing component With 350 questions 150 more than the software included with the previous edition students are able to maximize their computer testing skills and assists with integrated learning Covering topics such as study habits content outlines fieldwork and waiting for results the OT Exam Review Manual Fourth Edition is the most current and extensive review on the market for occupational therapy students Features Contains 600 questions 50 more than the previous edition Redesigned question format to match new NBCOT exam Includes a new user friendly on line testing component incorporating questions from the book Worksheets time organizers and a recommended reading list

Best Practices in Occupational Therapy Education Patricia Crist, Marjorie Scaffa, 2012-11-12 Take your OT educational skills to the next level Best Practices in Occupational Therapy Education is a must have resource that showcases successful methods and practices in occupational therapy education This unique book provides the information that can help you improve your skills to become an even more effective contemporary occupational therapy educator Edited by Patricia Crist and Marjorie E Scaffa who previously collaborated on Education for Occupational Therapy in Health Care Strategies for the New Millennium Best Practices In Occupational Therapy Education highlights OT training methods proven effective by top OT educators The book examines the effects of level II fieldwork on clinical reasoning in occupational therapy and on the professional development of fieldwork students in terms of occupational adaptation clinical reasoning and client centeredness It also shows how to promote professional reflection through problem based learning evaluations and activities how OT students personality types affect the teaching and learning strategies that work best with them and how to integrate evidence based practice into students academic and fieldwork experiences This

results oriented text examines important concepts and approaches in teaching occupational therapy such as Web based supports for occupational therapy students during level II fieldwork ways to facilitate creative thinking and memory motivate students and promote positive learning outcomes using evaluation activities in problem based learning to help students develop professional reflection skills customizing your instructional delivery methods to the specific needs of your students balancing tradition with innovation education specifically aimed at community based practice the benefits of online learning methods for developing cultural awareness cultural sensitivity and active listening skills The teaching approaches in Best Practices in Occupational Therapy Education are clear and concrete and include outcomes that support each thesis or learning objective This analysis of best practices in occupation therapy education is an essential tool for educators that you ll refer to again and again **Occupational Therapy Essentials for Clinical Competence** Karen Sladyk, Karen

Jacobs, Nancy MacRae, 2010 This text begins by linking the ACOTE Accreditation Standards with current practice in chapters for students and educators and sets the stage with two foundational concepts vital to the study of occupation flow and culture It presents a summary of interconnected constructs that define and direct occupational therapy practice Inside are included Basic tenets of occupational therapy Occupational therapy theoretical perspectives Screening evaluation and referral Formulation and implementation of an intervention plan Context of service delivery Context of delivery service Management of occupational therapy services Professional ethics values and responsibilities Culture and its role in occupational choice and performance It also includes student activities at the end of each chapter as well as on line material that consists of multiple choice questions chapter objectives teacher activities and PowerPoint slides Some additional features Include Examples as viewed and analyzed from multiple perspectives Evidence based practice reviews that provide a starting point to have each topic explored in depth Evaluation of the mastery of application and self assessment exercises Integration throughout the text of Occupational Therapy Practice Framework Domain and Process Second Edition The text overall incorporates adult learning theory as its basis to assist in establishing cognitive interest using the organization format of grouping concepts together to reinforce and facilitate learning Occupational Therapy Examination Review Guide Caryn R

Johnson, Tina DeAngelis, Mary Muhlenhaupt, 2015-05-27 Rely on the guide that has helped thousands of students pass their exams with exactly the practice they need The 4th Edition mirrors the latest NBCOT exam blueprint and the question formats multiple choice and simulation at the difficulty level and in the decision making style of the actual exam More than 1 000 questions in five practice exams help you identify your strengths and weaknesses while you improve your test taking performance **The OTA's Guide to Writing SOAP Notes** Sherry Borcharding, Marie J. Morreale, 2007 Written specifically for occupational therapy assistants The OTA s Guide to Writing SOAP Notes Second Edition is updated to include new features and information This valuable text contains the step by step instruction needed to learn the documentation required for reimbursement in occupational therapy With the current changes in healthcare proper documentation of client

care is essential to meeting legal and ethical standards for reimbursement of services Written in an easy to read format this new edition by Sherry Borcharding and Marie J Morreale will continue to aid occupational therapy assistants in learning to write SOAP notes that will be reimbursable under Medicare Part B and managed care for different areas of clinical practice New Features in the Second Edition Incorporated throughout the text is the Occupational Therapy Practice Framework along with updated AOTA documents More examples of pediatrics hand therapy and mental health Updated and additional worksheets Review of grammar documentation mistakes Worksheets for deciphering physician orders as well as expanded worksheets for medical abbreviations Updated information on billing codes HIPAA management of health information medical records and electronic documentation Expanded information on the OT process for the OTA to fully understand documentation and the OTA s role in all stages of treatment including referral evaluation intervention plan and discharge Documentation of physical agent modalities With reorganized and shorter chapters The OTA s Guide to Writing SOAP Notes Second Edition is the essential text to providing instruction in writing SOAP notes specifically aimed at the OTA practitioner and student This exceptional edition offers both the necessary instruction and multiple opportunities to practice as skills are built on each other in a logical manner Templates are provided for beginning students to use in formatting SOAP notes and the task of documentation is broken down into small units to make learning easier A detachable summary sheet is included that can be pulled out and carried to clinical sites as a reminder of the necessary contents for a SOAP note Updated information expanded discussions and reorganized learning tools make The OTA s Guide to Writing SOAP Notes Second Edition a must have for all occupational therapy assistant students This text is the essential resource needed to master professional documentation skills in today s healthcare environment The American Journal of Occupational Therapy ,1995

Official NBCOT® Study Guide for the OTR® Certification Examination NBCOT®,2013-11-01 Official NBCOT Study Guide for the OTR Certification Examination Published by NBCOT The National Board for Certification in Occupational Therapy Inc NBCOT is please to publish the Official NBCOT Study Guide The occupational therapy content of this guide is aligned to the examination test specifications of the most current OCCUPATIONAL THERAPY REGISTERED OTR Practice Analysis Study This study identifies the domains tasks and knowledge required for occupational therapy practice Key Features Aligned to the 2014 OTR Examination Blueprint 100 multiple choice questions Clinical Simulation Questions Strategies to prepare for the exam Includes overview of exam day Contains exam format specifics OTA Exam Review Manual Karen Sladyk,2005 Are you a student preparing for the NBCOT exam Looking for only one study guide to help you prepare for this important day Wondering what thousands of your peers and fellow students have relied on for their studying needs The answer is the OTA Exam Review Manual now available in a completely updated and revised second edition with over 550 questions This invaluable study tool is designed to guide students through the studying process from start to finish With a redesigned question format to match the NBCOT exam more questions and an on line testing component this second edition is a study

guide that inspires critical thinking Karen Sladyk and her co authors incorporate domain task and knowledge style questions as a way to prepare students for the pace of the NBCOT exam This collection of questions enables students to think logically for the answers not just practice for the exam The OTA Exam Review Manual Second Edition also includes an on line testing component With 250 questions 50 more than the previous edition this feature assists students with integrated learning and the ability to maximize their computer testing skills Covering topics such as study techniques content outlines fieldwork and life after the exam the OTA Exam Review Manual Second Edition is the most current and extensive review on the market for OTA students Features Contains 550 questions 50 more than the previous edition divided into 11 one hour test period simulations Redesigned question format to match new NBCOT exam Includes a new user friendly on line testing component incorporating domain style questions from the book Worksheets time organizers and appendix resources

The Successful Occupational Therapy Fieldwork Student Karen Sladyk,2024-06-01 The Successful Occupational Therapy Fieldwork Student is a stimulating new book that paves the way to the profession of occupational therapy This book fulfills the needs of all OT and OTA students throughout their entire education by fully preparing them for their fieldwork assignments This is an imperative learning tool for all students since all curricula include Level I and II fieldwork requirements ranging from the associate s level to a master s program This complete fieldwork book contains a wide array of topics that guide the reader from the initial planning steps to the completion of successful fieldwork including how to design fieldwork as a supervisor It provides students with the opportunity to not only assess various situations but also utilize their knowledge to demonstrate clinical reasoning A multitude of activities are included from the first page to the last designed to groom students for their fieldwork The Successful Occupational Therapy Fieldwork Student is the ultimate resource for OT OTA students and the clinicians who educate them providing a wealth of information while allowing for clinical reasoning to occur This one of a kind book contains unique features that will prove beneficial to students at varying degrees of education Features Each chapter includes activities and assignments for students to complete as they prepare for fieldwork The text is filled with real life fieldwork student cases The text teaches how to prevent problems that can occur as well as how to fix them when they do

Official NBCOT® Study Guide for the COTA® Certification Examination NBCOT®,2013-11-01 The National Board for Certification in Occupational Therapy Inc NBCOT is please to publish the Official NBCOT Study Guide The occupational therapy content of this guide is aligned to the examination test specifications of the most current CERTIFIED OCCUPATIONAL THERAPY ASSISTANT COTA Practice Analysis Study This study identifies the domains tasks and knowledge required for occupational therapy practice Key Features Aligned to the 2014 COTA Examination Blueprint 100 multiple choice questions Strategies to prepare for the exam Includes overview of exam day Contains exam format specifics

Preparing for the Occupational Therapy National Board Exam Joseph Michael Pellerito,2010-10-22 A comprehensive overview for occupational therapy students preparing to take the National Board for Certification in

Occupational Therapy NBCOT exam Containing more than just study questions this comprehensive review guide is organized by domain areas and each subject is addressed according to the degree it is covered on the NBCOT examination Corresponding workbook pages include specific references to occupational therapy curricula enabling additional exploration of content that is challenging or unfamiliar The companion CD ROM simulates online testing with multiple choice practice questions each providing evidence based rationale for why a particular answer is correct or incorrect The CD ROM includes over 100 test questions case studies and work sheets

The OTA's Guide to Documentation Marie Morreale, 2024-06-01

The bestselling newly updated occupational therapy assistant OTA textbook *The OTA's Guide to Documentation Writing SOAP Notes Fifth Edition* explains the critical skill of documentation while offering multiple opportunities for OTA students to practice documentation through learning activities worksheets and bonus videos The Fifth Edition contains step by step instruction on occupational therapy documentation and the legal ethical and professional documentation standards required for clinical practice and reimbursement of services Students and professors alike can expect the same easy to read format from previous editions to aid OTAs in learning the purpose and standards of documentation throughout all stages of the occupational therapy process and different areas of clinical practice Essentials of documentation reimbursement and best practice are reflected in the many examples presented throughout the text Worksheets and learning activities provide the reader with multiple opportunities to practice observation skills and clinical reasoning learn documentation methods create occupation based goals and develop a repertoire of professional language Templates are provided to assist beginning OTA students in formatting occupation based SOAP notes and the task of documentation is broken down into smaller units to make learning easier Other formats and methods of recording client care are also explained such as the use of electronic health records and narrative notes This text also presents an overview of the initial evaluation process delineating the roles of the OT and OTA and guidelines for implementing appropriate interventions New in the Fifth Edition Incorporation of the Occupational Therapy Practice Framework Domain and Process Fourth Edition and other updated American Occupational Therapy Association documents Updated information to meet Medicare Part B and other third party payer requirements Revised clinical terminology on par with current trends Added examples from emerging practice areas Expanded tables along with new worksheets and learning activities Included with the text are online supplemental materials for faculty use in the classroom this includes access to supplemental website worksheets learning activities and scenario based videos to practice the documentation process

Quick Reference Neuroscience for Rehabilitation Professionals Sharon A. Gutman, 2008

Addresses the information needed to understand the neuroscience of clinical rehabilitation This book describes basic neuroanatomical structures and functions neuropathology underlying specific clinical conditions and theories supporting clinical treatment

Technical Manual United States Department of the Army, 1971

Preparing for the Occupational Therapy National Board Exam: 45 Days and Counting Rosanne DiZazzo-Miller, Joseph Pellerito Jr., 2009-12-23

Preparing for

the Occupational Therapy National Board Exam 45 Days and Counting is a comprehensive overview for occupational therapy students preparing to take the National Board for Certification in Occupational Therapy NBCOT exam. Containing more than just study questions, this comprehensive review guide is organized by domain areas and each subject is addressed according to the degree it is covered on the NBCOT examination. Corresponding workbook pages include specific references to occupational therapy curricula enabling additional exploration of content that is challenging or unfamiliar. Also included with each new print copy of the review guide is the companion CD ROM, which simulates online testing with multiple choice practice questions, each providing evidence-based rationale for why a particular answer is correct or incorrect. Health and wellness is also addressed throughout the book with test-taking strategies, study plans, goal sheets, and other stress-reducing tips. A well-rounded informational and helpful guide, *Preparing for the Occupational Therapy National Board Exam 45 Days and Counting* is a valuable resource to help students prepare for the NBCOT exam. Features include a detailed schedule for 45 days of study, in-depth content outlines for each chapter, references for each question with evidenced-based rationale, over 100 figures and tables to illustrate key points, wellness tips, and self-assessment forms to develop healthy study habits. Study plans and goal sheets to keep focused and on track, an example of a completed study guide with resources, a CD ROM with over 100 test questions, case studies, and worksheets. Please note: Electronic formats of this review guide do not include the CD ROM. *Craft Techniques in Occupational Therapy* United States. Department of the Army, 1971

Preparing for the Occupational Therapy

National Board Exam: 45 Days and Counting Rosanne DiZazzo-Miller, Fredrick D. Pociask, Tia Hughes, 2016-10-14

Preparing for the Occupational Therapy National Board Exam 45 Days and Counting Second Edition is a comprehensive overview for occupational therapist students preparing to take the National Board for Certification in Occupational Therapy NBCOT OTR exam. It utilizes a well-received health and wellness focus and includes tips and self-assessment forms to develop effective study habits. Unlike other OTR examination review guides, this text chooses to provide a more structured and holistic approach, including a detailed calendar and plan of study for the 45 days leading up to the exam.

Occupational Therapy with Aging Adults - E-Book Karen Frank Barney, Margaret Perkinson, 2024-06-21

Get all the information you need to work holistically, creatively, and collaboratively when providing services for older adults with Karen Frank Barney, Margaret A. Perkinson, and Debbie Laliberte Rudman's *Occupational Therapy with Aging Adults* 2nd Edition. Emphasizing evidence-based, occupation-based practice and a collaborative interdisciplinary approach, this text walks students and practitioners through the full range of gerontological occupational therapy practice, inclusive of working with individual clients to working at systems and societal levels. Over 80 leaders in their respective topical areas contributed to the book's 33 chapters, including the conceptual foundations and principles of gerontological occupational therapy, bio-psycho-social age-related changes, environmental forces shaping occupational participation for older adults, the continuum of health care, as well as implications for communities and the attributes, ethical responsibilities, and roles involved in gerontological occupational therapy. This

edition also covers topical OT issues that are crucially important to an aging population such as diversity and inclusion disability and aging sexuality technology telehealth and virtual environments intergenerational connections updates on dementia research and caring for someone with dementia occupational justice and aging age inclusive communities and an expanded section on hearing to ensure your students are well versed in every aspect of this key practice area UNIQUE Intraprofessional and interprofessional approach to intervention emphasizes working holistically and collaboratively in serving older adults UNIQUE Chapter on the wide range of physiological musculoskeletal and neurological changes among the aging patient population highlights related occupational performance issues Case examples help you learn to apply new information to actual client and community situations Chapter on evidence based practice discusses how to incorporate evidence into clinical or community settings Questions at the end of each chapter can be used for discussion or other learning applications UNIQUE Chapters on nutrition food insecurity and oral health explore related challenges faced by older adults Chapter on ethics provides a deeper understanding of how to address challenging ethical dilemmas

Kielhofner's Research in Occupational Therapy Renee R Taylor, 2017-01-05 With an international team of expert contributors Renee Taylor carries on Gary Kielhofner's innovative work in the 2nd Edition of his comprehensive research methodologies text This guide bridges the gap between theorists and practitioners It focuses on the relevance and logic of research to provide a practical demystified approach to conducting applied research in the field for graduate students and clinicians You'll begin with an introduction to the nature and scope of research and its place in OT and then explore research designs measurements and statistical analysis for qualitative quantitative and mixed studies You'll examine the steps and procedures required to conduct research and how research can be used to shape professional practice and improve patient care

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